DOCUMENT RESUME

ED 398 021 RC 020 677

AUTHOR	Gerstein, Jackie, Ed.
TITLE	Directory of Experiential Therapy and Adventure-Based Counseling Programs.
INSTITUTION	Association for Experiential Education, Boulder, CO.
PUB DATE	92
NOTE	105p.
AVAILABLE FROM	Association for Experiential Education, 2885 Aurora Ave., #28, Boulder, CO 80303-2252 (member: $12.50 plus shipping; nonmember: $15 plus shipping).
PUB TYPE	Reference Materials - Directories/Catalogs (132) -- Reports - Descriptive (141)
EDRS PRICE	MF01/PC05 Plus Postage.
DESCRIPTORS	*Adventure Education; *At Risk Persons; Camping; Counseling; Counselor Training; *Experiential Learning; Higher Education; Intervention; Organizational Objectives; *Organizations (Groups); Outdoor Education; Program Descriptions; *Rehabilitation; Resident Camp Programs; Surveys; Therapy; Youth Programs
IDENTIFIERS	*Adventure Therapy; Association for Experiential Education

ABSTRACT

This directory lists 257 organizations with therapeutic adventure and experiential programs for special needs populations. The information was generated from a survey of members of the Association for Experiential Education. Special needs populations include youth-at-risk, persons with addictions, juvenile and adult offenders, inpatient and outpatient psychiatric patients, sexual victims and perpetrators, developmentally disabled persons, physically handicapped persons, and minority groups. The range of adventure and experiential activities include wilderness-based activities such as camping, backpacking, rock climbing, canoeing, rappelling, and rafting; residential camps; urban adventure programs; indoor and outdoor group initiatives and ropes courses; expressive arts; Native American ceremonies; farming and gardening; and environmental education. The directory lists organizations in alphabetical order and includes organization address and phone number; name of program director; number of staff members; populations served; average length of program; number of clients per year; types of experiential and adventure activities; program profiles; therapeutic goals of the program; counseling orientation and philosophy; and counseling education and training of the staff. An index lists programs by state. (LP)

****
* Reproductions supplied by EDRS are the best that can be made *
* from the original document. *
****

ED 398 021

Directory of Experiential Therapy and Adventure-Based Counseling Programs

U.S. DEPARTMENT OF EDUCATION
Office of Educational Research and Improvement
EDUCATIONAL RESOURCES INFORMATION CENTER (ERIC)
☑ This document has been reproduced as received from the person or organization originating it.
☐ Minor changes have been made to improve reproduction quality.
• Points of view or opinions stated in this document do not necessarily represent official OERI position or policy.

PERMISSION TO REPRODUCE AND DISSEMINATE THIS MATERIAL HAS BEEN GRANTED BY
B. Baker
TO THE EDUCATIONAL RESOURCES INFORMATION CENTER (ERIC)

Edited and Desktop Published by
Jackie Gerstein, Ed.D.

The Association for Experiential Education
2885 Aurora Avenue, #28
Boulder, CO
80303-2252 USA
(303) 440-8844
(303) 440-9581 (fax)

RC 020 677

BEST COPY AVAILABLE

Directory of Experiential Therapy and Adventure-Based Counseling Programs

Edited and Desktop Published by

Jackie Gerstein, Ed.D.

The Association for Experiential Education
2885 Aurora Avenue, #28
Boulder, CO
80303-2252 USA
(303) 440-8844
(303) 440-9581 (fax)

Introduction

The *Directory of Experiential Therapy and Adventure-Based Counseling Programs* identifies those programs which use adventure and experiential activities with special needs populations for therapeutic purposes. The Directory lists 257 organizations that have missions of utilizing experiential/adventure exercises as therapeutic and educational tools.

The Purpose

The *Directory of Experiential Therapy and Adventure-Based Counseling Programs* was designed for two populations and with several purposes in mind. First, the Directory can be used by adventure-based counseling and experiential therapy professionals as a source of networking and as a means of exploring what other professionals and programs are doing.

Second, the Directory can assist mental health professionals, unfamiliar with Experiential Therapy and Adventure-Based Counseling, in learning more about the make-up of the programs in this field. The therapeutic goals, counseling orientation, and counseling background and education of the staff sections of the Directory were established to assist this population in gaining a greater understanding of the therapeutic nature of these programs.

The Surveys

In May, 1992, an initial survey (see page 3) was distributed by the Association for Experiential Education to its full membership. During June and July, 1992, a second survey was mailed to those who had responded to the first survey. The second survey (see page 4) was designed to further identify and examine the therapeutic background of the responding programs.

Criteria for Inclusion

For inclusion in the Directory, an organization needed to have two general characteristics: 1) they use experiential and adventure activities, 2) with special needs populations. The special needs populations that were identified for inclusion were: youth-at-risk, addictions, juvenile corrections, adult corrections, inpatient and outpatient psychiatric care, sexual victims and perpetrators, developmentally disabled, physically handicapped, "minority" groups (women, ESL, Native American, Gays and Lesbians, etc.). Excluded from the Directory were: a) corporate and business training programs, b) programs whose primary mission is to teach outdoor skills, and c) programs, based in schools and colleges, designed for "normal" populations. Many of the organizations listed in the Directory work with "normal" and business populations. References to these populations were also excluded.

The range of adventure and experiential activities was fairly broad as can be seen by the following list: wilderness-based activities (i.e., camping skills, backpacking, rock climbing, rappelling, caving, skiing, canoeing, rafting, kayaking), residential camps, urban adventures, indoor and outdoor group initiatives and rope courses, expressive arts (art, music, drama), Native American Ceremonies, farming and gardening, and environmental education.

Format

Organizations are listed in alphabetical order. There is also an idex by location beginning on page 96. Each listing contains the following information (if both surveys were fully completed).

From the First Survey:

- Name of Organization
- Address and Phone Number
- Name of Program Director
- Number of Staff Members
- Populations Served
- Average Length of Program
- Number of Clients Per Year
- Types of Experiential/Adventure Activities
- Program Profile

From the Second Survey:

- Therapeutic Goals of the Program
- Counselling Orientation/Philosophy
- Counseling Education and Training of the Staff

Special thanks goes to the Association for Experiential Education (AEE) for supporting this project, to the AEE's Experiential Practitioners in Therapeutic Settings Professional Group, and to those individuals who took the time and energy to make a submission.

Jackie Gerstein, Ed.D.

Survey of Adventure-Based Counseling and Experiential Therapy Programs

We are requesting your assistance in developing a directory of programs which use adventure and experiential activities for therapeutic purposes (i.e., juvenile and adult corrections, social service, mental health, and psychiatric care). This directory will be disseminated by the *Association for Experiential Education.* Please complete all the items listed in the Background Data section and return by June 30, 1992, if you would like your organization to be included in this Directory.

Background Data

Name of Organization: ____________________

Address of Organization: ____________________

Phone Number of Organization: ____________________

Name of Program Director: ____________________

Number of Staff Members: ____________________

Populations Served By Your Organization (check all those that apply):

___Youth-At-Risk	___Psychiatric Inpatient	___Juvenile Corrections
___Adult Corrections	___Addictions	___Sexual Victims and Perpetrators
___Families	___Terminally Ill Patients	___Developmentally Disabled

___Others: ____________________

Average Length of Program:

___1 Day ___2-6 days ___1-2 weeks ___2-4 weeks ___Over a Month

Average Number of Clients Served Per Year: ____________________

Types of Adventure/Experiential Activities Offered by Your Organization (check all those that apply):

___Group Initiatives	___Ropes Courses	___Wilderness Trips
___Residential Camp	___Backpacking	___Rock Climbing
___Rappelling	___Biking	___Service Projects
___Canoeing/Rafting	___Others: ____________________	

Please provide a *Program Profile* of 50 words or less on the back of this sheet.

Please return your completed survey by June 30 to:

Jackie Gerstein
415 May Street
Rockford, IL 61104

Thank you for your assistance in completing this survey!

Survey of Adventure Based Counseling and Experiential Therapy Programs

Thanks for completing the ***Survey of Adventure Based Counseling and Experiential Therapy Programs.*** The response to the *Survey* has been favorable. The results of the *Survey* will be used to compile the A.E.E. Directory of Adventure-Based Counseling and Experiential Therapy Programs. The Directory will identify those programs that use experiential programming as part of a therapeutic treatment program. To further differentiate those programs which primarily use adventure and experiential activities as a treatment modality from those which occasionally offer adventure activities to special needs populations, further information is being requested. Please answer the following questions.

Name of Your Organization/Program: ______________________________

What are the ***therapeutic*** *goals and objectives of your program?*

What counseling orientation/philosophy is practiced by the majority of your staff?

What is the counseling training and education of your staff?

If you have not done so, please provide a Program Profile of 50 words or less on the back of this sheet.

Thank you for your time and effort! Please return the completed survey by **July 30** to:

Jackie Gerstein, Ed.D.
415 May Street
Rockford, IL 61104

Organization:
ABLE Program-Corvallis School District

Address and Phone Number:
Franklin Resource Center
750 NW 18th Street
Corvalis, OR 97330
(503) 757-5748

Program Director: Mark Wolfe

Number of Staff Members: 1

Populations Served:
- Youth-At-Risk
- Middle/High School Students

Average Length of Program: Over a Month

Number of Clients Per Year: 100 - 150

Types of Adventure/Experiential Activities:
- Group Initiatives
- Rock Climbing
- Climbing Walls
- Ropes Courses
- Rappelling

Program Profile:
The Adventure Based Learning Experience (ABLE Program) serves middle and high school students in the Corvalis School District. Students meet in groups throughout the school year. The ABLE Program primarily serves at-risk youth, but is available to all students.

Therapeutic Goals of the Program:
- To increase student responsibility.
- To increase the likelihood of finishing high school or getting a G.E.D.
- To increase student understanding and acceptance of human diversity.
- To improve communication skills.

Counseling Orientation/Philosophy:
- Adventure-Based Counseling./Experiential Education
- Emphasis on teaching personal responsibility and decision-making skills.

Counseling Training and Education:
- Assistance of Master's Level School Counselors
- Master's Degrees

Organization:
Acadia University

Address and Phone Number:
Wolfville, Nova Scotia
Canada B0P 1X0
(902) 542-2201

Program Director: Dr. Jude Hirsch

Populations Served:
- Youth-At-Risk
- Adult Corrections
- Sexual Victims
- Juvenile Corrections
- Addictions
- Instructor Trainees

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 400+

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Backpacking
- Rappelling
- Service Projects
- Classroom Activities
- Ropes Courses
- Residential Camp
- Rock Climbing
- Biking
- Canoeing/Rafting

Program Profile:
Acadia University offers a variety of opportunities for students studying in the human service profession to explore the use of adventure education to achieve the goals of outside organizations.

Therapeutic Goals of the Program:
To develop adventure-based counseling skills, understandings, and appreciation.

Counseling Orientation/Philosophy:
- Adventure-Based Counseling
- Recreation Therapy

Counseling Training and Education of Staff:
- School of Education Counseling Course
- Project Adventure's Adventure-Based Counseling" and "Advanced Adventure-Based Counseling" Courses

---

Organization:
The Aclcers

Address and Phone Number:
Golden Hillock Road
Small Heath, Birmingham, England B11 2P4
(021) 772-3739

Program Director: Barbara Deary

Number of Staff Members: 20

Populations Served:
- Youth-At-Risk
- Adult Corrections
- Terminally Ill Patients
- School Groups
- Juvenile Corrections
- Families
- Developmentally Disabled

BEST COPY AVAILABLE

Average Length of Program: 1 - 6 Days

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Rappelling
- Canoeing/Rafting
- Skiing
- Ropes Courses
- Rock Climbing
- Biking
- Orienteering

Organization:
Adventure Associates

Address and Phone Number:
P.O Box 16304
Seattle, WA 98116
(206) 982-8352

Program Director: Sandy Braun
Cris Miller

Number of Staff Members: 3

Populations Served:
- Youth-At-Risk
- Women in Recovery
- Women

Average Length of Program: 1-2 Weeks

Number of Clients Per Year: 100

Types of Adventure/Experiential Activities:
- Group Initiatives
- Backpacking
- Ropes Courses
- Wilderness Trips

Program Profile:
The mission of Adventure Associates is to promote an ethic of care with respect to the natural world, each, other, and ourselves through adventure-based experiences. Adventure Associates seeks to build quality relationships that foster a sense of personal discovery.

Therapeutic Goals of the Program:
- To build relationships with each other.
- To build a relationship with oneself.

Organization:
The Adventure Centre at Pretty Lake

Address and Phone Number:
9310 West 'R' Avenue
Kalamazoo, MI 49009
(616) 375-1664

Program Directors:
Paul Eckland, Adult Programs
Jim Jenson, Juvenile Programs

Number of Staff Members: 7

Populations Served:
- Youth-At-Risk
- Addictions
- Sexual Victims
- Developmentally Disabled
- Families
- Juvenile Corrections
- Sexual Perpetrators
- Outpatients

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 3500-4500

Types of Adventure/Experiential Activities:
- Group Initiatives
- Rock Climbing
- Backpacking
- Ropes Courses
- Climbing Tower

Program Profile:
The Adventure Centre is an independent, non-profit corporation that specializes in innovative educational programs for youth and adults. The Adventure Centre programs involve each person emotionally, physically, and spiritually. Topics may include: Enhancing Relationships, Developing Personal and Shared Vision, Improving Communication, and Appreciating Diversity.

Organization:
Adventure Challenge by Magik Treks

Address and Phone Number:
P.O. Box 6876
Columbia, SC 29260
(803) 771-663

Program Director: Sarah Meadows, M.S.W.

Number of Staff Members: 6 Part Time

Populations Served:
- Sexual Victims
- Abused/Neglect Victims
- Families
- Learning Disabled
- Nursing Home Residents
- Terminally Ill Patients

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 130

Types of Adventure/Experiential Activities:
- Group Initiatives
- Rock Climbing
- Llama Treks
- Wilderness Trips
- Rappelling
- Animal Therapy

Program Profile:

Adventure Challenge by Magik Treks uses adventure to unite the physical, emotional, intellectual, spiritual, and communal elements of therapy. The primary therapist and the client act as a team. If the team doesn't grow, the individual can't grow.

Therapeutic Goals of the Program:

- To educate and train counselors and therapists in the uses of experiential programming and techniques.
- To provide technical assistance to counselors and therapists wanting to use experiential programming.
- To provide adventure-based counseling and experiential therapy to clients who can benefit from these methods through appropriate identification of clients, program design, and program delivery.

Counseling Orientation/Philosophy:

- Social Work Philosophy - change occurs within the context of the self, family, and community.
- Experiential Therapy - change occurs by making available the opportunity to examine the intellectual, emotional, social, and spiritual components of self.

Counseling Training and Education of Staff:

All staff are Master's Level Social Workers.

Organization:

Adventure/Discovery

Address and Phone Number:

403 W. Birch
Flagstaff, AZ 86001
(602) 774-1926

Program Director:

Jene Kenneth Vrederoogd

Number of Staff Members: 16

Populations Served:

- Youth-At-Risk
- Juvenile Corrections

Average Length of Program:

- 1 - 2 Weeks
- 6 Months - 3 Years for Residential Program

Types of Adventure/Experiential Activities:

- Group Initiatives
- Residential Camp
- Backpacking
- Rock Climbing
- Ropes Courses
- Canoeing/Rafting
- Wilderness Trips
- Service Projects

Program Profile:

Adventure/Discovery is a counseling, wilderness, and residential program. Adventure/Discovery has three therapeutic group homes for dependent and delinquent youth, ages 12-17. Wilderness counseling experiences are conducted for the group home residents and for juvenile court referrals. Adventure/Discovery also owns a San Juan River Company that specializes in educational and therapeutic trips.

Organization:

Adventure Out Australia

Address and Phone Number:

13 Kitchener Avenue
Victoria Park
Western Australia 6100
(097) 472-3919

Program Directors: Terry Hewett
Peter Nidd

Number of Staff Members: 2 Full Time
8 Part Time

Populations Served:

- Youth-At-Risk
- Juvenile Corrections
- Families
- Developmentally Disabled

Average Length of Program: 1-6 Days

Types of Adventure/Experiential Activities:

- Group Initiatives
- Rock Climbing
- Canoeing/Rafting
- Wilderness Trips
- Ropes Courses
- Rappelling
- Backpacking
- Service Projects

Program Profile:

Programs are tailored to suit the specific needs of client groups. They are a balance of physical and cognitive challenges. Regular debriefing sessions enable participants to reflect on individual and group experiences and achievement.

Organization:

Adventure Plus!

Address and Phone Number:

503 Westmoreland Road
Red Oak, TX 75154
(214) 617-0007

Program Director: Dr. Bob Radosta

Number of Staff Members: Varies by Season

Populations Served:
- Youth-At-Risk
- Sexual Victims
- Families
- Multiple Personality Disorder
- Psychiatric Inpatient
- Sexual Perpetrators
- Severe Mental Retardation

Average Length of Program:
Once a week for several months.

Average Number of Clients Per Year: 200

Types of Adventure/Experiential Activities:
- Group Initiatives
- Horseback Riding
- Ropes Courses
- Crafts

Program Profile:
Adventure Plus! provides experiential therapy to a diverse group of clients with special needs. Clients range in age from child through adult and frequently suffer multiple handicaps. Individualized treatment typically occurs in a small-group format. Physical handicaps, emotional problems, multiple personality disorder, and retardation are the primary treatment tracts available.

Organization:
Adventures in Reality

Address and Phone Number:
P.O. Box 444
Grand Coteau, LA 70541
(318) 233-9535

Program Director: Steve Lark

Number of Staff Members: 12

Populations Served:
- Youth-At-Risk
- Psychiatric Inpatient
- Families

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 2000

Types of Adventure/Experiential Activities:
- Groups Initiatives
- Ropes Facilitator Training
- Ropes Courses

Program Profile:
Adventures in Reality is an independent outdoor experiential adventure-based learning center. Non-competitive games, group problem-solving initiatives, and the ROPES/Challenge Course allow participants to explore non-traditional methods of goal setting and team building. Enhanced levels of performance, awareness, and effectiveness are the results of the programs.

Therapeutic Goals of the Program:
To provide group therapy through ropes course experiences for the chemical dependency and psychiatric programs of local hospitals.

Counseling Orientation/Philosophy:
- 12 Step
- Wellness
- Group Support

Counseling Training and Education of Staff:
- Mostly M.S.W.'s and B.C.S.W.'s
- Some Master's Level Psychologists

Organization:
Adventures in Sobriety, Inc.

Address and Phone Number:
P.O. Box 273
288 Walters Road
Chalfont, PA 18914
(215) 997-9270

Program Director: David W. Pastorok

Number of Staff Members: 6

Populations Served:
- Youth-At-Risk
- Juvenile Corrections
- Addictions
- Sexual Victims
- Families
- Student Assistance Programs
- Psychiatric Inpatient
- Adult Corrections
- Terminally Ill Patients
- Sexual Perpetrators
- Developmentally Disabled

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 2500

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Biking
- Spelunking
- Ropes Courses
- Backpacking
- Rappelling
- Canoeing/Rafting

Program Profile:
Adventures in Sobriety (AIS) is an adventure-based counseling/outdoor education program. AIS is designed to help individuals develop the interpersonal skills necessary to function effectively without the use of mood altering chemicals. Program services include adventure-based group counseling, adventure-based substance abuse prevention presentations, staff training, team building workshops, outdoor education programs, and New Games play sessions.

Therapeutic Goals of the Program:
- To improve interpersonal effectiveness by developing self awareness, personal initiative and a sense of cooperation and trust.
- To promote a healthy drug-free lifestyle.

Counseling Orientation/Philosophy:
- Reality Therapy

Counseling Training and Education of Staff:
- Master's Level Supervisor/Certified Addictions Counselor
- Some Bachelor's and Associate's Level Staff with Personal Recovery Background

---

Organization:
Adventures in Spirit

Address and Phone Number:
P.O. Box 924
Taos, NM 87571
(505) 758-4250

Program Director: Jeff Hood

Number of Staff Members: 3

Populations Served:
- Youth-At-Risk
- Addictions
- Psychiatric Inpatient
- Families

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 2000

Types of Adventure/Experiential Activities:
- Group Initiatives
- Backpacking
- Rappelling
- Ropes Courses
- Rock Climbing
- Canoeing/Rafting

Program Profile:
Adventures in Spirit tailors programs to meets the particular needs of an organization. The program combines exercises, lectures, and discussions that engage participants in an exciting, creative pursuit of personal and group goals.

Organization:
Adventure-Us, Inc.

Address and Phone Number:
2300 N. Henry Street
Alton, IL 62002
(618) 462-1066

Program Director: Bill Mermis

Number of Staff Members: 9

Populations Served:
- Youth-At-Risk
- Adult Wellness
- Families

Average Length of Program: 2 - 6 Days

Average Number of Clients Per Year:

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Biking
- Canoeing/Rafting
- Caving
- Ropes Courses
- Backpacking
- Rappelling
- Service Projects
- Urban Adventures
- Orienteering

Program Profile:
Adventure-Us provides active learning and outdoor adventure experiences to empower participants to be more effective, productive and content.

Organization:
Adventureworks, Inc.

Address and Phone Number:
1300 Narrows of the Marpeth
Kingston Springs, TN 37082
(615) 952-4720

Program Director: Anthony Curtis

Number of Staff Members: 3 Full Time
6 Part Time

Populations Served:
- Youth-At-Risk
- Juvenile Corrections
- Families
- Psychiatric Inpatient
- Addictions

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 1000

Types of Adventure/Experiential Activities:
- Group Initiatives
- Backpacking
- Caving
- Nature Immersion
- Ropes Courses
- Rappelling
- Vision Quests
- Self Generated Ceremony

Program Profile:
Adventureworks, Inc. is a private, independent, experience-based learning center located just outside Nashville, Tennessee. Adventureworks, Inc. offers programs that are a powerful adjunct to traditional education, training, and counseling. Adventureworks, Inc. strives to create opportunities for people to learn, change, and grow within an atmosphere of challenge, safety, and support.

Therapeutic Goals of the Program:
- To increase levels of trust and cooperation.
- To promote willingness to take risks and accept responsibility.
- To enhance self-confidence and self-esteem.
- To improve communication and interpersonal skills.
- To mark significant life transitions.
- To create motivation and zest for living.

Organization:
Alcooringa Human Resource Development Centre

Address and Phone Number:
P.O. Box 136
Buderim, Qld
Australia 4556
074 4561922

Program Director: Malcolm McKay

Number of Staff Members: 5

Populations Served:
- Youth-At-Risk
- Adult Corrections
- Sexual Perpetrators
- Developmentally Disabled
- Juvenile Corrections
- Sexual Victims
- Families

Average Length of Program: 1 Day - Over a Month

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Residential Camp
- Rappelling
- Canoeing/Rafting
- Ropes Courses
- Backpacking
- Rock Climbing
- Biking

Program Profile:
Personal development programs are provided in either outdoor or indoor workshop settings. Teambuidling, goal setting, role definitions, and future searches are offered to committees, clubs, schools, youth workers, and voluntary leaders. Programs are specifically designed to the needs of the group.

Organization:
Alfred Corning Clark Gymnasium

Address and Phone Number:
Box 850
Cooperstown, NY 13326
(607) 547-2800

Program Director: David Ackerson

Number of Staff Members: 10

Populations Served:
- Youth-At-Risk
- Independent Living
- Juvenile Corrections

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 150

Types of Adventure/Experiential Activities:
- Group Initiatives
- Backpacking
- Canoeing/Rafting
- Ropes Courses
- Rock Climbing

Program Profile:
The Special Programs Department of the Alfred Corning Clark Gymnasium operates programs on 2 indoor rock climbing walls, an indoor high ropes course, and assorted outdoor low ropes elements. The Adirondacks, Catskills and Central New York are used for canoeing, backpacking, rock climbing, and caving. ACC Gym serves a local alternative high school program, various independent living programs, a Job Corps program, N.Y.C. Department of Youth facilities, youth-at-risk school groups, and drug abuse prevention programs.

Organization:
Anchor

Address and Phone Number:
313 E. Market Street
Martinsville, VA 24112
(703) 638-7569

Program Director: Dale Hamann

Number of Staff Members: 6

Populations Served:
- Youth-At-Risk
- Families
- Juvenile Corrections

Average Length of Program: Over a Month

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Canoeing/Rafting
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Service Projects

Organization:
Alaska Women of the Wilderness

Address and Phone Number:
Box 775226
Eagle River, AK 99577
(907) 688-2226

Program Director: Rachel Holzwarth

Number of Staff Members: 5

Populations Served: Women

Average Length of Program: 2 Days - 2 Weeks

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Biking
- Kayaking
- Dog Mushing
- Ropes Courses
- Backpacking
- Rappelling
- Canoeing/Rafting
- Horsepacking

Program Profile:
Alaska Women of the Wilderness is a year-round outdoor education program designed to promote a new sense of confidence for women who want to get outdoors. Alaska Women of the Wilderness provides a safe, supportive, and non-competitive approach to wilderness adventure travel. This approach enhances and develops the potential of every woman.

Organization:
Alternatives By Choice, Inc.

Address and Phone Number:
P.O. Box 59185
Birmingham, AL 35259
(205) 326-0220

Program Director: Frank Kirk

Number of Staff Members: 1

Populations Served:
- Youth-At-Risk
- Adult Corrections
- Families
- Juvenile Corrections
- Addictions

Average Length of Program: 1 - 6 Days

Number of Clients Per Year: 200

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Ropes Courses

Program Profile:
ABC, or Alternatives By Choice, Inc., is a non-profit organization providing adventure-based counseling workshops to ex-offenders, juvenile delinquents, recovering addicts and alcoholics, and high risk youth. The purpose of the workshop is to improve self-esteem by building trust and self-confidence. ABC works in partnership with counselors, corrections officers, and other groups who need a workshop specifically suited to their group's needs.

Organization:
Apache County Juvenile Court

Address and Phone Number:
P.O. Box 58
St. Johns, AZ 85936
(602) 337-4364 ext. 266

Program Director: Fred DuVall

Number of Staff Members: 2

Populations Served: Youth-At-Risk

Average Length of Program: 2 Days - 4 Weeks

Number of Clients Per Year: 65

Types of Adventure/Experiential Activities:
- Group Initiatives
- Backpacking
- Rappelling
- Service Projects
- Wilderness Trips
- Rock Climbing
- Biking
- Canoeing/Rafting

Program Profile:
Apache County Juvenile Probation Outdoor Program provides intensive group and individual counseling for youth-at-risk and outdoor experiences for the less privileged. The program provides guidance in the development and implementation of functional, achievable goals in the areas of problem-solving, self-esteem, and communication.

Therapeutic Goals of the Program:
- To raise the self-esteem level of the program participants.
- To develop the participant's problem-solving skills.
- To teach respect for all things including oneself.

Counseling Orientation/Philosophy:
Increasing the participant's \self-esteem and level of respect through assisting them in accomplishing physical and mental tasks that were previously perceived as unaccomplishable.

Counseling Training and Education of Staff:
- Master's in Social Work
- Some education in Social Welfare

Organization:
Appalachian Community Services
Lewis Wetzel Personal Care Home

Address and Phone Number:
P.O. Box 428
New Martinsville, WV 26155
(304) 455-5660

Program Director: Wes Harris

Number of Staff Members: 17

Populations Served:
- Socially Marginal Adults

Average Length of Program: Over a Month

Number of Clients Per Year: 60

Types of Adventure/Experiential Activities:
- Group Initiatives
- Biking
- Traditional Appalachian Skills
- Canoeing/Rafting

Program Profile:
The Lewis Wetzel Personal Care Home is an intentional community of socially marginal adults unable to live alone. The focus is on abilities rather than disabilities. Traditional Appalachian values and skills are used to encourage personal growth and community development. A garden, hydroponics, raising rabbits, canoeing, woodworkings, and weaving baskets are ongoing projects.

Therapeutic Goals of the Program:
- To change the self-concept of participants.
- To extinguish the self-identification as "patient' or "mentally ill".

Counseling Orientation/Philosophy:
- Christian
- Humanistic
- Democratic
- Mental illness is a fraud.

Counseling Training and Education of Staff:
- RN's
- M.A. in Sociology
- L.C.S.W.

Organization:
Appalachian Mountain Teen Project

Address and Phone Number:
P.O. Box 1597
Wolfboro, NH 03894
(603) 569-5510

Program Directors: Holly Manoogian
Donna San Antonio

Number of Staff Members: 2 Full Time
3 Part Time

Populations Served:
- Youth-At-Risk
- Families
- Sexual Victims

Average Length of Program: 5 Months - Several Years

Number of Clients Per Year: 45

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Backpacking
- Rappelling
- Canoeing
- Snowshoeing
- Urban Trips
- Cross Cultural Experiences
- Ropes Courses
- Residential Camp
- Rock Climbing
- Biking
- Service Projects
- Cross Country Skiing
- Extended Travel

Program Profile:
The Appalachian Mountain Teen Project (AMTP) offers long-term support to youth (10 to 18 years old), and families as they face critical transitions. It is a non-profit prevention/early intervention program. Program activities include outdoor adventure, community service projects, cross-cultural experiences, leadership opportunities, and school and home visits. Experiential and traditional activities focus on building confidence, clearing channels of communication between family members, decision-making skills, non-violent conflict resolution, pre-vocational skills, self-reliance, self-awareness, and empowerment.

Therapeutic Goals of the Program:

Assist program participants to:

- Improve communication skills with peers , teachers, parents, and strangers.
- Become aware of therapeutic and social resources available to them in dealing with traumatic loss, family substance abuse and/or physical/sexual abuse.
- Become aware of how to prevent victimization and violence.
- Improve their self concept.
- Be able to resolve conflict in a productive way.

Assist parents/guardians to:

- Gain knowledge of services available and how to access them.
- Resolve conflict within the home more effectively.
- Increase their awareness of the emotional and physical development of adolescence.
- Clear channels of communication among family members.

Counseling Orientation/Philosophy:

- Individual and Group Counseling
- Active Parenting Skills Course
- Family Counseling

Counseling Training and Education of Staff:

- M.Ed. in Counseling
- Continuing Education in Counseling
- Master's in Environmental Education

Organization:
ASCENT, Inc.

Address and Phone Number:
P.O. Box 1768
Sandpoint, ID 83864
(208) 267-3626

Executive Director: Stacy Wasserman

Program Director: Paul Clark

Populations Served:

- Youth-At-Risk
- Families

Average Length of Program: Over a Month

Number of Clients Per Year: 150

Types of Adventure/Experiential Activities:

- Group Initiatives
- Residential Camp
- Rock Climbing
- Canoeing
- Wilderness Trips
- Backpacking
- Rappelling

Program Profile:

ASCENT's challenging 41-day course is for adolescents and young adults who need a primary redirection and a change in attitude. ASCENT's course is divided into two three-week components. Utilizing a primitive skills curriculum, coupled with intensive group and individual counseling, the first three weeks focus largely on the behaviors of the "individual. The next three weeks are designed to expand communication and problem-solving skills as well as develop responsibility and build self-esteem.

Therapeutic Goals of the Program:

- To discover the power and strength within oneself.
- To develop greater self-discipline.
- To recognize the difference between intentions and actions.
- To experience self-value through contribution.
- To build success through accomplishment.
- To accept rather than judge.
- To contribute and function in a group setting.
- To learn the value of asking for help.
- To develop positive peer relationships.
- To experience the natural consequences for one's actions.
- To gain a renewed appreciation of family.

Counseling Orientation/Philosophy:

- Built upon the principles of CEDU Education - a holsitic approach, addressing the physical, emotional, and educational needs of young people and their families.

Counseling Training and Education of Staff:

- Preferred Bachelor's Degree
- Counseling Experience
- Extensive Staff Training

Organization:
Aurora University - Recreation Administration Department

Address and Phone Number:
347 S. Gladstone
Aurora, IL 60506
(708) 844-5406

Program Director: Dr. Rita Yerkes

Number of Staff Members: 5

Populations Served:

- Graduate Students in Outdoor Therapeutic Recreation Administration
- Youth-At-Risk

Average Length of Program: Over a Month

Number of Clients Per Year: 250

Types of Adventure/Experiential Activities:

- Group Initiatives
- Wilderness Trips
- Backpacking
- Rappelling
- Service Projects
- Ropes Courses
- Residential Camp
- Rock Climbing
- Biking
- Canoeing/Rafting

Program Profile:

The Recreation Administration Department at Aurora University offers a Master of Science in Outdoor Therapeutic Recreation Administration. Coursework includes requirements needed to become a Certified Therapeutic Recreation Specialist and the completion of a 400 hour internship in an outdoor therapeutic program.

Organization:

Austin Child Guidance Center

Address and Phone Number:

810 W. 45th
Austin, TX 78751
(512) 451-2242

Program Director: John Godfrey, M.Ed.

Number of Staff Members: 19

Populations Served:

- Youth-At-Risk
- Outpatient
- Families

Average Length of Program: 1 Day

Number of Clients Per Year: 800

Types of Adventure/Experiential Activities:

- Ropes Courses

Program Profile:

Austin Child Guidance Center (ACGC), a private, not-for-profit agency, promotes the mental health of children experiencing emotional, behavioral, or social problems. ACGC is an outpatient facility that provides individualized treatment including individual, family, and group therapy, parenting classes, evaluation services, and the Challenge Course.

Therapeutic Goals of the Program:

- To promote mental health among children and their families.

Counseling Orientation/Philosophy:

The staff represent the disciplines of psychiatry, psychology, and social work. Treatment models include:

- Individual Psychodynamic Work
- Play Therapy
- Filial Therapy
- Reflecting Teams
- Systemic and Strategic Family Therapy
- Brief Therapy
- Unstructured Psychodynamic Group Therapy
- Experiential Group Therapy

Counseling Training and Education of Staff:

- Ph.D. Candidate in Counseling Psychology
- All ACGC Challenge Course staff are Master's level or above Social Workers, Psychologists, or Counselors
- Ongoing inservice and trainings on counseling topics

Organization:

Austin Wilderness Counseling Services

Address and Phone Number:

1300 West Lynn, Suite 100
Austin, TX 78703
(512) 472-2927

Program Director: Joanne Olsen

Number of Staff Members: 25

Populations Served:

- Youth-At-Risk
- Families

Average Length of Program: Over a Month

Number of Clients Per Year: 450

Types of Adventure/Experiential Activities:

- Group Initiatives
- Wilderness Trips
- Service Projects
- School-Based Support Groups
- Ropes Courses
- Backpacking
- Psychotherapy Groups

Program Profile:

AWCS's Adventure Alternative Program is designed for children and adolescents at risk for chemical abuse and/or have emotional and behavioral problems. The program combines the skills of trained therapists with structured outdoor activities.

Therapeutic Goals of the Program:

- To prevent costly and restrictive treatment such as hospitalization or placement in the juvenile justice system.
- To improve self-esteem.
- To increase responsibility for self.
- To increase social competency.

Counseling Orientation/Philosophy:

Children learn through experience, according to developmental stages.

Counseling Training and Education of Staff:
- Therapists - Master's Degrees in Social Work or Psychology
- Counselors - Bachelor's Degrees in Behavioral Sciences

Organization:
Australian Outward Bound Foundation

Address and Phone Number:
4-Post Office
Therwa
Australia
(06) 237-5158

Program Directors: Tim Medhurst
Robert Harris

Number of Staff Members: 75

Populations Served:
- Youth-At-Risk
- Developmentally Disabled
- Families
- Physically Disabled

Average Length of Program: 1 - 2 Weeks

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Ropes Courses
- Backpacking
- Rappelling
- Service Projects

Program Profile:
Australian Outward Bound tailors courses for special groups including Youth-at-Risk, intellectually handicapped, visually impaired, profoundly deaf, and young people with learning difficulties. Outward Bound staff work with the contracting organization to identify objectives and serve as coordinators to insure a successful program. Activities are selected to fit the participating group's objectives and the abilities of the participants.

Organization:
Basecamp

Address and Phone Number:
Marthrown of Mabie
Mabie Forest
Dumfries, Scotland DG2 8HB
Dumfries (0387) 85493 or 68493

Program Director: Jon Barrett

Number of Staff Members: 4 Permanent
4 Volunteers

Populations Served:
- Youth-At-Risk
- Young Adult Corrections

Average Length of Program: 1 - 3 Weeks (Residential)
12 Weeks (Seasonal)

Number of Clients Per Year: 200

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Backpacking
- Rappelling
- Ropes Courses
- Residential Camp
- Rock Climbing
- Canoeing/Rafting

Program Profile:
Basecamp provides adventure-based programs of up to 3 months duration for young people from disadvantaged and troubled backgrounds. Communal living experiences are combined with a series of carefully sequenced adventure activities. Individual and group counseling sessions help participants transfer their learnings from their communal and adventure experiences to situations in their home environment and to consider new and more constructive involvement in their own communities.

Therapeutic Goals of the Program:
- To assist participants in developing trust and relationship skills.
- To improve the participants' confidence and competence in their own abilities.
- To help participants address the issues affecting their lives.
- To assist participants in taking responsibility for and understanding of the effects and consequences of their attitudes and actions.
- To assist participants in developing decision-making and problem-solving skills.

Counseling Orientation/Philosophy:
- Experiential Learning

Counseling Training and Education of Staff:
- On-the-Job Training
- Courses Provided by External Organizations

Organization:
Bellingham School District/4-H

Address and Phone Number:
P.O. Box 857
Bellingham, WA 98227
(206) 676-6514

Program Directors: Cooki Mesmer
Craig Fenske

Number of Staff Members: 1 Part Time Coordinator
30 Trained Volunteers

Populations Served:
- Youth-At-Risk
- Addictions

Average Length of Program: 1 Day

Number of Clients Per Year: 400

Types of Adventure/Experiential Activities:
- Ropes Courses

Program Profile:
Bellingham School District's ropes/challenge course is part of the prevention/intervention program. The program offers an growth experience to high risk groups such as children of alcoholic support groups as well as to leadership students and gifted students.

Organization:
Bendrigg Trust

Address and Phone Number:
Bendrigg Lodge
Old Hutton
Kendal, Cumbria, England LA8 ONR
0539 723766

Program Director: Trevor Clarke

Number of Staff Members: 15

Populations Served:
- Youth-At-Risk
- Juvenile Corrections
- Addictions
- Terminally Ill Patients
- Physically Disabled
- Psychiatric Inpatient
- Adult Corrections
- Sexual Victims
- Developmentally Disabled

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 2000

Types of Adventure/Experiential Activities:
- Groups Initiatives
- Residential Camp
- Rock Climbing
- Canoeing/Rafting
- Orienteering
- Pony Riding
- Ropes Courses
- Backpacking
- Rappelling
- Caving
- Archery

Program Profile:
Bendrigg Lodge is a residential activity centre for disabled and disadvantaged people. The activities are designed to suit the aims and objectives of each group. Typical goals include increasing self awareness and self-confidence, and promoting awareness of the needs of others through the integration of able-bodied and disabled people.

Organization:
Bergen County Department of Human Services
Division of Family Guidance

Address and Phone Number:
E296 Ridgewood Avenue
Paramus, NJ 07652
(201) 599-6274/6235

Agency Director: Dr. Shelly Wimpfheimer

Program Director: PhilipT. Beamor

Number of Staff Members: 2

Populations Served:
- Youth - Chemical Dependency Recovery
- Youth-At-Risk
- Families

Average Length of Program: 1 Day
Over a Month

Number of Clients Per Year: 15-20

Types of Adventure/Experiential Activities:
- Group Initiatives
- Backpacking
- Canoeing/Rafting
- Photography
- Fishing
- Wilderness Trips
- Biking
- Cross Country Skiing
- Star Gazing
- Arts and Crafts

Program Profile:
Bergen County Department of Human Services' Jupiter Program is an outpatient after-care program for chemically dependent youth. Experiential and metaphorical activities are used in conjunction with relapse prevention strategies. The experiences provide an opportunity to learn alternatives to returning to drug use.

The Wilderness Program is a component of the Bergen County Division of Family Guidance. It provides one day experiences for schools, community groups, and mental health agencies who desire an outdoor experience to build team cohesiveness and self-esteem.

Therapeutic Goals of the Program:
- Development of a balanced lifestyle.
- Maintenance of sobriety.

Counseling Training and Education of Staff:
- M.S.W.'s

Organization:
The Bishop Gravett Center - Project Challenge

Address and Phone Number:
1006 Camp Gravett Road
Aiken, SC 29801
(803) 648-1817

Program Director: The Rev. Clyde L. Ireland

Number of Staff Members: 7 Year Round
30 Summer

Populations Served:
- Youth-At-Risk
- Adult Corrections
- Families
- Juvenile Corrections
- Addictions
- Church Groups

Average Length of Program: 1 Day

Number of Clients Per Year: 5000

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Ropes Courses
- Canoeing/Rafting

Program Profile:
The Bishop Gravett Center's Project Challenge is an outdoor adventure-based counseling program designed to accommodate the special needs and goals of a variety of age and interest groups. Project Challenge is a combination of outdoor problem-solving activities, group initiatives, a ropes course, and debriefings. The program is a blend of action and reflection which draws on the resources of the participants.

Therapeutic Goals of the Program:
- To increase self-confidence and self-esteem.
- To define personal goals and strategies for their implementation.
- To develop communication, decision-making, and problem-solving skills.
- To foster appreciation for individual differences.
- To increase cooperation among group members.
- To learn increased social responsibility and maturity.

Organization:
Bolton Camp and Conference Center

Address and Phone Number:
22 Wellsley Street East
Toronto, Ontario M4Y 1G3
Canada
(416) 854-3993

Program Director: Barbara McDonald

Number of Staff Members: 8 - 10

Populations Served:
- Youth-At-Risk
- Addictions
- Sexual Perpetrators
- Juvenile Corrections
- Sexual Victims
- Families

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 175 - 250

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Canoeing/Rafting
- Ropes Courses
- Backpacking
- Adventure Play

Organization:
Bonnie Brae

Address and Phone Number:
Valley Road
Millington, NJ. 07946
(908) 647-0800

Populations Served:
- Youth-At-Risk
- Sexual Victims
- School Groups
- Addictions
- Sexual Perpetrators

Average Length of Program: 18 Months

Number of Clients Per Year: 75

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Biking
- Service Projects
- Ropes Courses
- Backpacking
- Canoeing/Rafting

Program Profile:
Bonnie Brae is a private, not-for-profit residential treatment center for emotionally disturbed adolescent males. Adventure-based counseling experiences are used throughout treatment. The intensity of the experiences is dependent on the clients' developmental levels. Bonnie Brae is a Project Adventure accredited program and supplesments services through Outward Bound

---

Organization:
Boundless Adventures

Address:
General Delivery
Palmer Rapids, Ontario
Canada J0X 1N0

Phone Number: (613) 758-2702

Program Director: Monica Prymack

Number of Staff Members: 29

Populations Served:
- Youth-At-Risk
- Addictions
- Developmentally Disabled
- Psychiatric Inpatient
- Terminally Ill Patients

Average Length of Program: 5 Days

Number of Clients Per Year: 400

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Canoeing
- Fishing
- Downhill Skiing
- Ropes Courses
- Backpacking
- Rappelling
- Orienteering
- Cross Country Skiing
- Snowshoeing

Program Profile:
Boundless Adventures is a year-round adventure program for special groups sponsored by social service agencies in Ontario. By participating in the program and expanding personal limits, a greater sense of confidence and new directions to stay healthy and active are developed.

Organization:
Breakthrough

Address and Phone Number:
P.O. Box 98
Onondaga, MI 49264
(517) 628-2287 or (517) 371-5747

Program Director: Kirk J. Woodring

Number of Staff Members: 3 Full Time
20 Contractual

Populations Served:
- Youth-At-Risk
- Juvenile Corrections
- Sexual Victims
- Terminally Ill Patients
- Psychiatric Inpatient
- Addictions
- Families
- Developmentally Disabled

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 300

Types of Adventure/Experiential Activities:
- Group Initiatives
- Rappelling
- Rock Climbing
- Canoeing/Rafting

Program Profile:
Breakthrough, an Outreach Service of Highfields, Inc., provides experiential education programs to treatment programs of all types. Established in 1985, Breakthrough operates an indoor and outdoor initiatives course, a 40-foot climbing tower, and a canoeing and rock climbing program. Programs are tailored for 4th graders through adult.

Organization:
Bradford Woods

Address and Phone Number:
5040 State Road, 67 North
Martinsville, IN 46151
(317) 342-2915

Program Director: Stuart G. Shepley

Number of Staff Members: 6 Full Time
12 Part Time

Populations Served:
- Youth-At-Risk
- Juvenile Corrections
- Developmentally Disabled
- Psychiatric Inpatient
- Addictions

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 4000

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Rappelling
- Service Projects
- Ropes Courses
- Backpacking
- Canoeing/Rafting

Program Profile:
The Bradford Woods Challenge Program is designed to foster the concept of "learning by doing". Key components of the program include developing prosocial skills, trust in others, and interpersonal reliance and support.

Organization:
Breckenridge Outdoor Education Center

Address and Phone Number:
P.O. Box 697
Breckenridge, CO 80424
(303) 453-6422

Program Director: Mark Chandler

Number of Staff Members: 4 Year Round
5-10 Seasonal

Populations Served:
- Youth-At-Risk
- Families
- Developmentally Disabled
- Juvenile Corrections
- Terminally Ill Patients
- Physical Disabilities

Average Length of Program: 2 - 6 Days

Number of Participant Days 1200 - 2000

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Canoeing /Rafting
- Winter Wilderness Programs
- Ropes Courses
- Backpacking
- Rappelling
- Adaptive Skiing

Program Profile:
The Breckenridge Outdoor Education Center (BOEC) offers year-round, adventure-based wilderness programs. Courses are tailored-made. Activities are chosen based on the goals of the contracting agency or group, and on the abilities of the participants. Participants are asked to face challenges and realize successes that help build self-esteem, confidence, and independence.

Organization:
Bruton Consulting and Family Services

Address and Phone Number:
2717 N. Steves Boulevard, #9
Flagstaff, AZ 86004
(602) 527-8489

Program Director: Lori Gelvin

Number of Staff Members: 2 - 4

Populations Served:
- Women
- Developmentally Disabled
- Families

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 80 - 100

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips

Program Profile:
Bruton Consulting and Family Services is a group of individuals dedicated to providing services to individuals and families, and to other service agencies. Clients are empowered to maximize their quality of life and work. One of the program's services, the Wilderness Reconnection, provides outdoor experiences for women, couples, and mixed groups. Opportunities for personal growth occur through wild land outdoor experiences along with guided group work.

Organization:
Buena Vista Correctional Facility

Address and Phone Number:
P.O. Box 2017
Buena Vista, CO 81211
(719) 395-2404

Program Director: Bonnie Wiesel

Number of Staff Members: 1

Populations Served:
- Adult Corrections

Average Length of Program: 3 Months

Number of Clients Per Year: 95

Types of Adventure/Experiential Activities:
- Group Initiatives
- Climbing Wall
- Cooperative Games
- Values Clarification
- Communication Activities
- Ropes Courses
- Rappelling
- Educational Kinesiology
- Cross Country Skiing

Program Profile:
An experiential education class is conducted within Buena Vista Correctional Facility, a medium security adult male prison. For three months, a small group of students meets for 5 sessions per week for 3.5 hours per sessions. The emphasis of the program is on improving self-confidence, communication skills, problem-solving, conflict resolution, empathy, compassion, and patience.

Therapeutic Goals of the Program:
- Increased self-concept and self-esteem.
- Improved socialization skills.
- Improved communication skills.
- Increased compassion and tolerance for self and others.
- Improved ability to trust and be trusted by others.
- Increased ability to cooperate in a group.
- Improved problem-solving skills.
- Improved leadership skills.
- Increased willingness to take appropriate risks.
- Improved ability to control impulsive behavior.
- Increased awareness of social responsibility.
- Increased ability to have fun in an appropriate way.

BEST COPY AVAILABLE

Counseling Orientation/Philosophy:
- Modeling of appropriate behaviors.
- Use of a full value contract.
- Practicing Appropriate Behaviors

Counseling Training and Education of Staff:
- B.Ed. in Special Education
- On-the-Job Experiences

Organization:
California Wilderness Trainings

Address and Phone Number:
72892 Willow Street
Palm Desert, CA 92260
(619) 341-2004

Program Directors: Gail Martin-Mauser
George Martin-Mauser

Number of Staff Members: 8-10

Populations Served:
- Youth-At-Risk
- Head Injured
- Families

Average Length of Program: 1 - 6 Days

Types of Adventure/Experiential Activities:
- Group Initiatives
- Rappelling
- Ropes Courses

Program Profile:
California Wilderness Trainings offers a variety of programs: The Family Challenge, The Discovery Program, and The Women's Professional Development Leadership Program. The Family Challenge is a short-term adventure experience for families. The program is designed to assist families to communicate and cooperate during high and low adventure activities. The Discovery Program is designed for head injured clients in a residential setting. The goals of the Discovery Program are to promote self-esteem, interaction with others, and awareness of personal accomplishments. The Women's Professional Development Leadership Program assists women in exploring issues and decisions related to careers, families, and relationships.

Organization:
Calvert Trust Adventure Centre for Disabled People

Address:
Little Crostwaite
Underskiddaw, Keswick
Cumbria, England CA12 4QD

Phone Number: Keswick (07687) 72254

Program Director: Peter Lingard

Number of Staff Members: 9

Populations Served:
- Psychiatric Inpatient
- Disabled Through Injury
- Developmentally Disabled

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 1500

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Sailing
- Orienteering
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Para Gliding
- Riding

Program Profile:
The programme was established to enable those with special needs to engage in the activities available to others. Programmes are developed to satisfy the needs of those involved in the course.

Organization:
Camp Elliott

Address and Phone Number:
601 Camp Elliot Road
Black Mountain, NC 28711
(704) 669-8639

Program Director: Catherine Buie

Number of Staff Members: 10

Populations Served:
- Youth-At-Risk
- Emotionally Disturbed Young Men

Average Length of Program: Over a Month

Number of Clients Per Year: 16

Types of Adventure/Experiential Activities:
- Groups Initiatives
- Residential Camp
- Wilderness Trips
- Rappelling
- Ropes Courses
- Backpacking
- Rock Climbing
- Canoeing/Rafting

Program Profile:

Camp Elliot offers a residential program for boys ages 10 through 17. Camp Eliot uses wilderness experiences and camp tasks to help facilitate self-esteem improvement. Enrollment is limited to 10 students. Camp Elliot is licensed by the North Carolina Department of Facility Services as a Therapeutic (Habilitative) Camp.

Therapeutic Goals of the Program:

- To provide the least restrictive environment for emotionally disturbed young men.
- To teach and foster self-esteem, independent living skills, communication skills, and pro-social behaviors.
- To decrease violent and anti-social behaviors.
- To return the boys to their families and/or communities.

Counseling Orientation/Philosophy:

- Reality Therapy and Control Theory
- Positive Peer Culture

Counseling Training and Education of Staff:

Program staff receive training in:

- Learning Disabilities
- Signs and Symptoms of Sexual and Physical Abuse
- Administration of Medication
- Leadership Skills
- Record Keeping and Daily Reporting
- Reality Therapy
- Group Dynamics

Organization:

Camp Lone Star

Address and Phone Number:

2016 Camp Lone Star Road
LaGrange, TX 78945-9601
(409) 247-4128

Program Director: Todd E. Roeske

Number of Staff Members: 3 Full Time
Seasonal Staff

Populations Served:

- Youth-At-Risk
- Adult Corrections
- Families
- Juvenile Corrections
- Addictions

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 350-400

Types of Adventure/Experiential Activities:

- Group Initiatives
- Residential Camp
- Canoeing/Rafting
- Ropes Courses
- Rappelling
- Service Projects

Organization:

Camp Warwa - The People Skills Program

Address and Phone Number:

Box 29
Darwell, Alberta T0E 0L0 Canada
(403) 892-3648

Program Director: Ian Hosler

Number of Staff Members: 3 Full Time
20 Seasonal

Populations Served: Children-In-Need

Average Length of Program: 5 Days

Types of Adventure/Experiential Activities:

- Group Initiatives
- Residential Camp
- Kayaking/Canoeing
- Ropes Courses
- Climbing Wall

Program Profile:

The Camp Warwa Society provides a unique quality camping experience to children-in-need and their families. The Camp is a non-profit organization funded by the Canadian Progress Club. The People Skills Program is designed to build the participant's people skills by combining basic theory on leadership and interpersonal development with practical application of the program activities.

Therapeutic Goals of the Program:

- To develop respect for self and an increased level of self-esteem.
- To develop awareness, acceptance, and respect for others.
- To develop awareness of working with and within a group.
- To recognize that people in groups have a variety of specific needs.
- To develop an awareness of and build skills in interpersonal communication.

Organization:

Camp Woodson - N.C. Division of Youth Services
Department of Human Resources

Address and Phone Number:

Juvenile Evaluation Center
741 Old US 70
Swannanea, NC 28778
(704) 686-5411 ext. 237

Program Director: Steve Teixeira

Number of Staff Members: 19

Populations Served: Juvenile Corrections

Average Length of Program: Over a Month

Number of Clients Per Year: 105

Types of Adventure/Experiential Activities:

- Groups Initiatives
- Wilderness Trips
- Backpacking
- Rappelling
- Service Projects
- Ropes Courses
- Residential Camp
- Rock Climbing
- Canoeing
- Horseback Riding

Program Profile:

Camp Woodson is a therapeutic wilderness camping program administered by the North Carolina Division of Youth Services. Camp Woodson serves groups of 16-20 adjudicated youth, ages 12 to 17 years old. All students are referred to the program from the training schools of North Carolina.

Organization:

Canadian Outward Bound Wilderness School

Address and Phone Number:

378 Fairlawn Avenue
Toronto, Ontario M5M 1T8
Canada
(416) 787-1721

Associate Director: Wendy Talbot

Number of Staff Members: 75

Populations Served:

- Youth-At-Risk
- Terminally Ill Patients
- Women
- Sexual Victims
- Developmentally Disabled
- Seniors (over 50 years old)

Average Length of Program: 2 - 6 Days
28 Days

Types of Adventure/Experiential Activities:

- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Winter Dog Sledding
- Ropes Courses
- Backpacking
- Rappelling
- Service Projects
- Solos

Program Profile:

The Canadian Outward Bound Wilderness School offers a wide variety of courses, year round, for persons 15 years and older. Both summer and winter courses are offered.

Organization:

Canadian Union College

Address and Phone Number:

Box 430
College Heights, Alberta
Canada T0C O2O
(403) 782-3381

Program Director: Paul Lehmann

Number of Staff Members: 2

Populations Served:

- Youth-At-Risk
- College Students

Number of Clients Per Year: 60

Types of Adventure/Experiential Activities:

- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Tracking
- Ropes Courses
- Backpacking
- Rappelling
- Cross Country Skiing
- Survival Skills

Program Profile:

Canadian Union College offers a training program for students seeking experiences teaching adult and youth in outdoor programs and continuing education. It also serves as a drug prevention program for youth and as an alternative for "dysfunctional" behaviors.

Organization:

C.A.T.C.H. Program
Lane County Department of Youth Services

Address and Phone Number:

2411 Centennial Boulevard
Eugene, OR 97401
(503) 341-4715

Program Director: Rob Selven

Number of Staff Members: 6

Populations Served:

- Youth-At-Risk
- Families
- Juvenile Corrections

Average Length of Program: Over a Month

Number of Clients Per Year: 45

Types of Adventure/Experiential Activities:
- Groups Initiatives
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Service Projects
- Ropes Courses
- Backpacking
- Rappelling
- Bilking

Program Profile:
The C.A.T.C.H. Program is a community-based treatment program for high risk juvenile offenders. It provides an alternative to institutionalization. C.A.T.C.H. uses a positive peer culture milieu, outdoor stress challenges, family counseling, group therapy, and a strong educational component.

Counseling Orientation/Philosophy:
- Positive Peer Culture
- Family Counseling

Organization:
Catherine Freer Wilderness Therapy Expeditions

Address and Phone Number:
P.O. Box 1064
Albany, OR 97321
(503) 926-7252 or (503) 771-9470

Program Director: Dr. Robert Cooley

Number of Staff Members: 4 Full Time

Populations Served:
- Youth-At-Risk
- Addictions
- Sexual Perpetrators
- Psychiatric Inpatient
- Sexual Victims
- Families

Average Length of Program: 2 - 4 Weeks

Number of Clients Per Year: 80 - 100

Types of Adventure/Experiential Activities:
- Wilderness Trips
- Canoeing/Rafting
- Backpacking
- Service Projects

Program Profile:
The purpose of the Freer Survival School is to develop and provide more effective ways of treating adolescents for substance abuse, behavioral, and emotional problems by using the wilderness experience as one part of the healing process. The Freer Survival School works as a complement to outpatient or inpatient services. The School's goal is to provide wilderness treatment and the best possible service to parents, their children, and the programs with which the School coordinates in developing full treatment approaches.

Organization:
Cedar Grove Residential Treatment Center

Address and Phone Number:
1640 Lascassas Highway
Cristiana, TN 37130

Program Director: Sharon Woolf

Number of Staff Members: 45

Populations Served:
- Conduct Disorder
- Sexual Victims-Youth
- Families
- Attention Deficit Youth
- Sexual Perpetrators-Youth

Average Length of Program: Over a Month

Number of Clients Per Year: 40

Types of Adventure/Experiential Activities:
- Groups Initiatives
- Wilderness Trips
- Backpacking
- Canoeing/Rafting
- Ropes Courses
- Residential Camp
- Rappelling
- Service Projects

Program Profile:
Cedar Grove is a highly structured residential treatment facility for male and female youth, ages 12-18, who require intensive treatment. The program serves behaviorally disordered youth who have experienced multiple unsuccessful foster care placements, neglect, sexual or physical abuse, and/or abandonment. Each youth participates in indoor and outdoor activities that help them learn the skills necessary to make positive changes in their behavior, attitudes, and interpersonal relationships.

Counseling Orientation/Philosophy:
- Cognitive Restructuring
- Contingency Management

Organization:
Cedar Vista Hospital - Odyssey Program

Address and Phone Number:
7171 N. Cedar
Fresno, CA 93720
(209) 449-8000

Program Director: John Dufresne

Number of Staff Members: 10

Populations Served:
- Youth-At-Risk
- Juvenile Corrections
- Psychiatric Inpatient
- Addictions

BEST COPY AVAILABLE

Populations Served:

Sexual Victims	Sexual Perpetrators
Families	Terminally Ill Patients
School	

Average Length of Program: 1 - 6 Days

Number of Clients Per Year: 2500-3000

Types of Adventure/Experiential Activities:

Group Initiatives	Ropes Courses
Rock Climbing	Rappelling
Service Projects	

Program Profile:

The Odyssey program provides adventure activities as a standard treatment modality for most of Cedar Hospital's inpatient psychiatric patients. Ages range from 5 years to 70 years. The Odyssey program also offers community programs to groups within the San Joaquin Valley. Groups include student assistance programs, employee assistance programs, social service organizations, professional groups, and local service groups.

Therapeutic Goals of the Program:

- To experience a nurturing environment where taking risks can be developed.
- To develop trust within self and others.
- To provide an arena where participants can try out new behaviors.
- To explore roles in different situations.
- To experience positive support.
- To assist participants in setting personal boundaries.
- To create an avenue to improve self-esteem.
- To develop the ability to recognize self-defeating messages.

Counseling Orientation/Philosophy:

- Group and Individual Therapy
- Use of Individual Treatment Plans

Counseling Training and Education of Staff:

- Ph.D., M.S.W., L.C.S.W., M.F.C.C. or an extensive background in group development/processing.

Organization:
Cedu School

Address and Phone Number:
P.O. Box 1176
Running Springs, CA 92382
(714) 867-2722

School Program Director: Jim Powell

Wilderness Program Director: Laura Deikel

Number of Staff Members: 31 - School
6 - Wilderness Program

Populations Served:

Youth-At-Risk	Juvenile Corrections
Addictions	

Average Length of Program:

School	2 Years
Wilderness Program	2 - 4 Weeks

Number of Clients Per Year: 85

Types of Adventure/Experiential Activities:

Group Initiatives	Ropes Courses
Wilderness Trips	Backpacking
Rock Climbing	Rappelling

Program Profile:

Cedu School is a private, residential, "special purpose" school serving students with a wide range of difficulties (i.e., emotional and behavioral problems, addictions, juvenile corrections). Experiential Education is stressed through visual and performing arts programs, a vocational skills program, and a wilderness/adventure program. The wilderness/adventure program uses the adventure activities to complement the school's extensive "emotional growth" curriculum.

Organization:
Center For Leadership Development

Address and Phone Number:
St. Norbert College
DePere, WI 54115
(414) 337-4023

Program Director: Tom Hartford

Number of Staff Members: 3 Staff
6 Student Interns

Populations Served:

Youth-At-Risk	College Students

Average Length of Program: 1 Day

Number of Clients Per Year: 500

Types of Adventure/Experiential Activities:

Group Initiatives	Ropes Courses
Rappelling	

Program Profile:
The Center for Leadership Development provides opportunities for school districts and agencies to use the outdoor ropes course, workshops, and other activities to enhance their programs. Although college student leadership development is the Center's primary focus, a youth and volunteer component has been successful with at risk youth.

Organization:
Center for People with Disabilities

Address and Phone Number:
948 North Street, Suite #7
Boulder, CO 80302
(303) 442-8662

Program Director: Nan Hildebrand

Number of Staff Members: 25

Populations Served:
- Developmentally Disabled
- Physically Challenged
- Survivors of Head Injury

Average Length of Program: Over a Month

Types of Adventure/Experiential Activities:
- Group Initiatives
- Community Explorations
- Mountain Trips

Program Profile:
The mission of the Center for People with Disabilities is to provide services in employment, home health, independent living skills training, and continued support that will reduce the individual or environmental impacts of a person's disability on their independence and quality of life. Mountain trips are offered as part of the Independent Living Program and Day Program for People with Head Injuries.

Organization:
Challenge Discovery Outdoor Adventures

Address and Phone Number:
8917 Fargo Road
Richmond, VA 23229
(804) 273-1760 or (804) 270-3455

Program Director: Gregory J. Huber

Number of Staff Members: 4 Full Time
10 Part Time

Populations Served:
- Youth-At-Risk
- Juvenile Corrections
- Adult Corrections
- Families

Average Length of Program: 1 Day
1 - 2 Weeks

Number of Clients Per Year: 2500

Types of Adventure/Experiential Activities:
- Groups Initiatives
- Ropes Courses
- Wilderness Trips
- Biking
- Backpacking
- Rock Climbing
- Rappelling
- Canoeing/Rafting
- Cross Country Skiing
- Caving

Program Profile:
Challenge Discovery Outdoor Adventures offers a variety of programs for schools and community groups. The courses provide structured opportunities for people to develop leadership qualities and increase their self-confidence

---

Organization:
Challenge Learning Center

Address and Phone Number:
3746 Laguna Oaks Place
Palo Alto, CA 94306
(415) 858-2118

Program Director: Merrily Bronson

Number of Staff Members: 3 +Volunteers

Populations Served:
- Youth-At-Risk
- Juvenile Corrections
- Addictions
- Families
- Terminally Ill Patients
- Developmentally Disabled

Average Length of Program: 2 - 6 Days

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses
- Backpacking
- Rock Climbing
- Rappelling
- Service Projects
- Orienteering

Program Profile:
The Challenge Learning Center (CLC) uses outdoor experiential programs to develop trust, overcome self-imposed limits, and approach difficult issues facing youth. The CLC staff includes experienced counselors, adult volunteer role models and trained youth volunteer leaders.

Organization:
Challenge Sonoma Adventure Ropes Course

Address and Phone Number:
P.O. Box 12
Eldridge, CA 95431
(707) 938-6579

Office Coordinator: Catherine Stone

Number of Staff Members: 75

Populations Served:
- Youth-At-Risk
- Juvenile Corrections
- Addictions
- Terminally Ill Patients
- Psychiatric Inpatient
- Adult Corrections
- Sexual Victims
- Developmentally Disabled

Average Length of Program: 1 Day

Number of Clients Per Year: 1500 - 2000

Types of Adventure/Experiential Activities:
- Ropes Courses

Program Profile:
Challenge Sonoma is a cooperative human development endeavor of individuals and organizations in the Redwood Empire. Human services days are offered to targeted groups which include schools, juvenile court referrals, migrant education participants and other special groups. The intent is to offer easily affordable ropes course experiences for these groups at a costs that will not create a burden on the individuals.

Organization:
Charleston County PRC

Address and Phone Number:
861 Riverland Drive
Chas, SC 29412
(803) 762-2172

Program Director: Jeff Greiner

Number of Staff Members: 3 Full Time
20 Part Time

Populations Served:
- Youth-At-Risk
- Families

Average Length of Program: 1 Day

Types of Adventure/Experiential Activities:
- Group Initiatives
- Backpacking
- Coastal Kayaking
- Ropes Courses
- Canoeing

Program Profile:
The outdoor program at the Chas County PRC was established in 1986 to provide adventure-based programming to the Charleston community.

Organization:
Charlotte Outdoor Adventure Center, Inc.

Address and Phone Number:
2601 E. 7th Street
Charlotte, NC 28204
(704) 334-4631

Program Directors: Brian Chapman-Capron
Linda Chapman-Capron

Number of Staff Members: 5 Full Time
12 Associates

Populations Served:
- Youth-At-Risk
- Adult Corrections
- Juvenile Corrections
- Families

Average Length of Program: 1 - 6 Days

Number of Clients Per Year: 2600

Types of Adventure/Experiential Activities:
- Group Initiatives
- Rock Climbing
- Canoeing/Rafting
- Ropes Courses
- Rappelling

Program Profile:
The Charlotte Outdoor Adventure Center, Inc. (COAC) employs a dynamic and diverse staff with numerous years of therapeutic and program management experience with at-risk populations. The COAC provides direct client services as well as training and support services for program staff.

Organization:
Charter Hospital of Augusta

Address and Phone Number:
3100 Perimeter Parkway
Augusta, GA 30909
(706) 868-6625

Program Director: Everett Blake

Number of Staff Members: 8

Populations Served:
- Youth-At-Risk
- Addictions
- Psychiatric Inpatient

Average Length of Program: 1 Day

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses

Program Profile:
Charter Hospital's Changes Through Challenges is an adventure-based program designed to develop trust, self-confidence, group cohesiveness, communication, assertiveness, teamwork, and group problem-solving skills. Participants are judged on their attitudes rather than their performance.

Organization:
Charter North Hospital

Address and Phone Number:
2350 DeBarr Road
Anchorage, AK 99508
(907) 258-7575 ext. 576

Program Director: Dianna Fehring, CTRS

Number of Staff Members: 4

Populations Served:
- Youth-At Risk
- Juvenile Corrections
- Sexual Victims
- Families
- Psychiatric Inpatient
- Addictions
- Sexual Perpetrators
- Developmentally Disabled

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 600 - 700

Types of Adventure/Experiential Activities:
- Group Initiatives
- Rock Climbing
- Service Projects
- Ropes Courses
- Rappelling

Program Profile:
Charter North is an acute care facility that serves adults, adolescents, and children, and a residential treatment center for adolescents. Charter North's ropes course and indoor climbing wall is used to increase social interaction, promote self-esteem, and make applications to treatment issues.

Organization:
Children's Square, USA - Academic Center

Address and Phone Number:
N. 6th and Avenue E.
Council Bluffs, IA 51502
(712) 322-3700

Program Director: Nancy Poma

Number of Staff Members: 10

Populations Served:
- Youth-At-Risk
- Sexual Victims
- Families
- Juvenile Corrections
- Sexual Perpetrators

Average Length of Program: Over a Month

Number of Clients Per Year: 30

Types of Adventure/Experiential Activities:
- Group Initiatives
- Service Projects
- Ropes Courses
- Canoeing/Rafting

Program Profile:
The Academic Center is a school serving junior and senior high school behaviorally disordered students. Students are referred through Children's Square Residential Treatment Center or the surrounding school districts.

Organization:
Churchtown Farm Outdoor & Environmental Education Centre

Address and Phone Number:
Lanlivery
Bodmin, Cornwall, United Kingdom
UR PL30 5BT
0208 872148

Program Director: Martyn Overton

Number of Staff Members: 6 Teaching Staff

Populations Served:
- Youth-At-Risk
- Terminally Ill Patients
- Families
- Developmentally Disabled

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 1600

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Rappelling
- Service Projects
- Ropes Courses
- Rock Climbing
- Canoeing

Organization:
Circle S Recovery Ranch

Address and Phone Number:
12000 Sunitsch Cyn. Road
Leavenworth, WA 98820
(509) 548-6880

Program Director: Tom Hogan

Number of Staff Members: 17

Populations Served:
- Chemically Dependent Males, 14-24 Years Old

Average Length of Program: 60 Days

Number of Clients Per Year: 90

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Service Projects
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Cross Country Skiing

Program Profile:
Circle S Recovery Ranch is for chemically dependent young men and is comprised of 315 acres. Circle S is an affiliate of Valley General Hospital, which has treated chemical dependency since 1973. The foundation of the Ranch's philosophy is the 12 steps of Alcoholics Anonymous.

Organization:
Clear Creek Youth Services
Youth Empowerment Program

Address and Phone Number:
P.O. Box 2000
Georgetown, CO 80444
metro 534-5777

Program Director: Kathy Delaney

Number of Staff Members: 1

Populations Served:
- Youth-At-Risk

Average Length of Program: Variable

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Biking
- Ropes Courses
- Backpacking
- Rappelling
- Canoeing/Rafting

Program Profile:
The Youth Empowerment Program (YEP) is a community-based, experiential education program for adolescents, grades 7 through 12. Youth receive school credit for participating in 75 hours of adventure-based activities held after-school, on weekends, and in the summer. YEP is partially funded by a grant from the Colorado Department of Health, Alcohol, and Drug Abuse Division.

Therapeutic Goals of the Program:
To serve Clear Creek County Youth by:
- Strengthening their social skills.
- Enhancing their self-esteem.
- Increasing the likelihood that they engage in healthy, positive behaviors.

Organization:
The Clearing

Address and Phone Number:
P.O. Box 97
Marshfield, VT 05658
(802) 426-3810

Program Director: Robert Belenky

Number of Staff Members: 1

Populations Served:
- Youth-At-Risk
- Sexual Victims
- Families
- Juvenile Corrections
- Sexual Perpetrators

Average Length of Program: 1 Day

Number of Clients Per Year: 120

Types of Adventure/Experiential Activities:
- Retreats - Counseling Camp

Program Profile:
The Clearing is a counseling camp for families who are experiencing stress. The Clearing provides a wide range of psychological services including mediation, assessment, and counseling.

Counseling Training and Education of Staff:
- Ph.D. - Psychology

Organization:
Colorado Outward Bound School
Health Services Program

Address and Phone Number:
945 Pennsylvania Street
Denver, CO 80203
(303) 831-6956

Program Director: Meg Ryan, M.S.W.

Number of Staff Members: 1 Full Time
30 Contractual

Populations Served:
- Youth-At-Risk
- Sexual Victims
- Families
- Addictions
- Sexual Perpetrators
- Terminally Ill Patients

Average Length of Program: 2 - 6 Days

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Service Projects
- Ropes Courses
- Backpacking
- Rappelling

Program Profile:
Outward Bound Health Services provide opportunities for participants to engage in challenging activities that reveal and magnify behavior and allow for on-the-spot feedback. The team initiatives and wilderness adventures are also designed to enhance confidence, trust, and responsibility.

Therapeutic Goals of the Program:
- To expand support systems.
- To gain new perspectives on life and self.
- To increase self-confidence.
- To gain new tools to achieve personal goals.
- To improve communication skills.
- To have a good time.

Counseling Orientation/Philosophy:
Adventure-based learning in a wilderness environment is used to create life changing experiences that empower students.

Counseling Training and Education of Staff:
- M.S.W.'s
- Ph.D.'s

Organization:
Cooperative Alternative School

Address and Phone Number:
340 Foreside Road
Falmouth, ME 04105
(207) 781-5013

Program Directors: Steve Garquilo
Lisa Kimball

Number of Staff Members: 3

Populations Served:
- Youth-At-Risk

Average Length of Program: Over a Month

Types of Adventure/Experiential Activities:
- Group Initiatives
- Urban Hiking
- Gardening
- Rock Climbing
- Service Projects

Program Profile:
The Cooperative Alternative School is a job-based program. Students work one week and attend school the next. Ropes courses, city paths and Audubon activities are used as part of the experiential program.

Therapeutic Goals of the Program:
- To assist students in improving their attitudes toward self, others, the educational environment and the learning process.
- To improve the students' ability in the basic skills of English, math, social studies, science, and health.
- To improve the students' ability to interact with their peer group and with the community in a positive manner.

Counseling Orientation/Philosophy:
- Re-creation of the family situation - issues and problems are dealt with as a "functional" family would deal with them.
- Guiding rather than pushing students.

Counseling Training and Education of Staff:
- On-the-Job Counseling Training
- M.A. and B.S. in Special Education.

Organization:
Cornerstone
(A Division of Profile Employee Assistance Program and A Member of the Penrose-St. Francis Healthcare System)

Address and Phone Number:
1014 N. Weber
Colorado Springs, CO 80903
(719) 634-1825

Program Coordinator: Stephanie Alexander

Number of Staff Members: 1

Populations Served:
- Youth-At-Risk
- Addictions
- Sexual Perpetrators
- School Groups
- Psychiatric Inpatient
- Sexual Victims
- EAP Client Groups

Average Length of Program: 1 Day

Number of Clients Per Year: 500

Types of Adventure/Experiential Activities:
- Group Initiatives
- Rock Climbing
- Caving
- Ropes Courses
- Rappelling
- Peak Ascents

Program Profile:
Cornerstone uses an experiential, small group approach to offer innovative programs which are tailored to meet the identified goals of the client group or organization. The activities are designed to focus on teambuilding, problem-solving, valuing diversity, and communication.

Therapeutic Goals of the Program:
Overall Goal -
- To empower people to make optimally effective choices in their personal and/or professional lives.

Objectives -
- To identify areas or issues that warrant change (i.e., substance abuse, incest, depression, low self-esteem).
- To identify skills needed to cope with personal issues.
- To teach people, based on their developmental level, the following skills: problem-solving sequences, decision-making styles, assertive listening, rules for feedback, stepping stones for trust building, support techniques, and how to set realistic goals.
- To use activities as metaphors and discuss how the experiences mirror problems and patterns faced at home or at work.

Counseling Orientation/Philosophy:
- Behavioral-Based and Changed-Oriented
- Use of a Variety of Treatment Modalities
- Small Group Dynamics
- Educate, Practice/Experience, Transfer
- Support and Enhance Learning, Not Advise, Coerce, or Demand

Counseling Training and Education of Staff:
- M.S.W.'s & Master's in Counseling
- At Least Two Years Experience Working with Groups
- Staff with Nonrelated Degrees- 5 Yeast Experience in Outdoor Field

---

Organization:
Corporate Excellence Outdoors, Inc.

Address and Phone Number:
P.O. Box 19623
Greensboro, NC 27419
(919) 292-0475

Program Director: Ray M. Rimmer

Number of Staff Members: 24

Populations Served:
- Youth-At-Risk
- Sexual Victims
- Violent/Assaultive Youth
- Juvenile Corrections
- Sexual Perpetrators

Average Length of Program: 1 Day

Number of Clients Per Year: 250

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses

Program Profile:
Corporate Excellence Outdoors, Inc. provides outdoor team challenge and personal development programs from half-day to two days in duration. The program serves corporations as well as non-profit, and youth groups.

Organization:
CPC Brea Canyon Hospital

Address and Phone Number:
875 North Brea Boulevard
Brea, CA 92621-2600
(714) 529-4000

Program Director: Bonnie Wiley, CTRS

Number of Staff Members: 9

Populations Served:
- Youth-At-Risk
- Addictions
- Sexual Perpetrators
- Psychiatric Inpatient
- Sexual Victims
- Psychiatric Day Treatment

Average Length of Program: 1 - 2 Weeks

Types of Adventure/Experiential Activities:
- Group Initiatives
- Low Ropes Course

Program Profile:
The Experiential Therapeutic Challenge Program at CPC Brea Canyon Hospital is carefully designed to challenge the patients cognitively, physically, socially, and emotionally. The program is a slow, sequential, and progressive approach that allows patients to learn, grow and have fun.

Organization:
Cradlerock Outdoor Network - Tools for Change

Address and Phone Number:
Box 1431
Princeton, NJ 08542
(609) 924-2919

Program Director: Warren P. Elmer

Number of Staff Members: 8

Populations Served:
- Youth-At-Risk
- Juvenile Corrections
- Addictions
- Terminally Ill Patients
- Learning Disabled
- Psychiatric Inpatient
- Adult Corrections
- Sexual Victims
- Developmentally Disabled
- Families

Average Length of Program: 1 - 2 Weeks

Number of Clients Per Year: 800

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Biking
- Ropes Courses
- Backpacking
- Rappelling
- Canoeing/Rafting

Program Profile:
Tools for Change is an innovative synthesis of experiential learning, structured group therapy, and outdoor adventure. Tools for Change promotes an environment of trust and cooperation in which participants have the opportunity to learn about themselves, experiment with different ways of relating to each other, and practice new coping skills.

Organization:
Dove Adventures

Address and Phone Number:
P.O. Box 84167
Fairbanks, AK 99708
(907) 479-0202

Program Director: David W. Hamilton

Number of Staff Members: 2

Populations Served:
- Youth-At-Risk
- Emotionally Impaired
- Juvenile Corrections

Average Length of Program: 30 Days

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rappelling
- Residential Camp
- Backpacking
- Service Projects

Program Profile:
This 30 day outdoor backpacking adventure is for youth who are adjudicated, socially maladjusted, emotionally impaired, drop-outs or at-risk. The program is designed to promote growth in self-esteem, interpersonal communication skills, leadership, and moral reasoning.

Organization:
Drive for Youth

Address and Phone Number:
10-18 Manor Gardens
London, England N767Y
071-281-7020

Program Director: Simon Newbronner

Number of Staff Members: 16

Populations Served:
- Unemployed Youth, 18 to 24 Year Olds

Average Length of Program: 22 Weeks

Number of Clients Per Year: 75

Types of Adventure/Experiential Activities:
- Group Initiatives
- Rock Climbing
- Service Projects
- Backpacking
- Rappelling

Program Profile:
Drive for Youth aims to motivate unemployed young people toward gaining a job or furthering their education. This 22-week residential personal development programme involves outdoor activities, home-based learning, and practical projects in the UK and overseas.

Therapeutic Goals of the Program:
- Enhanced self-awareness, self-esteem, and self-confidence.
- Overcoming emotional and behavioral difficulties preventing fulfillment of potential.
- Development of motivation and direction with regard to personal and career goals.

Counseling Orientation/Philosophy:
- A Rogerian Person Centered Approach
- Egan's Three Stage Model

Counseling Training and Education of Staff:
- Many staff have taken basic counseling courses.
- In-House Trainings

Organization:
Drug Action, Inc. - The Reach Program

Address and Phone Number:
2805 Industrial Drive
Raleigh, NC 27609
(919) 832-4453

Program Director: Timothy Fowler

Number of Staff Members: 2
12-15 Volunteers

Populations Served:
- Youth-At-Risk
- Addictions

Average Length of Program: 1 Day

Number of Clients Per Year: 1200

Types of Adventure/Experiential Activities:
- Group Initiatives
- Rock Climbing
- Camping
- Ropes Courses
- Canoeing/Rafting

Program Profile:
The Reach Program, operated by Drug Action, Inc., is aimed at developing life skills in adolescents to help them make responsible decisions. Outdoor experiential activities are designed to influence skills such as: problem-solving, trust development, self-esteem, and taking responsibility for oneself and others. Important insights about behavior gained from the adventure experience are applied to the client's everyday life problems.

Organization:
Eagle Village New Horizons Programs

Address and Phone Number:
8500 S. 170th Avenue
Hersey, MI 49639
(616) 832-2234

Program Director: Steve Prudhomme, M.A.

Number of Staff Members: 17

Populations Served:
- Youth-At-Risk
- Families

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 5000

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Backpacking
- Canoeing/Rafting
- Ropes Courses
- Residential Camp
- Rappelling

Program Profile:
Short-term diversionary and educational programs are offered which encourage both individual and group growth. Program options include specialized camping programs, family support programs, training seminars, and retreats.

Organization:
Eagleville Hospital

Address and Phone Number:
P.O. Box 45
100 Eagleville Road
Eagleville, PA 19408
(215) 539-6000

Program Director: David Ruminski

Number of Staff Members: 25

Populations Served:
- Addictions

Average Length of Program: 2 - 4 Weeks

Number of Clients Per Year:

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses

Program Profile:
Eagleville Hospital is an acute care drug and alcohol treatment hospital that uses a treatment philosophy centered around the disease model of addiction. Extensive activity-based therapy services are provided. Adventure activities are designed to support recovery themes and issues, and to interface with the 12 Step Program.

Organization:
Eastern Navajo Mountain High Program

Address and Phone Number:
P.O. Box 1
Fort Wingate, NM 87316
(505) 488-5694

Program Director: John Blomquist

Number of Staff Members: 16 in Summer
2 in Winter

Populations Served:
- Youth-At-Risk
- Families

Average Length of Program: 2 Days - 2 Weeks

Number of Clients Per Year: 600

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Peak Climbs
- Ropes Courses
- Backpacking
- Rappelling
- Service Projects

Program Profile:
The Eastern Navajo Mountain High Program is an adventure-based challenge program designed to challenge youth in the areas of trust, teamwork, problem, individual and group initiative, and patience. The Eastern Navajo Mountain High Program is sponsored by the Office of Indian Education Programs and sixteen supporting schools in the Eastern Navajo Agency.

Organization:
Eckerd Alternative Treatment Program

Address and Phone Number:
100 N. Starcrest Drive
P.O. Box 7450
Clearwater, FL 34618-7450
(813) 461-2990

Populations Served:
- Behaviorally and Emotionally Handicapped Youth
- Sexual Victims and Perpetrators
- Families of Participating Youth

Average Length of Program: 14 Months

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Canoeing/Rafting
- Tent Construction
- Ropes Courses
- Backpacking
- Service Projects

Program Profile:
The Eckerd Alternative Treatment program is a year-round residential treatment for emotionally troubled youth that offers a low cost alternative to hospitalization. The Eckerd Wilderness Educational System exists for the purpose of meeting the needs of children who exhibit impaired behavior and a lack of social skills that keep them from functioning successfully within the social contexts of family, school, and community. The program, by design, offers an alternative approach to re-education which is developed from an ecological perspective. Central to this perspective is the belief that learning involves changing attitudes and behavior as well as acquiring knowledge and skills.

Therapeutic Goals of the Program:
- Self-Esteem Promotion
- Interpersonal Competence
- Success in School
- Positive Involvement with Family and the Community

Counseling Orientation/Philosophy:
- Reality Therapy
- Behavior Modification
- Person-Centered Counseling
- Group Dynamics

Organization:
Educational Programs Division
Daniel Webster Council - Boy Scouts of America

Address and Phone Number:
571 Holt Avenue
Manchester, NH 03105
(603) 625-6431

Program Director: Tom Doherty, ACSW

Number of Staff Members: 4 Full Time
30 Part Time

Populations Served:
- Youth-At-Risk
- Students at Risk of Dropping Out
- Students Dealing with Drug or Alcohol Addictions
- Educational Coded Students

Average Length of Program: 9 Months

Number of Clients Per Year: 300

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Canoeing/Rafting
- Winter Camping
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Biking
- Ice Fishing
- Service Projects

Program Profile:
The Educational Division provides 9-month programs for students-in-need in New Hampshire. The program follows students throughout the school year. Adventure trips are provided monthly and support groups meet biweekly.

Organization:
Education Resource Network

Address and Phone Number:
Box 8068
Ft. Collins, CO 80526
(303) 229-1431

Program Director: John Foster

Number of Staff Members: 2 Full Time
3 Part Time

Populations Served:
- Youth-At-Risk
- Developmentally Disabled
- Families

Average Length of Program: 2-6 Days

Number of Clients Per Year: 2000

Types of Adventure/Experiential Activities:
- Group Initiatives
- Backpacking
- Biking
- Canoeing/Rafting
- Ropes Courses
- Rock Climbing
- Service Projects

Program Profile:
The Education Resource Network (ERN) is a non-site based organization which provides professional services to clients interested in more effective education systems. Services include program development, specialized instruction, and leadership training. The ERN seeks to use facilities and resources paid for by public funds (e.g., national parks, community centers, etc.) as sites for program events.

Organization:
Edwin Shaw Hospital

Address and Phone Number:
1621 Flickinger Road
Akron, OH 44312
(216) 784-1271

Program Director: Kathy Burgess

Number of Staff Members: 4

Populations Served:
- Adult Addictions
- Physical Rehabilitation
- Adolescent Addictions
- Long Term Care

Average Length of Program: 2 Weeks - Over a Month

Number of Clients Per Year:

Adult Addictions -	100 to 150
Adolescent Addictions -	70 to 80
Physical Rehabilitation -	150 to 200

Types of Adventure/Experiential Activities:
- Relaxation Therapy
- Gym Sessions
- Arts and Crafts
- Leisure Education

Therapeutic Goals of the Program:

Adult Addictions
- To provide opportunities for planning leisure time pursuits.

Adolescent Addictions
- To explore alternative methods for dealing with anger, anxiety, and depression.
- To explore oneself through creative activities.
- To increase understanding of the need for leisure.

Physical Rehabilitation
- To provide treatment based on individual assessment.
- To focus on the physical, social, and emotional well being of each client.

Organization:
Elon Homes For Children

Address and Phone Number:
P.O. Box 157
Elon College, NC 27244
(919) 584-0091

Program Director: Tom Culver

Number of Staff Members: 100

Populations Served:
- Youth-At-Risk
- Sexual Victims
- Developmentally Disabled
- Juvenile Corrections
- Sexual Perpetrators
- Families

Average Length of Program: Over a Month

Number of Clients Per Year: 250

Types of Adventure/Experiential Activities:
- Group Initiatives
- Backpacking
- Residential Camp
- Service Projects

Program Profile:
Elon Homes for Children is a multi-service agency with residential group care in two settings. The children, many who have been abused or neglected, are guaranteed professional care, individual planning, and contemporary programming.

Organization:
Emerson A North Hospital

Address and Phone Number:
5642 Hamilton Avenue
Cincinnati, OH 45224
(513) 541-0135

Program Director: Paul Myers

Number of Staff Members: 2 Full Time
24 Part Time

Populations Served:
- Youth-At-Risk
- Juvenile Corrections
- Sexual Victims
- Families
- Psychiatric Inpatient
- Addictions
- Sexual Perpetrators
- Physically Handicapped

Average Length of Program: 1 Day (Nonpatient)
2-4 Weeks (Patient)

Number of Clients Per Year: 1000 (Patient)

Types of Adventure/Experiential Activities:
- Group Initiatives
- Rappelling
- Ropes Courses

Program Profile:
Emerson A North is a 95 bed, free-standing psychiatric facility with 5 separate inpatient units, day treatment and partial hospitalization programs. Experiential Therapy is ordered by physicians for 90 to 95% of all patients. Psychiatrists and Ph.D. psychologists provide clinical supervision to Experiential Therapy staff.

The Avanti Center at Emerson A North Hospital provides non-patient services (ropes course and camp-like programs) to schools, churches, social service agencies. An accessible challenge course is also available for individuals with physical, mental, and emotional handicapping conditions.

Organization:
Envision Expeditions

Address and Phone Number:
Box 22724
Santa Fe, NM 87502-2742
(505) 988-4134

Program Directors: Howard Passell
Nurit Walsky

Number of Staff Members: 4

Populations Served:
- Youth-At-Risk
- Juvenile Corrections
- Sexual Victims
- Families
- Psychiatric Inpatient
- Addictions
- Sexual Perpetrators
- Developmentally Disabled

Average Length of Program: 1 - 2 Weeks

Number of Clients Per Year: 500

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Ropes Courses
- Backpacking
- Rappelling
- Service Projects

Organization:
Excel School

Address and Phone Number:
304 E. Pershing Street
Springfield, MO 65806
(417) 868-4155

Program Director: Charlotte Thomas

Number of Staff Members: 10

Populations Served:
- Youth-At-Risk
- Juvenile Corrections

Average Length of Program: Over a Month

Number of Clients Per Year: 50

Types of Adventure/Experiential Activities:
- Group Initiatives
- Backpacking
- Canoeing/Rafting
- Ropes Courses
- Rappelling

Program Profile:
Excel School is a day treatment program jointly funded by the State of Missouri Division of Youth Services and the Green County Court System. At-risk youth are identified in one of two ways: 1) they are close to being committed to a residential treatment program, or 2) they are being released from a residential program and are in need of a transitional program.

Organization:
Experiential Learning Center - Birmingham Schools

Address and Phone Number:
20500 W. 15 Mile Road
Birmingham, MI 48025
(313) 433-8775

Program Director: Jim Moll

Number of Staff Members: 4 Full Time
6 Part Time

Populations Served:
- Youth-At-Risk
- Families
- Mainstream Students

Average Length of Program: 1 Day - 4 Weeks

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Winter Camping
- Urban Experiences
- Ropes Courses
- Backpacking
- Rappelling
- Dogsledding
- Service Projects

Program Profile:
The Experiential Learning Center is an integral part of the Birmingham Schools. Having served over 5600 students in its first three years, the Center uses a variety of approaches to bring experience-based learning to both students and staff.

Therapeutic Goals of the Program:
- To promote an enhanced concern for fellow human beings.
- To promote the ability to work smoothly with others.
- To promote realistic attitudes toward others.
- To value self-motivation as a way to learn and grow.
- To increase a sense of competence, self-esteem, confidence, and self-awareness.
- To increase a sense of responsibility to a group or class.
- To value risk-taking and be open to new experiences.
- To increase a sense of usefulness to a larger community.
- To gain skills needed for effective problem-solving
- To promote assertiveness and independence.

Counseling Training and Education of Staff:
- Director - M.A. in Guidance and Counseling
- Staff Degreed in Special Education, Science, Social Sciences, and Public Administration

---

Organization:
Fairbridge

Address and Phone Number:
202 Lambeth Road
London, England SE1 7JW
071 928 1704

Program Director: David James

Number of Staff Members: 130

Populations Served:
- Youth-At-Risk
- Developmentally Disabled
- Juvenile Corrections

Average Length of Program: 1 - 2 Weeks

Number of Clients Per Year: 12,000

Types of Adventure/Experiential Activities:
- Groups Initiatives
- Wilderness Trips
- Backpacking
- Rappelling
- Biking
- Ropes Courses
- Residential Camp
- Rock Climbing
- Canoeing/Rafting
- Service Projects

Program Profile:
Fairbridge works from 13 inner city centres nationwide. Fairbridge provides youth-at-risk with high impact, progressive, and structured programmes designed to assist them in achieving unexpected success levels. A combination of adventure outdoor activities, conservation and community projects, and a comprehensive support network instill a sense of self-belief and encourage the youth to use their time constructively.

Organization:
First Presbyterian Church - Youth Ministry Program

Address and Phone Number:
500 Park Street
Charlottesvillle, VA 22902
(804) 296-7131

Program Director: Jay Sanderford

Number of Staff Members: 1 Full Time
15 Volunteers

Populations Served:
- Youth-At-Risk
- "Healthy" Adolescents
- Families

Average Length of Program: 2 - 6 Days

Types of Adventure/Experiential Activities:
- Groups Initiatives
- Wilderness Trips
- Backpacking
- Rappelling
- Service Projects/Mission Trips
- Ropes Courses
- Residential Camp
- Rock Climbing
- Canoeing/Rafting

Program Profile:
The Youth Ministry Program of the First Presbyterian Church uses a variety of creative experiential learning and service/mission programming to meet the spiritual, social, physical, and psychological needs of teenagers and their families. A creative therapeutic model, small groups, and cooperative learning are used to increase the self-esteem, a sense of wonder, interpersonal, and spiritual development of teens and their families. The Youth Ministry Program acts as a "prevention program" for well-adjusted adolescents, an education and resource center for parents and families, and a therapeutic program for a small number of at-risk adolescents.

Organization:
Foothill College - Peer Outreach

Address and Phone Number:
12345 El Monte
Los Altos Hills, CA 94022
(415) 949-7634

Program Director: Susi Kohan

Number of Staff Members: 4

Populations Served:
- Youth-At-Risk
- Leaning Disabled Youth
- English as a Second Language (ESL)
- Developmentally Disabled

Number of Clients Per Year: 100

Types of Adventure/Experiential Activities:
- Group Initiatives
- Service Projects

Program Profile:
Peer Outreach is housed in Foothill College, a community college, and serves a tri-city area. The outreach efforts include tutoring and mentoring students, 6th grade through community college level. Special target groups include learning disabled, English as a second language, and socially and academically impaired students.

Organization:
For Love of Children Outdoor Education Center (FLOC)

Address and Phone Number:
1711 14th Street N.W.
Washington, D.C. 20009
(202) 462-8686

Program Director: Nancy Vanscoyoc

Number of Staff Members: 8

Populations Served: Youth-At-Risk

Average Length of Program: 2 - 3 Days

Number of Clients Per Year: 200

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Service Projects
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting

Therapeutic Goals of the Program:
- To provide opportunities for D.C. youth to experience themselves as worthwhile persons . . . responsible to themselves and others, gifted, creative, caring, and competent.
- To guide and support youth in setting goals for personal development and to give them support in working toward their goals.
- To work with the youth's families and help them support their children's development, creating a family climate that enables the youth's growth.
- To inspire community support for FLOC's objectives and to partner with the community in discovering/providing resources for this work.

Organization:
Four Winds, Inc.

Address and Phone Number:
P.O. Box 7844
Santa Rosa, CA 95407
(707) 576-8022

Program Director: Chris Pack
Sally Churgel

Number of Staff Members: 20

Populations Served:
- Youth-At-Risk
- School Groups
- Peer Helpers
- Families
- Student Leaders
- Support Groups

Average Length of Program: 1 Day

Number of Clients Per Year: 2000

Types of Adventure/Experiential Activities:
- Group Initiatives
- Rock Climbing
- Creative Expression
- Ropes Courses
- Rappelling
- Ceremony

Program Profile:
Four Winds, Inc. offers innovative, custom-designed experiential programs based on the principles of partnership, ownership, relationship, membership, and stewardship. Programs are a stimulating blend of ropes course elements, creative expression, expert presentations, and candid dialogue. Staff members have expertise in education, psychology, management development, and adventure program design.

Organization:
Fredrick Douglass Middle School

Address and Phone Number:
940 Fernwood Park
Rochester, NY 14609
(716) 482-2000

Program Director: John Campbell

Number of Staff Members: 3

Populations Served:
- Youth-At-Risk
- Developmentally Disabled

Average Length of Program: 1 Day

Number of Clients Per Year: 300

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses

Organization:
Ft. Miley 4-H Adventure Ropes Course

Address and Phone Number:
P.O. Box 16156
San Francisco, CA 94116
(415) 469-7277

Program Coordinator: Ronnie Ann Smith

Number of Staff Members: 1

Populations Served:
- Youth-At-Risk
- Disabled Groups
- Addictions
- Disadvantaged Youth

Average Length of Program: 1 Day

Number of Clients Per Year: 1400

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses

Program Profile:
The Ft. Miley 4-H Adventure Ropes Course Program provides an urban outdoor adventure to youth, adults, and special populations. The 4-H Club serves those who lack easy access to outdoor adventure opportunities, especially disadvantaged youth. The program's objectives include developing trust, self-confidence, and group cooperation.

Therapeutic Goals of the Program:
The 4-H Club's goals are not specifically therapeutic although the program is used by the therapeutic community to build self-esteem, group cooperation, and communication skills.

Counseling Training and Education of Staff:
Many of the 4-H Club's volunteer leaders are professionally trained in fields pertaining to the therapeutic community.

Organization:
George Junior Republic in Pennsylvania

Address and Phone Number:
Box 471
Grove City, PA 16127
(412) 458-9330 ext. 248

Program Director: Jeff Liddle

Number of Staff Members: 7 - 10

Populations Served:
- Youth-At-Risk
- Addictions
- Sexual Perpetrators
- Juvenile Corrections
- Sexual Victims
- Developmentally Disabled

Average Length of Program: Over a Month

Number of Clients Per Year: 800 - 1000

Types of Adventure/Experiential Activities:
- Group Initiatives
- Rock Climbing
- Ropes Courses
- Rappelling

Program Profile:
George Junior is a 400 bed residential treatment community serving dependent and delinquent juvenile males. A 52 element indoor ropes course and climbing wall serve as the activity based. Youth participate in the adventure-based counseling program as one aspect of the George Junior Republic treatment model.

Therapeutic Goals of the Program:
Participants will develop an:
- Increased level of self-confidence and self-esteem by setting and achieving goals.
- Increased problem-solving/decision-making ability as a result of overcoming obstacles.
- Increased ability to communicate in a positive manner.
- Increased willingness to accept responsibility for their actions.
- Increased ability to deal appropriately with stressful situations.
- Increased understanding of trust as a result of supportive communication and physical reliance during the activities.

Counseling Orientation/Philosophy:
Behavior Modification (positive and negative point system)

Counseling Training and Education of Staff:
- Program Director - M.S. in Recreation & Leisure Studies
- Group Workers - M.S. in Counseling, M.S.W., Drug and Alcohol Specialists, B.S.'s in various majors
- Course Facilitators - Undergraduate Work in various majors

Organization:
George Williams College
Outdoor Wisconsin Leadership School

Address and Phone Number:
P.O. Box 210
Williams Bay, WI 53191
(414) 245-5531

Program Director: Rob Rubendall

Number of Staff Members: 7

Populations Served:
- Youth-At-Risk
- Families
- Addictions
- Developmentally Disabled

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 2500

Types of Adventure/Experiential Activities:
- Group Initiatives
- Rock Climbing
- Sailing
- Ropes Courses
- Rappelling

Program Profile:
The Outdoor Wisconsin Leadership School (OWLS) at George Williams College offers custom-designed one day and overnight programs to youth and adult treatment populations. The purpose of the program is to enable people to grow by creating experiences that foster insight and skill development. OWLS encourages the application of these experiences to promote a healthier, more fulfilling and productive community.

Therapeutic Goals of the Program:
Specific goals and objectives are worked out collaboratively with the client group.

Counseling Orientation/Philosophy:
- Challenge by Choice
- Self-Discovery
- Focus on the Social Skills of Trust, Respect, Responsibility for Ones Own Behavior, Adherence to Rules, Commitment to the Task, and Honesty.

Counseling Training and Education of Staff:
- Staff - Basic College Level Psychology Courses
- OWLS relies on the counselors from the participating groups to have an in-depth counseling background relevant for the client group.

Organization:
Georgia College - Psychology Department

Address and Phone Number:
CPO 90
Milledgeville, GA 31061
(912) 453-5120

Program Director: Lee Gillis, Ph.D.

Number of Staff Members: Varies

Populations Served:
- Youth-At-Risk
- Juvenile Corrections
- Addictions
- College Students
- Psychiatric Inpatient
- Adult Corrections
- Families

Average Length of Program: Varies

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses

Program Profile:
The primary work of Georgia College's Psychology Department is consultation and research on adventure-based counseling. To date, the program has worked with Project Adventure and the Georgia Department of Corrections. Groups are conducted for faculty, college students and the families of freshmen. A course is also taught on the therapeutic use of adventure.

Therapeutic Goals of the Program:
- Match client resources with activities for maximum benefit.
- Utilize what the clients bring to the program.
- Assess client strengths and weaknesses.
- Educate students and clients about the benefits of adventure therapy.

Counseling Orientation/Philosophy:
- Systems/Solution Focused/Brief Therapy

Counseling Training and Education of Staff:
Director
- Ph.D. in Counseling Psychology
- Licensed Psychologist
- Licensed Marriage and Family Therapist
- 15 Years of Therapeutic Adventure Application

Organization:
Girls' Adventure Trails

Address and Phone Number:
3626 Cole Avenue
Dallas, TX 75204
(214) 522-9200

Program Director: Julie G. Thorpe

Number of Staff Members: 11

Populations Served:
- Youth-At-Risk
- Families

Average Length of Program: Over a Month

Number of Clients Per Year: 200

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Ropes Courses
- Backpacking

Program Profile:
Girls' Adventure Trails, Inc. is a prevention and early intervention service organization whose mission is to empower youth and their families to discover creative and effective solutions to the challenges of life through counseling, education, and experiential activities. Girls' Adventure Trails offers counseling to families, support group meetings, therapeutic wilderness trips, family enrichment retreats, ropes course experiences, and community service programs for schools, agencies, and churches.

Counseling Training and Education of Staff:
- Certified Social Workers
- Advanced Clinical Practitioners
- Licensed Professional Counselors
- Licensed Psychologists
- Licensed Child Care Administrators

Organization:
Graysville Youth Camp

Address and Phone Number:
P.O. Box 159
Graysville, TN 37338
(615) 775-5757

Program Director: Kenneth M. Block

Number of Staff Members: 34

Populations Served:
- Youth-At-Risk
- Families
- Juvenile Corrections

Average Length of Program: 14 Months

Number of Clients Per Year: 40

Types of Adventure/Experiential Activities:
- Groups Initiatives
- Wilderness Trips
- Backpacking
- Rappelling
- Service Projects
- Native American Ceremonies
- Ropes Courses
- Residential Camp
- Rock Climbing
- Canoeing/Rafting
- Caving

Program Profile:
Graysville Youth Camp (GYC) is a year-round therapeutic treatment facility. GYC offers at-risk youth an alternative to incarceration or hospitalization and helps facilitate reintegration with the natural family or other community placement. Services include an accredited school program, individual and family counseling, therapeutic adventure programing, and inservice training.

Organization:
Great Hollow Wilderness School - Wesleyan University

Address and Phone Number:
212 College Street
Middletown, CT 06457
(203) 347-9411 ext. 2516

Program Director: Peter Budryk

Number of Staff Members: 10 - 75

Populations Served:
- Youth-At-Risk
- Addictions
- Adult Corrections
- Families

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 1200

Types of Adventure/Experiential Activities:
- Groups Initiatives
- Wilderness Trips
- Backpacking
- Rappelling
- Service Projects
- Orienteering
- Ropes Courses
- Residential Camp
- Rock Climbing
- Canoeing/Rafting
- Caving

Program Profile:
Established by Wesleyan University, Great Hollow Wilderness School is dedicated to the growth of individuals through the development of outdoor skills, self-knowledge and group awareness.

Organization:
Green Oaks

Address and Phone Number:
7808 Clodus Fields Drive
Dallas, TX 75251
1-800-866-6554

Program Director: Matt Dean

Number of Staff Members: 2

Populations Served:
- Psychiatric Inpatient
- Families
- Addictions
- Community Groups

Average Length of Program: 2 - 4 Weeks

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses

Program Profile:
The Green Oaks ropes course was built by Project Adventure and offers both outdoor and indoor courses. Hospital groups as well as community groups are served by the ropes course.

Counseling Training and Education of Staff:
- Certified Therapeutic Recreational Specialist
- Occupational Therapist

Organization:
Griffith Center

Address and Phone Number:
P.O. Box 95
Larkspur, CO 80118
(303) 681-2400

Executive Director: Bob Over

Program Director: Howard Shuffman

Number of Staff Members: 45+

Populations Served:
- Youth-At-Risk
- Addictions
- Sexual Perpetrators
- Developmentally Disabled
- Juvenile Corrections
- Sexual Victims
- Emotionally Disturbed
- Families

Average Length of Program: Over a Month

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Ropes Courses
- Backpacking
- Biking
- Service Projects
- Canoeing/Rafting

Organization:
Groupworks

Address and Phone Number:
427 South 150 West
Cedar City, UT 84720
(801) 586-5184

Program Director: Anne P. Smith

Number of Staff Members: 1

Populations Served:
- Youth-At-Risk
- Addictions
- Sexual Perpetrators
- Women
- Juvenile Corrections
- Sexual Victims
- Families
- Prevention Groups

Average Length of Program: 1 Day

Number of Clients Per Year: 300 - 500

Types of Adventure/Experiential Activities:
- Group Initiatives
- Low Ropes Course

Program Profile:
Groupworks provides adjunctive therapeutic services to a large, sparsely populated rural area. Groupwork seeks to bring low cost, low risk alternatives to southwestern Utah. Equipment is portable and designed to be used to both indoor and outdoor environments.

Counseling Training and Education of Staff:
- Certified Therapeutic Recreation Specialist

Organization:
Hampstead Hospital

Address and Phone Number:
East Road
Hampstead, NH 03841
(603) 329-5311

Program Directors: Doug Thorp
Lisa Gott

Number of Staff Members: 2

Populations Served:
- Youth-At-Risk
- Addictions
- Sexual Perpetrators
- Psychiatric Inpatient
- Sexual Victims

Average Length of Program: 2 Days - 1 Week

Number of Clients Per Year: 250

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses

Organization:
Heights Psychiatric Hospital

Address and Phone Number:
103 Hospital Loop NE
Albuquerque, NM 87109
(505) 883-8777

Program Director: Mark Walch, M.A.

Number of Staff Members: 4

Populations Served:
- Youth-At-Risk
- Addictions
- Community Groups
- Psychiatric Inpatient
- Families
- School Groups

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 1000

Types of Adventure/Experiential Activities:
- Group Initiatives
- Backpacking
- Rappelling
- Ropes Courses
- Rock Climbing

Therapeutic Goals of the Program:
Goals are flexible to meet the needs of the presenting group. The generic goals are:
- Self-Esteem Enhancement
- Community Building
- Team Cohesion
- Insight-Oriented Processing
- Responsibility
- Choice
- Mastery
- Empowerment

Counseling Orientation/Philosophy:
- Psychodynamic Training and Orientation Toward Group and Individual Development
- Group Therapists, First; Outdoor Leaders, Second

Counseling Training and Education of Staff:
- Master's Degrees in Counseling, Social Work, Psychology
- Weekly Supervision

Organization:
High Challenge, Inc.

Address and Phone Number:
P.O. Box 555
Pleasant Grove, UT 84062
(801) 785-5951

Program Director: L. Cameron Mosher, Ph.D.

Number of Staff Members: 12

Populations Served:
- Youth-At-Risk
- Juvenile Corrections
- Addictions
- Sexual Perpetrators
- Psychiatric Inpatient
- Adult Corrections
- Sexual Victims
- Families

Average Length of Program: 1 Day

Number of Clients Per Year: 600

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Ropes Courses

Program Profile:
High Challenge experiential therapy programs assist participants in building self-esteem, self-confidence, self-awareness, and interpersonal bonding, improving communication, and resolving conflicts. Competent facilitators provide "get real" experiences that help participants break through denial, face self-honesty, develop trust, and move forward in their treatment. High Challenge works adjunctively with agencies, clinics, counselors, and hospitals.

Organization:
Higher Ground

Address and Phone Number:
513 Forest Avenue
Richmond, VA 23229
(804) 282-6766

Program Director: John A. Hugo, Ph.D.

Number of Staff Members: 4

Populations Served:
- Youth-At-Risk
- Couples
- Psychiatric Outpatients
- Addictions
- Families

Average Length of Program: 2 - 6 Days

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses
- Residential Camp
- Canoeing/Rafting

Program Profile:
Higher Ground is a residential experiential education center located in rural central Virginia. Two and three day adventure-based offerings include: programs for adolescents and adults in treatment, workshops in substance abuse, and special education programs.

Organization:
Hillcrest Educational Centers, Inc.

Address and Phone Number:
Box 4699
Pittsfield, MA 01202
(413) 499-7924 ext. 29

Program Director: Richard Hohlstein

Number of Staff Members: 32

Populations Served:
- Youth-At-Risk
- Sexually Abused
- Emotionally Disturbed
- Developmentally Disabled

Average Length of Program: Over a Month

Number of Clients Per Year: 160

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses

Program Profile:
Hillcrest Educational Centers, Inc. is a residential treatment center consisting of four campuses:
- Hillcrest Center, Lenox, Ma.- for sexually and physically abused children, ages 6-16.
- Highpoint School, Lenox, Ma. - for mildly retarded and emotionally disturbed male adolescents.
- Springside Manor, Pittsfield, Ma. - for emotionally disturbed female adolescents.
- Brookside School, Great Barrington, Ma. - for emotionally disturbed male adolescents.

Each campus has:
- A low and high ropes course
- Weekly group treatment in the Adventure Program
- Longitudinal program efficacy studies
- A full time program coordinator
- Weekly adventure-based counseling meetings
- Monthly all day trainings in adventure-based counseling
- Extensive liaison with the staff clinical team

Organization:
Hillside Hospital

Address and Phone Number:
690 Courtenay Drive NE
Atlanta, GA 30306
(404) 876-1140

Program Director: Marshall Siler

Number of Staff Members: 4

Populations Served: Psychiatric Inpatient

Average Length of Program: Over a Month

Number of Clients Per Year: 50

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses

Program Profile:
Hillside Hospital is an adolescent psychiatric treatment center. The Experiential Therapy program is a new addition to the Activity Therapy Services Program. The Experiential Therapy Program will reach a majority of the 60 live-in patients.

Therapeutic Goals of the Program:
To integrate a long-term ropes course program into the master treatment plan for each patient.

Counseling Orientation/Philosophy:
The Experiential Learning Cycle (Activity, Discussion, Integration, Application) is used as the model for conducting therapeutic challenge programs.

Counseling Training and Education of Staff:
- Master's in Education
- Outward Bound Semester Course

Organization:
Hope Center

Address and Phone Number:
P.O. Box 760
Groveton, TX 75845
(409) 642-2384

Program Director: Jeff Jamar

Number of Staff Members: 85

BEST COPY AVAILABLE

Populations Served:
- Youth-At-Risk
- Juvenile Corrections
- Sexual Perpetrators
- Families
- Psychiatric Inpatient
- Sexual Victims
- Addictions

Average Length of Program: Over a Month

Number of Clients Per Year: 120

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Service Projects
- Wilderness Trips
- Backpacking

Program Profile:
The Hope Center Wilderness Programs employ a multifaceted approach to therapy that allows the teenager to learn acceptable behaviors in a safe environment away from the negative influences that have triggered past undesirable actions. The adolescents, many who are victims of physical and sexual abuse and are often high risk candidates for drug/alcohol abuse, are challenged to fulfilled their needs while applying moral principles which are for the common good.

Counseling Orientation/Philosophy:
- Reality Therapy

Organization:
Hurricane Island Outward Bound School

Address and Phone Number:
P.O. Box 429
Rockland, ME 04841
(207) 594-1401

Program Director: Joan Welsh

Number of Staff Members: About 750

Populations Served:
- Youth-At-Risk
- Families
- Juvenile Corrections
- Vietnam Veterans

Number of Clients Per Year: 5000 - 6000

Types of Adventure/Experiential Activities:
- Groups Initiatives
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Sea Kayaking
- Ropes Courses
- Backpacking
- Rappelling
- Sailing
- Service Projects

Program Profile:
The Hurricane Outward Bound School helps people discover and act upon their strengths. The wilderness courses challenge participants to develop their personal resources and form new perspectives through cooperating with others and making consequential decisions. Outward Bound believes that learning most often occurs when people are encouraged in a group to explore new areas of capability and when they are asked to be of service to others. In the words of Kurt Hahn, the founder of Outward Bound, "the aim of education is to impel people into value-forming experiences."

Organization:
Hurricane Island Outward Bound School - STEP

Address and Phone Number:
2200 Bell River Estate Road
Rt. 2, Box 237-E
Yulee, FL 32097

Program Director: Robert Norbie

Number of Staff Members: 13 Full Time
45 Seasonal

Populations Served: Adjudicated Youth

Average Length of Program: 28 Days

Number of Clients Per Year: 308 Contracted

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rappelling
- Canoeing/Rafting
- Ropes Courses
- Rock Climbing
- Service Projects

Program Profile:
STEP is a program contracted through the Florida Department of Health and Rehabilitative Services. STEP provides service to committed delinquent youth. Ages of the youth range from 13 to 17. Hurricane Island Outward Bound School, through STEP, provides a stress-oriented, short term, intensive program based on the philosophy of Outward Bound. The course components are orientation, the Outward Bound course, and debrief and graduation.

Organization:
Inner Harbour Hospitals, Ltd.

Address and Phone Number:
4685 Dorsett Shoals Road
Douglasville, GA 30135
(404) 942-2391

CEO: Tony Mobley

Number of Staff Members: 300+

Populations Served:
- Youth-At-Risk
- Juvenile Corrections
- Sexual Victims
- Families
- Psychiatric Inpatient
- Addictions
- Sexual Perpetrators

Average Length of Program: Over a Month

Number of Clients Per Year: 250

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Services Projects
- Horsemanship
- Art Therapy
- Ropes Courses
- Backpacking
- Rappelling
- Canoeing/Rafting
- Vocational Arts

Program Profile:
Inner Harbour Hospitals are private, not-for-profit, specialized psychiatric hospitals for the treatment of children and youth. The hospitals integrate Experiential Modules with the education and therapy to provide individuals with opportunities to confront and resolve problems and to make choices.

Therapeutic Goals of the Program:
To return each patient to their home environment so that they can function as an effective family and community member.

Counseling Orientation/Philosophy:
Determined By Each Treatment Team

Counseling Training and Education of Staff:
Treatment Team - Psychiatrists, Psychologists, R.N.'s L.C.S.W.'s, M.S.W.'s and Therapeutic Recreation Specialists

---

Organization:
Institute for Alternative Opportunities

Address and Phone Number:
30069 Canvasback Drive
Campo, CA 91906
(619) 491-1694

Program Director: Doug Dalquist

Number of Staff Members: 2

Populations Served: Youth-At-Risk

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 500

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Sailing
- Ropes Courses
- Backpacking
- Rappelling

Program Profile:
The Institute for Alternative Opportunities provides one to seven day wilderness experiences, urban initiative programs, on-site experiential programs, and teacher training. High impact experiences along with advanced preparation and subsequent debriefing, are designed to be integrated into existing school programs.

Therapeutic Goals of the Program:
To promote self-esteem, trust and responsibility in "at risk" (most commonly through drug use) youth.

Counseling Orientation/Philosophy:
Physical action produces results in personal growth areas.

Counseling Training and Education of Staff:
- College Education

Organization:
The Institute for Creative Living

Address and Phone Number:
3630 Fairmount Boulevard
Cleveland, OH 44118
(216) 932-3785

Program Director: Gary Klein

Number of Staff Members: 18

Populations Served:
- Youth-At-Risk
- Addictions
- Developmentally Disabled
- Juvenile Corrections
- Families

Average Length of Program: 2 - 6 Days

Types of Adventure/Experiential Activities:
- Groups Initiatives
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Ropes Courses
- Backpacking
- Rappelling
- Service Projects

Program Profile:
The Institute for Creative Living provides drug and substance abuse prevention and intervention services for schools, hospitals, and other social service agencies. Programs include low level and high ropes initiatives, wilderness education, outdoor skills seminars, and community service projects. Programs are tailored to the agency clients' treatment goals.

Organization:
Iredell

Address and Phone Number:
P.O. Box 788
Statesville, NC 28677
(704) 878-3103

Program Director: Karen Nicholson

Number of Staff Members: 21 Part Time

Populations Served:
- Youth-At-Risk
- Families
- Juvenile Corrections
- Developmentally Disabled

Average Length of Program: 1 Day - 2 Weeks

Number of Clients Per Year: 150 - Camps
4000 - Ropes Course

Types of Adventure/Experiential Activities:
- Group Initiatives
- Rock Climbing
- Canoeing/Rafting
- Ropes Courses
- Rappelling
- Service Projects

Program Profile:
Iredell is a county recreation department with an Outdoor Education Program. Iredell operates a day camp for children 6 to 12 years old, an adventure camp for children 10 to 16 years old, and a high and low ropes challenge course.

Organization:
Iron Oaks Adventure Center

Address and Phone Number:
2453 Vollmer Road
Olympia Fields, IL 60461
(708) 481-2330

Program Director: Tim Rhodes

Number of Staff Members: 12

Populations Served:
- Youth-At-Risk
- Juvenile Corrections
- Addictions
- Psychiatric Inpatient
- Adult Corrections
- Developmentally Disabled

Average Length of Program: 1 Day

Number of Clients Per Year: 12,536

Types of Adventure/Experiential Activities:
- Group Initiatives
- Rock Climbing
- Service Projects
- Ropes Courses
- Rappelling
- Canoeing/Rafting

Program Profile:
Groups progress through increasingly complex adventure activities designed to require cooperation and effort to accomplish.

Organization:
Jefferson Hospital Ropes Program

Address and Phone Number:
2700 River City Park Road
Jeffersonville, IN 47130
1-800-343-6722

Program Director: Jed S. Johnson

Number of Staff Members: 12

Populations Served:
- Youth-At-Risk
- Addictions
- Sexual Perpetrators
- Psychiatric Inpatient
- Sexual Victims
- Families

Average Length of Program: 1 - 6 Days

Types of Adventure/Experiential Activities:
- Group Initiatives
- Rock Climbing
- Canoeing/Rafting
- Spelunking
- Ropes Courses
- Rappelling
- Service Projects

Program Profile:
Ropes is a therapeutically based adventure program which uses the principles of adventure-based counseling to build self esteem, self confidence, teamwork, and communication while focusing on treatment issues.

Organization:
JoEllen Smith Psychiatric Hospital - The Summit Program

Address and Phone Number:
4601 Patterson Road
New Orleans, LA 70131
(504) 364-3050

Program Director: Cassy Pelias Eliot

Number of Staff Members: 4

Populations Served:
- Youth-At-Risk
- Addictions
- Sexual Perpetrators
- Psychiatric Inpatient
- Sexual Victims
- Families

Average Length of Program: 2 - 4 Weeks

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses

Program Profile:
The Summit is a safe, structured environment for individuals and groups to explore the ways they approach the problems and challenges of life. The Summit addresses the issues of teamwork, productivity, responsibility and trust, personal power, self-confidence, and success.

Organization:
John de la Howe School Wilderness Program

Address and Phone Number:
Rt. 1, Box 154
McCormick, SC 29835
(803) 391-2131

Program Director: Cherry H. Brown

Number of Staff Members: 15

Populations Served:
- Youth-At-Risk
- Families

Average Length of Program: Over a Month

Number of Clients Per Year: 40

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Backpacking
- Ropes Courses
- Residential Camp
- Canoeing/Rafting

Program Profile:
The John de la Howe School Wilderness Program is a residential program for adolescent males with behavioral problems. The program is based on the "Loughmiller Model". The program uses positive peer culture, experiential education, and adventure-based counseling to help bring about change. Campers are divided into groups of 10 by age and maturity. They live in campsites they design and build themselves.

Therapeutic Goals of the Program:
- To help improve the child's self-esteem, sense of honesty, and problem-solving skills.
- To successfully reunite the child with his family, school, and community.

Counseling Orientation/Philosophy:
- "The Loughmiller Model"
- Use of a Positive Peer Culture

Counseling Training and Education of Staff:
All direct counseling staff are required to have a Bachelor's Degree. Formal training is scheduled approximately every six weeks and ranges from topics such as First Aid to Therapeutic Crisis Intervention.

Organization:
Joy Outdoor Education Center

Address and Phone Number:
Box 157
Clarksville, OH 45113
(513) 289-2031

Program Director: Mary Pat Bourne

Number of Staff Members: 20

Populations Served:
- Youth-At-Risk
- Families

Average Length of Program: 2 - 6 Days

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses
- Residential Camp

Program Profile:
Joy OEC's Residential School Programs include Outdoor Education, Student Leadership (K-12), Faculty Inservices, and Family Programming. The curriculum is composed of environmental education, cultural history, and adventure education.

Counseling Training and Education of Staff:
The Joy Outdoor Education Center's staff are educators and trainers. The Center partners with other organizations who provide the counseling background.

Organization:
Julia Dyckman Andrus Memorial
Andrus Children's Home

Address and Phone Number:
1156 North Broadway
Yonkers, NY 10701
(914) 965-3700

Executive Director: Dr. Gary Carman

ABC Program Coordinator: Ted Woodard

Number of Staff Members: 10 + Part Time

Populations Served:
Emotionally Disturbed Children and Teens

Average Length of Program: 18 - 24 Months

Number of Clients Per Year: 70

Types of Adventure/Experiential Activities:
- Group Initiatives
- Backpacking
- Rappelling
- Sailing
- Ropes Courses
- Rock Climbing
- Biking

Program Profile:
The Adventure Program serves as an adjunctive therapy disguised as fun and games. Adventures take place in cottage groups. Participation is mandatory, although "Challenge By Choice" is practiced. The adventure activities provide an appealing context in which residents' choices of resistance, denial, and projection can be discussed and altered. Many of the children have little experience with success due to personal and family crises. Adventure-based counseling can provide tangible successes and feelings of belonging.

Therapeutic Goals of the Program:
The ABC program at Andrus was developed to provide an action-oriented adjunctive therapy for the residents. The program is designed to enhance self-esteem and problem-solving skills, while fostering a sense of teamwork and mutual aid in the cottage programs.

Counseling Orientation/Philosophy:
Cognitive-Behavioral - Children are assisted in making better choices about behavior through practice, feedback, and reflection.

Counseling Training and Education of Staff:
- Program Coordinator - Master's in Experiential Education
- Co-Facilitators - generally college graduates with degrees in Psychology and Sociology.

Organization:
Juneau Youth Services, Inc.

Address and Phone Number:
P.O. Box 32839
Juneau, AK 99803
(907) 789-7610

Program Director: Patrick Quigley

Number of Staff Members: 40 in Organization

Populations Served:
- Youth-At-Risk
- Sexual Victims
- Families
- Juvenile Corrections
- Sexual Perpetrators

Average Length of Program: 2 - 4 Weeks

Number of Clients Per Year: 60

Types of Adventure/Experiential Activities:
- Wilderness Trips
- Canoeing/Rafting
- Backpacking
- Service Projects

Program Profile:
Juneau Youth Services, Inc. is in its seventh year of offering extended expeditions for youth-at-risk, ages 12 to 17.

Organization:
Kent Mountain Adventure Center, Inc.

Address and Phone Number:
P.O. Box 835
Estes Park, CO 80517
(303) 586-5990

Program Directors: Kate and Harry Kent

Number of Staff Members: 6

Populations Served:
- Youth-At-Risk
- Adult Corrections
- Juvenile Corrections
- Families

Average Length of Program: 1 Day - 4 Weeks

Number of Clients Per Year: 350 - 400

Types of Adventure/Experiential Activities:
- Groups Initiatives
- Wilderness Trips
- Backpacking
- Rappelling
- Orienteering
- Snowshoeing
- Ropes Courses
- Biking
- Rock Climbing
- Canoeing/Rafting
- Skiing

Program Profile:

Kent Mountain Adventure Center, Inc. is a wilderness-based program designed to promote personal growth through outdoor adventures. KMAC serves many populations including special needs, school groups, and agencies. Activities are offered year-round.

Organization:
Kinark Outdoor Centre

Address and Phone Number:
P.O. Box 730
Minden, Ontario K0M 2K0
Canada
(705) 286-3555

Program Director: Jim McHardy

Number of Staff Members: 12

Populations Served:

- Youth-At-Risk
- Juvenile Corrections
- Sexual Perpetrators
- Developmentally Disabled
- Psychiatric Inpatient
- Sexual Victims
- Families

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 736

Types of Adventure/Experiential Activities:

- Group Initiatives
- Residential Camp
- Canoeing/Rafting
- Wilderness Trips
- Backpacking

Program Profile:

The Kinark Outdoor Centre is a year round facility delivering adapted Outdoor Education and Therapeutic Recreation programs to a range of special populations. The program format, while structured and objective-based, is varied and diversified, flowing from participant needs. Family, peer group, and service group programs focus on mutually identified goals and are designed as aspects of ongoing treatment.

Therapeutic Goals of the Program:

Peer Camp -
To promote identified behavioral change through adapted outdoor recreation activities in a secure and positive environment.

Family Camp -
To re-engage members of the family unit through the use of outdoor recreation activities.

Group Camp -
To lay the groundwork for effective participation in mainstream recreation programs.

Counseling Orientation/Philosophy:

Client-Driven - Focusing on building individual strengths and empowering clients to meet the specific needs of each individual.

Counseling Training and Education of Staff:

Degrees in Education, Recreation Leadership, Outdoor Education, or Therapeutic Recreation.

Organization:
Kinetic Learning Methods
A. Buckeye Boys Ranch

Address and Phone Number:
645 S. Wheatland Avenue
Columbus, OH 43204
(614) 279-8861

Program Director: Doug Kuhn, Ph.D.

Number of Staff Members: 10 Associates

Populations Served:

- Youth-At-Risk
- Juvenile Corrections

Number of Clients Per Year: 700

Types of Adventure/Experiential Activities:

- Group Initiatives
- Backpacking
- Canoeing/Rafting
- Centering/Balancing
- Ropes Courses
- Rappelling
- New Games

Program Profile:

Kinetic Learning Methods is an experiential education and counseling program that uses New Games, centering and balancing, group learning activities, outdoor adventure, outdoor group problem solving, and kinetic group counseling methods. KLM is used in individually designed workshops, trainings, conferences, and in the Buckeye Boys Ranch, a residential treatment center for adolescents.

Therapeutic Goals of the Program:

Residential Treatment Center -
To provide an experiential forum for working on problem behaviors; to bring about actual change in a practical and practiced manner.

Kinetic Learning Methods -
To offer a variety of learning and therapeutic purposes [illegible] meet the needs of youth and adults, agencies, and schools.

Counseling Orientation/Philosophy:

- Kinetic Psychotherapy
- Humanistic Psychology
- Actualization Therapy

BEST COPY AVAILABLE

Counseling Training and Education of Staff:
- Director - Licensed Counselor and Ph.D. in Experiential Education
- Consultants - at least an Associates degree or 2 years experience in related human services field.
- 40 hour Kinetic Learning Methods Training

Organization:
Kiwanis Camp Wyman, Inc.

Address and Phone Number:
600 Kiwanis Drive
Eureka, MO 63025
(314) 938-5245

Program Director: Claire Wyneken
Dave Knobbe

Number of Staff Members: 20 Full Time
60 Seasonal

Populations Served:
- Youth-At-Risk
- Developmentally Disabled
- Families

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 15,000

Types of Adventure/Experiential Activities:
- Groups Initiatives
- Wilderness Trips
- Backpacking
- Rappelling
- Service Projects
- Environmental Education
- Ropes Courses
- Residential Camp
- Rock Climbing
- Canoeing/Rafting
- Biking

Program Profile:
Camp Wyman celebrates 95 years of serving youth and adults through organized camping programs. Camp Wyman is know for innovation and quality individual service. The departments (Prevention, Education//Training, Recreation, and Hospitality) provide year-round programs to schools, social service agencies, churches, and youth and family groups of all ages and abilities.

Organization:
LaGarita Llamas/Motion Enterprises

Address and Phone Number:
32995 CR 41G
Del Norte, CO 81132
(719) 754-3345

Program Director: Kate Booth-Doyle, M.Ed.

Number of Staff Members: Varies

Populations Served:
- Youth-At-Risk
- Sexual Victims
- Families
- Addictions
- Sexual Perpetrators
- Developmentally Disabled

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 60 - 100

Types of Adventure/Experiential Activities:
- Group Initiatives
- Llama Trekking
- Wilderness Trips
- Native American Arts

Program Profile:
La Garita Llamas offers wilderness llama treks which teach team building, cooperative relations, and conflict resolution through wilderness experiences and llama handling and training. La Garita Llamas serves youth, families, and women in recovery. Outdoor activities focus on increasing personal competencies, personal control, self satisfaction, and age appropriate assertiveness. Programs for women and persons in recovery use Native American Spirituality (Medicine Wheel theory) and other creative processes. Youth groups and family groups use initiative games for problem solving.

Therapeutic Goals of the Program:
- To establish and demonstrate cooperative teamwork in a recreational/wilderness environment.
- To recognize and utilize individual strengths.
- To demonstrate increased self worth.

Counseling Orientation/Philosophy:
- Cooperative Learning Techniques
- Conflict Resolution
- Creative Visualization/Self Talk
- Social Learning Theory

Counseling Training and Education of Staff:
- M.Ed. in Special Education; education in Family Counseling, Group Counseling, and Addictions
- Psychiatric R.N.

Organization:
Lake Shore Hospital

Address and Phone Number:
200 Zachary Road
Manchester, NH 03109
(603) 645-6700

Program Director: Sue Pollock, CTRS

Number of Staff Members: 2

Populations Served:
- Youth-At-Risk
- Psychiatric Inpatient
- Juvenile Corrections

Types of Adventure/Experiential Activities:
- Group Initiatives
- Low Ropes Course

Program Profile:
The low ropes adventure course is one modality used by the therapeutic recreation specialist. It is offered once a week to patients on the adult psychiatric unit, the women's program, and the child/adolescent unit.

Organization:
Lexington School District V - Irmo High School

Address and Phone Number:
6671 St. Andrew Road
Cola, SC 29212
(803) 732-8100

Target 2000 Coordinator: Dr. Karen Cooper-Haber

Number of Staff Members: 2 Part Time

Populations Served:
- Youth-At-Risk
- Students Referred by Teachers/Guidance

Average Length of Program: 1 Time/Wk. for 10-12 Weeks

Number of Clients Per Year: 60

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses

Program Profile:
Project Adventure, a form of outdoor education, has been used in the Lexington-Richland School District for the past four years. Project adventure uses games, initiatives, a low and high ropes course to develop general self-concept, problem-solving strategies, and group awareness.

Organization:
Life Development Center

Address and Phone Number:
8560 Kingston Pike
Suite D-201
Knoxville, TN 37919
(615) 693-9672

Program Director: Mike Sterling

Number of Staff Members: 4

Populations Served:
- Youth-At-Risk
- Addictions

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 500

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Rappelling
- Rafting

Program Profile:
The purpose of the Life Development Center (LCD) is to serve the staff and clients of any agency in East Tennessee that contracts with the state for alcohol and drug services. LDC serves early intervention programs as well as adult and adolescent treatment facilities. LCD focuses on trust building, goal setting, change, peak experiences, humor and problem-solving. An environment is created in which participants are made to feel capable, significant, influential, and in control of their lives. Services are furnished at little or no cost to the agencies.

Organization:
Life Experience

Address and Phone Number:
2144 Murphy Drive #1806
Bedford, TX 76021
(817) 540-1460

Program Director: Mark Chapman

Number of Staff Members: 2

Populations Served:
- Youth-At-Risk
- Psychiatric Inpatient
- Addictions
- Sexual Victims
- Sexual Perpetrators
- Families

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses

Program Profile:
Life Experience is designed to work in conjunction with a doctor or therapist to increase the intensity of therapy. All age groups above 9 years old are served.

Organization:
Linsly Outdoor Center

Address and Phone Number:
Rd #1, Box 101
Georgetown, PA 15043
(412) 899-2100

Program Director: Gregg Somerhalder

Number of Staff Members: 9

Populations Served:
- Youth-At-Risk
- Youth Service Agencies
- Addictions
- Schools

Average Length of Program: 5 Days

Number of Clients Per Year: 1750

Types of Adventure/Experiential Activities:
- Groups Initiatives
- Wilderness Trips
- Backpacking
- Rappelling
- Service Projects
- Orienteering
- Ropes Courses
- Residential Camp
- Rock Climbing
- Canoeing/Rafting
- Caving

Program Profile:
The Linsly Outdoor Center, in western Pennsylvania, bases its programs on the models disseminated by Project Adventure and Outward Bound. Most of the programs are five-day residential experiences.

Organization:
Lloyd E. Rader Center - Adventure-Based Counseling

Address and Phone Number:
Route 4, Box 9
Sand Springs, OK 74063
(918) 245-2541

Program Director: Marvin Wiebener, M.S.W.

Number of Staff Members: 3

Populations Served: Juvenile Corrections

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 40

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Ropes Courses
- Backpacking
- Rappelling

Program Profile:
The residents of the Lloyd E. Rader Center qualify for the adventure-based counseling program by being in the last two phases of their treatment program and by having the approval of their treatment team. Through a series of graduated adventure challenges, residents build self confidence, self esteem, and self-image, and increase their decision-making skills.

Organization:
Long Lane School - Youth Challenge Program

Address and Phone Number:
Box 882
Middletown, CT 06457
(203) 344-2854

Program Director: John F. Stephen

Number of Staff Members: 3

Populations Served: Juvenile Corrections

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 1244

Types of Adventure/Experiential Activities:
- Groups Initiatives
- Wilderness Trips
- Backpacking
- Rappelling
- Service Projects
- Ropes Courses
- Environmental Education
- Rock Climbing
- Canoeing/Rafting
- Interactive Role Plays

Program Profile:
The Youth Challenge Program is designed to intensify Long Lane School's existing treatment program. The Youth Challenge Program was conceived as a means of providing success and new perspective for children who have developed poor self images and unacceptable social skills as a consequence of chronic failure and low achievement. Through the use of a variety of experiential activities, the program is able to develop an environment that requires physical and emotional risk-taking, effective communication, and safety awareness/attitudes. Activities are used as tools to help the Long Lane School residents learn socially acceptable behaviors, to take responsibility for their actions, and to develop and practice coping skills

---

Organization:
The Lowell Community/University Partnership

Address and Phone Number:
University of Mass - Lowell
1 University Avenue
Lowell, MA 01854
(508) 934-4677

Program Director: Wayne Klug

Number of Staff Members: 11

Populations Served:
- Youth-At-Risk
- Families

Average Length of Program: 1 Day

Types of Adventure/Experiential Activities:
- Ropes Courses

Program Profile:
The Lowell Community/University Partnership provides the community with an integrated, comprehensive adventure/challenge program to promote healthy physical, emotional, cognitive, and social development in participants to discourage Alcohol and other drug use.

Organization:
Lutheran Social Services - Weekend Challenge Program

Address and Phone Number:
5320 Third Avenue
Kenosha, WI 53140
(414) 658-3154

Program Director: Philip Duket

Number of Staff Members: 6

Populations Served: Youth-At-Risk

Average Length of Program: Over a Month

Types of Adventure/Experiential Activities:
- Groups Initiatives
- Wilderness Trips
- Backpacking
- Biking
- Service Projects
- Ropes Courses
- Residential Camp
- Rock Climbing
- Canoeing/Rafting

Program Profile:
The Weekend Challenge Program is a structured outdoor program for chronic juvenile offenders. Through well-designed adventure activities, the program works on problem-solving, trust building, goal setting to help youth increase self esteem. By offering perceived high risk and high reward activities, youth learn how to cope, solve problems, make decisions, and experience success.

Organization:
Marimed Foundation

Address and Phone Number:
1050 Ala Moana Boulevard
Building D
Honolulu, HI 96814
(808) 537-5586

Program Director: Bob Bonar, M.Ed.

Number of Staff Members: 20

Populations Served:
- Youth-At-Risk
- Addictions
- Sexual Perpetrators
- Juvenile Corrections
- Sexual Victims
- Families

Average Length of Program: Over a Month

Number of Clients Per Year: 160 New Clients/Year

Types of Adventure/Experiential Activities:
- Group Initiatives
- Canoeing/Rafting
- Service Projects
- Wilderness Trips
- Sailing

Program Profile:
In October, 1991 Marimed Foundation enhanced its ongoing health programs by adding the Ocean Skills and Education Program for Youth, a marine based experiential or "hands-on" education, counseling, and preventive intervention program for youth from Hawaii and Micronesia. The program, which emphasizes Hawaii's and Micronesia'a rich maritime heritage, is designed to help address the growing problems of substance abuse, gang activity, teen pregnancy, academic failure, and unemployment by providing a comprehensive range of activities and services for youth in collaboration with other youth services agencies. The program emphasizes community service, leadership development, and the assumption of responsibility for behavior and its consequences.

Organization:
Meet the Wilderness

Address and Phone Number:
Box 468
Edwards, CO 81632
(303) 926-2010

Program Director: James C. Himmes
Joseph G. Schmitt

Number of Staff Members: 9

Populations Served:
- Youth-At-Risk
- Sexual Victims
- Juvenile Corrections
- Sexual Perpetrators

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 200

Types of Adventure/Experiential Activities:
- Group Initiatives
- Backpacking
- Wilderness Trips
- Rock Climbing

Program Profile:
Meet the Wilderness is a youth oriented, adventure-based, experiential learning program that uses the wilderness as a medium for personal growth. The core program is a five-day backpacking trip. During the trip, youth participate in physical, mental, and spiritual activities designed to improve self-esteem, improve their understanding of trust and responsibility, develop a sense of teamwork, and gain an appreciation of a rugged mountain environment.

Organization:
Memorial Psychiatric Center of Albuquerque
Challenge Program

Address and Phone Number:
806 Central SE
Albuquerque, NM 87107
(505) 843-9210

Program Director: Margo J. River, M.A., CTRS

Populations Served:
- Youth-At-Risk
- Juvenile Corrections
- Sexual Victims
- Developmentally Disabled
- Psychiatric Daypatient
- Psychiatric Inpatient
- Addictions
- Sexual Perpetrators
- Families
- Therapeutic School

Average Length of Program: Over a Month

Number of Clients Per Year: 175 - 200

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Fitness Running
- Ropes Courses
- Backpacking
- Rappelling
- Karate

Program Profile:
The Challenge Program is the adolescent portion of Memorial Psychiatric Center of Albuquerque, established in 1984. The program is available for inpatient, daypaitent, and therapeutic school-only patients. City/County parks and national forest areas, as well as the talents and creativity of the staff, are used.

Organization:
Mentor Program
Craven County Department of Social Services

Address and Phone Number:
P.O. Box 12039
New Bern, NC 28561-2039
(919) 633-0131

Program Director: Terry Rich

Number of Staff Members: 3

Populations Served:
- Youth-At-Risk
- Sexual Perpetrators
- Developmentally Disabled
- Sexual Victims
- Families

Average Length of Program: 1 Day

Number of Clients Per Year: 75

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Canoeing/Rafting
- Deep Sea Fishing
- Service Projects
- Ropes Courses
- Backpacking
- Sailing
- Horses

Program Profile:
The Mentor Program serves "troubled youth" with community-based adventure programming. The Mentor Program has adapted the principles of Outward Bound and Project Adventure to serve within the framework of Craven County Department of Social Services. The Mentor program also coordinates a special group in the social services agency's publichousing and works in partnership with the day care staff to provide an Afterschool Adventure Program (A.S.P.). The Mentor Program's philosophy is "if the client is not coming to where we are, we meet them where they are".

Therapeutic Goals of the Program:
- To develop self-esteem
- To develop reliance.
- To develop skills in leadership, teamwork, problem-solving, and goal achievement.
- To increase compassion for others and the environment.

Counseling Orientation/Philosophy:
Adventure-Based Counseling

Counseling Training and Education of Staff:
- Variety of workshops and experiences.
- B.A. in Biology - minor Psychology
- Associates in Recreational Therapy

Organization:
Merribrook Development Training

Address and Phone Number:
Post Office
Cowararrup, Western Australia 6284
(097) 555 490

Program Director: Richard Firth

Number of Staff Members: 6

Populations Served: Youth-At-Risk

Average Length of Program: 1 - 6 Days

Number of Clients Per Year: 100

Types of Adventure/Experiential Activities:
- Groups Initiatives
- Residential Camp
- Rock Climbing
- Canoeing/Rafting
- Ropes Courses
- Backpacking
- Rappelling

Program Profile:
Merribrook Development Training plans to increase the volume of work with youth-at-risk, following up with access to a network of employers who are prepared to offer work experience opportunities.

Organization:
Merrowvista Education Center

Address and Phone Number:
Ossipee, NH 03864
(603) 539-6607

Program Director: Daniel Garvey
Anna Kay Vorsteg

Number of Staff Members: 10 - School Year
50 - Summer

Populations Served:
- Youth-At-Risk
- Juvenile Corrections
- Addictions
- Terminally Ill Patients
- Families
- Psychiatric Inpatient
- Adult Corrections
- Sexual Victims
- Developmentally Disabled

Average Length of Program: As Needed

Number of Clients Per Year: 1000

Types of Adventure/Experiential Activities:
- Groups Initiatives
- Wilderness Trips
- Backpacking
- Rappelling
- Ropes Courses
- Residential Camp
- Rock Climbing
- Canoeing/Rafting
- Biking
- Service Projects
- Sailing

Program Profile:
The Merrowvista Education Center is a multipurpose outdoor center serving a wide variety of client groups. Each program is custom-designed to meet the needs of the participants. Merrowvista's full time staff has experience working with youth-at-risk, families, adult corrections, developmentally disabled, and those needing help with problems of addictions.

Organization:
Mesilla Valley Hospital - Boundless Journeys

Address and Phone Number:
3751 Del Rey Boulevard
Las Cruces, NM 88001
1-800-877-3500

Program Director: Christopher Morrett, M.A.T.

Number of Staff Members: 25

Populations Served:
- Youth-At-Risk
- Addictions
- Sexual Perpetrators
- Psychiatric Inpatient
- Sexual Victims
- Families

Average Length of Program: 2 - 4 Weeks

Types of Adventure/Experiential Activities:
- Group initiatives
- Wilderness Trips
- Rock Climbing
- Ropes Courses
- Backpacking
- Rappelling

Program Profile:
The Boundless Journeys Program provides services to adults, adolescents, and children suffering from a wide variety of psychiatric problems, including chemical dependency. Particular focus is given to multi-family and sexual abuse groups.

Therapeutic Goals of the Program:
- To improve self-esteem
- To improve relationships with others.
- To promote centering in one's self.
- To clarify goals and objectives.
- To promote and enhance trust in one's self and others.
- To instill a sense of responsibility and belonging.
- To improve group cohesion.

Counseling Orientation/Philosophy:
- Reality Therapy
- Rational-Emotive
- Eclectic

Counseling Training and Education of Staff:
- Most are Master Degreed Therapists.

Organization:
Methodist Children's Home

Address and Phone Number:
1111 Herring Avenue
Waco, TX 76708
(817) 753-0181

Program Director: Martin S. Pettit

Populations Served: Youth-At-Risk

Average Length of Program: 1 - 6 Days

Number of Clients Per Year: 100 - 150

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Rappelling
- Service Projects
- Ropes Courses
- Backpacking
- Canoeing/Rafting

Organization:
Middlebury Alternative Education Program

Address and Phone Number:
Charles Avenue
Middlebury, VT 05753
(802) 388-4460

Program Director: David R. Hopkinson

Number of Staff Members: 2 Teachers
1 Aide

Populations Served:
- Youth-At-Risk
- Addictions

Average Length of Program: Over a Month

Number of Clients Per Year: 40 - 50

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Service Projects
- Ropes Courses
- Backing
- Rappelling
- Boat Building

Program Profile:
The purpose of the Alternative Education Program is to provide assistance to students who do not function successfully in the traditional educational setting at Middlebury Union High School. By assisting the student in developing long term goals, exploring ways to accomplish these goals, and providing a controlled, smaller academic community, the program seeks to be an alternative to the student who may otherwise drop out.

Organization:
Mid Missouri Mental Health Center

Address and Phone Number:
#3 Hospital Drive
Columbia, MO 65201
(314) 449-2511

Program Director: Dan Murphy, C.T.R.S.

Number of Staff Members: 2

Populations Served:
- Youth-At-Risk
- Psychiatric Inpatient

Average Length of Program: Over a Month

Number of Clients Per Year: 100

Types of Adventure/Experiential Activities:
- Group initiatives
- Rappelling
- Ropes Courses

Program Profile:
The adventure education program at the Mid Missouri Mental Health Center is offered to both inpatient and outpatient groups.

Organization:
Milton Township Working Alternative Restitution Program

Address and Phone Number:
1492 N. Main
Wheaton, IL 60187
(708) 668-1616

Program Director: Tom Vargo

Number of Staff Members: 2

Populations Served:
- Youth-At-Risk
- Juvenile Corrections

Average Length of Program: Over a Month

Number of Clients Per Year: 60 - 70

Types of Adventure/Experiential Activities:

- Group Initiatives
- Canoeing/Rafting
- Service Projects
- Ropes Courses
- Map and Compass Courses

Program Profile:

The Working Alternative Program is designed for first time juvenile offenders as an alternative to further court action or incarceration. The three program components are: six lifeskills sessions, two outdoor adventures, and community service work of 16-40 hours.

Therapeutic Goals of the Program:

- To make participating youth aware of the relationship between his or her acts and their consequences.
- To reduce the recidivism of those youth involved in the juvenile justice system.
- To promote greater community confidence in the juvenile justice system.

Counseling Orientation/Philosophy:

- Individual is responsible for his or her actions.
- Challenge-By-Choice

Counseling Training and Education of Staff:

- B.S. in Recreation
- Life Experiences, Workshops, and Trainings

Organization:

Montgomery County Addiction and Youth Treatment Services - Therapeutic Recreation Program

Address and Phone Number:

401 Hungerford Drive, Second Floor
Rockville, MD 20850
(301) 217-1470

Program Director: Robert R. Myers

Number of Staff Members: 4

Populations Served:

- Youth-At-Risk
- Sexual Victims
- Children - Emotional Problems
- Families
- Addictions
- Sexual Perpetrators

Average Length of Program: Over a Month

Number of Clients Per Year: 150 - 200

Types of Adventure/Experiential Activities:

- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Ropes Courses
- Backpacking
- Rappelling

Program Profile:

The Therapeutic Recreation Program provides recreation/ adventure-based interventions to clients receiving services from the programs of the Division of Addiction and Youth Treatment Services.

Therapeutic Goals of the Program:

- To utilize recreational and experiential activities, family groups, and individual counseling to promote healthy change.
- To enhance self-esteem, social skills, self discovery, and personal empowerment.
- To provide healthy alternatives to substance abuse and self destructive and antisocial behaviors.

Counseling Orientation/Philosophy:

- Adventure-Based Counseling
- Therapeutic Recreation
- Experiential Education
- Group Counselling
- Reality Therapy
- Behavioral Contracting
- Family Therapy

Counseling Training and Education of Staff:

- M.Ed. in Counseling
- M.A. in Rehabilitation Counseling
- M.A. in Therapeutic Recreation
- B.A. in Recreation

Organization:

Mountain Crest Hospital

Address and Phone Number:

Corbett Drive
Ft. Collins, CO 80525
(303) 225-9191

Program Director: Thom Shafer

Number of Staff Members: 10 person per diem pool

Populations Served:

- Youth-At-Risk
- Addictions
- Sexual Perpetrators
- Intensive Day Treatment
- Psychiatric Inpatient
- Sexual Victims
- Families
- Community Groups

Average Length of Program: 2 - 4 Weeks (Inpatient)
1 Day (Community Groups)

Number of Clients Per Year: 1200

Types of Adventure/Experiential Activities:

- Group Initiatives
- Ropes Courses

Program Profile:
Programs are provided for adult psychiatric, adolescent psychiatric and chemical dependency, and the adult addictive disease units two times per week. Several community groups use the ropes course as part of their treatment programs.

Organization:
Nashua Brookside Hospital

Address and Phone Number:
11 Northwest Boulevard
Nashua, NH 03063
(603) 886-5000

Program Director: Thomas Keene, M.Ed.

Number of Staff Members: 5

Populations Served:
- Psychiatric Inpatient
- Addictions
- Sexual Victims
- Sexual Perpetrators

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 500

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Course
- Indoor Climbing Wall

Program Profile:
Nashua Brookside Hospital provides inpatient and partial hospitalization treatment to adults, adolescents, and children in the areas of chemical dependency and psychiatric disorders. The Experiential Challenge Program is integrated into patient treatment through the Activity Therapy Department. Patient goals are included in the multidisciplinary treatment plan and addressed in the Experiential Challenge groups. The Experiential Challenge groups are designed to be self contained in that treatment goals are identified and addressed within each group.

Organization:
National Consortium on Alternatives for Youth-At-Risk

Address and Phone Number:
5250 17th Street, Suite 107
Sarasota, FL 34235
1-800-245-7133

Program Director: Helen Lingle

Populations Served: Youth-At-Risk

Program Profile:
National Consortium on Alternatives for Youth-At-Risk (NCAYAR, Inc.) is a foundation-supported educational agency that researches and disseminates information on the needs of youth and on programs that are meeting these needs. The original concept of exploring the use of outdoor experiences as an alternative to incarceration and as a significant contribution to the desperate needs of these youngsters has been widened to include other alternatives to incarceration. The priorities of NCAYAR are to: 1) research alternatives for youth-at-risk, 2) survey to validate claims of success, 3) uncover why programs are effective, 4) acquaint practitioners with alternative programs, and 5) disseminate information on needs of youth-at-risk.

Organization:
National Indian Youth Leadership Project

Address and Phone Number:
650 Vanden Bosch
Gallup, NM 87301
(505) 722-9176

Program Director: McClellan Hall

Number of Staff Members: 18

Populations Served:
- Youth-At-Risk
- Indian Youth

Average Length of Program: 2 Days - 2 Weeks

Number of Clients Per Year: 200 - 300

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses
- Wilderness Trips
- Backpacking
- Rock Climbing
- Rappelling
- Canoeing/Rafting
- Service Projects

Program Profile:
The National Indian Youth Leadership Development Project, Inc. is an Indian operated, private, non-profit organization incorporated in the state of New Mexico. The Project's mission is to promote the development of leadership among American Indian youth, which will enable them to become capable individuals and positive contributors to their communities. Programs include: 1) Pathfinders, a 5 day camp experience for in-coming 6th graders and a year long follow-up program, 2) an annual National Indian Youth Leadership Camp, and 3) community-based training programs and structured service projects.

BEST COPY AVAILABLE

Organization:
New Beginnings at Cove Forge

Address and Phone Number:
Rt. #1, Box 79
Willliamsburg, PA 16693
1-800-873-2131

Program Director: Brad J. Norris

Number of Staff Members: 4

Populations Served:
- Youth-At-Risk
- Addictions
- Community Organizations
- Juvenile Corrections
- County Probation
- Families

Average Length of Program: Over a Month

Number of Clients Per Year: 500

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rappelling
- Caving
- Service Projects
- Ropes Courses
- Rock Climbing
- Canoeing/Rafting
- Day Hikes

Program Profile:
The Experiential Services programs begin with the development of personal and group goals. A sequential order of adventure activities are presented with the intent of getting feedback about personal strengths, weaknesses, communication and problem solving skills, and interpersonal relationships. Personal awareness and self-esteem are increased through immediate feedback and rewards for success. Through identification and discussion of group and individual strengths and areas identified as requiring change, both groups and individuals are able to maximize their potential.

Therapeutic Goals of the Program:
- Increased self-awareness and self-esteem.
- Increased trust in self and others.
- Improved communication, problem-solving, and decision-making.
- Pleasurable group experiences.
- Increased ability to cooperate as a team member.
- Increased leadership among peers.

Counseling Orientation/Philosophy:
- Disease Concept of Addiction
- AA/NA 12 STEP Program
- Psychotherapeutic Techniques
- Group and Individual Therapy
- Family Therapy

Counseling Training and Education of Staff:
- Most have degrees in Psychology.
- Project Adventure and other adventure counseling schools.

Organization:
New Beginnings Transitional Living Program

Address and Phone Number:
436 Main Street
Lewiston, ME 04240
(207) 795-4077

Program Director: Mike Mooney

Number of Staff Members: 14

Populations Served:
- Youth-At-Risk
- Sexual Victims
- Juvenile Corrections
- Sexual Perpetrators

Average Length of Program: Over a Month

Number of Clients Per Year: 30 - 40

Types of Adventure/Experiential Activities:
- Group Initiatives
- Backpacking
- Rappelling
- Urban Challenges
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting

Program Profile:
New Beginnings Transitional Living Program is a residential program for male and female adolescents, ages 16 to 20, who are preparing for independent living. Options include a group home, supervised apartments, and independent community apartments with follow-up services. Experiential learning is stressed in daily activities, weekly groups, and monthly challenge weekends.

Therapeutic Goals of the Program:
To increase mastery of the "intangible" skills for independent living, e.g., communication, decision making, problem-solving, and self esteem through 1) conducting Adventure Challenge weekends every 6 weeks, 2) developing individual service plans which use adventure-based activities to meet goals, and 3) conducting weekly meetings using adventure-based counseling techniques.

To increase mastery of the "tangible" skills needed for independent living, e.g., cooking, cleaning, financial management, etc., through ensuring that each participant has a daily opportunity to learn or practice a tangible skill and the opportunity to learn or practice a skill during each Adventure challenge activity.

Counseling Orientation/Philosophy:
- Experiential Learning and Adventure-Based Counseling
- Reality Therapy
- Effectiveness Training Skills

Counseling Training and Education of Staff:
- Bachelor's Degrees in Social Services or equivalent for entry level positions.
- Administrative and support staff - additional education and training dependent on position.

Organization:
New Dominion School, Inc.

Address and Phone Number:
P.O. Box 540
Dillwyn, VA 23936
(804) 983-2051

Program Director: Chris Yates

Number of Staff Members: 41

Populations Served:
- Youth-At-Risk
- Addictions
- Sexual Perpetrators
- Learning Disabled
- Juvenile Corrections
- Sexual Victims
- Emotionally Disturbed
- Families

Average Length of Program: Over a Month

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Biking
- Service Projects
- Wilderness Trips
- Backpacking
- Canoeing/Rafting

Program Profile:
New Dominion School is a year-round residential treatment program for males 11 to 18 years old who have experienced a wide range of emotional and behavioral problems and have had difficulty in traditional school and community settings. Many have learning difficulties, and though of average intelligence, have experienced academic failure.

Organization:
New Hampshire Conservation Corps/ SCA

Address and Phone Number:
P.O. Box 80
Charlestown, NH 03603
(603) 826-4301

Program Director: Steve Boisvert

Number of Staff Members: 4 Year Round
20 Seasonal

Populations Served:
- Youth-At-Risk
- Learning Disabled

Average Length of Program: Over a Month

Number of Clients Per Year: 78

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Canoeing/Rafting
- Service Projects
- Ropes Courses
- Backpacking
- Trail Work

Program Profile:
The New Hampshire Conservation Corps provides disadvantaged youth of New Hampshire with challenging opportunities to enhance and protect the natural resources of the State's parks and forests. Participants receive extensive training, gain valuable work experience, and develop a greater environmental awareness.

Organization:
New Heights

Address and Phone Number:
135 Daniel Street
Portsmouth, NH 03801
(603) 431-2111

Program Director: Whitney Schwartz

Number of Staff Members: 4 Full Time

Populations Served:
- Youth-At-Risk
- Families
- Developmentally Disabled

Average Length of Program: 1 Day

Number of Clients Per Year: 400

Types of Adventure/Experiential Activities:
- Groups Initiatives
- Wilderness Trips
- Backpacking
- Rappelling
- Ropes Courses
- Biking
- Rock Climbing
- Canoeing/Rafting

Program Profile:
In 1987, New Heights began as a summer activities program and has grown to include a year-round services: a youth center, an outreach program within the local schools, and an outdoor adventure program. New Heights acts as an integrated community resource.

Organization:
New Horizons

Address and Phone Number:
Lynchburg College
1501 Lakeside Drive
Lynchburg, VA 24501
(804) 522-0619

Program Director: Rich Harris

Number of Staff Members: 14

Populations Served:
- Youth-At-Risk
- Juvenile Corrections
- Families
- Psychiatric Inpatient
- Developmentally Disabled

Average Length of Program: 1 Day

Types of Adventure/Experiential Activities:
- Group Initiatives
- Backpacking
- Ropes Courses

Program Profile:
New Horizons of Lynchburg College is an adventure-based educational organization. New Horizons offers a wide variety of programs. Participants include public and private school groups interested in developing more effective student leaders, problem youth interested in raising their self-esteem, and human service staffs interested in bringing new insights into their counseling techniques. Subjects include team building, communication, leadership, and self-confidence building.

Organization:
New Jersey State Department of Corrections - Division of Juvenile Services

Address and Phone Number:
CN 863
Trenton, NJ 08625
(609) 292-4640

Wilderness Activities Coordinator:
Leonard Fillins

Populations Served:
- Youth-At-Risk
- Addictions
- Sexual Perpetrators
- Juvenile Corrections
- Sexual Victims

Average Length of Program: 1 Day
Over a Month

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Backpacking
- Rock Climbing
- Canoeing/Rafting
- Service Projects.
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Rappelling
- Biking

Program Profile:
The New Jersey Division of Juvenile Services utilizes Adventure-Based curriculum in some of the community residential and day programs. The Division also contracts with Project USE-TREK to provide wilderness adventures.

Organization:
New Routes, Inc.

Address and Phone Number:
RR #2, Box 2030
Brunswick, ME 04011
(207) 729-6062

Program Director: Ruth Rohde

Number of Staff Members: 1 Director
Contractual Staff

Populations Served:
- Women
- Addictions

Average Length of Program: 2 Day s - 2 Weeks

Types of Adventure/Experiential Activities:
- Wilderness Trips
- Canoeing/Rafting
- Backpacking

Program Profile:
New Routes, Inc. has been conducting outdoor programs with women since the summer of 1985. Specialized trips are "Rites of Passage" for women working on change and transition in their lives and "Recovery Journey" for women involved in recovery from addictions of any type. The trips combine teaching outdoor skills with developing personal, spiritual, and ecological awareness in a manner that is both fun and thought provoking.

Organization:
New Vistas Consulting Group

Address and Phone Number:
105 Second Street
Black Mountain, NC 28711
(704) 669-9198

Program Director: Dee Edelman

Number of Staff Members: 1 Full Time
Contractual Staff

Populations Served:
- Mental Health Professionals

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 75

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses

Program Profile:
Consulting Group teaches mental health professionals experiential methodology to use with their clients. This includes work with physical metaphors as a therapeutic modality. New Vistas also teaches facilitation skills to staffs of outdoor programs. Other work includes helping staff create a healthy work environment, thereby modeling mental health to their client population.

Organization:
NORCOM (Northern Baltimore County Community Mental Health Center) -
After School Program (ASP)

Address and Phone Number:
10151 York Road, Suite #105
Cockeysville, MD 21030
(410) 628-8050

Program Director: Chuck Flemming, M.S.W.

Number of Staff Members: 6

Populations Served:
- Youth-At-Risk
- Sexual Victims
- Emotionally Disturbed Children and Youth
- Families
- Juvenile Corrections
- Sexual Perpetrators

Average Length of Program: Year Round

Types of Adventure/Experiential Activities:
- Group Initiatives
- Day Camp
- Ropes Courses

Program Profile:
The After School Program (ASP), based in a community mental health center, is a treatment program to meet the needs of 12 to 15 year olds who are experiencing emotional, behavioral, or family problems. A multidisciplinary treatment team approach provides intense psychotherapeutic, educational, recreational, and experiential therapy services to youth and their families. A day camp program is offered during the summer months.

Counseling Training and Education of Staff:
- Child Psychiatrist, M.D.
- Master's Social Worker
- Clinical Nurse Specialist - M.S.N.
- Tutor/Educator
- Two Mental Health Counselors (M.A., B.A.)

Organization:
North Carolina Outward Bound School -
Health Services Programs

Address and Phone Number:
121 N. Sterling Street
Morganton, NC 28655
(704) 437-6112

Director for Health Services: Lee Gault

Number of Staff Members: 200+

Populations Served:
- Youth-At-Risk
- Addictions
- Sexual Perpetrators
- Developmentally Disabled
- Physically Disabled
- Psychiatric Inpatient
- Sexual Victims
- Terminally Ill Patients
- Vietnam Vets & Families
- Diabetics

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 100 - 150

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Ropes Courses
- Backpacking
- Rappelling
- Service Projects

Program Profile:
The Health Services at North Carolina Outward Bound School (NCOBS) conducts therapeutic wilderness, adventure-based courses that act as adjuncts to existing programs. NCOBS works with a variety of agencies and populations. Traditional adventure activities are used, but are tailored to the needs and issues of the group. NCOBS is not a primary care facility. The NCOBS experience is placed at varying times during treatment, depending on the design of the program.

Therapeutic Goals of the Program:
- Increased self-esteem and personal empowerment.
- Increased sense of control over one's life.
- Increased levels of trust in self and others.
- Improved communication skills.
- Improved emotional and physical risk-taking.

Counseling Orientation/Philosophy:
- Reality Therapy
- Behavior Modification
- Rogerian

Counseling Training and Education of Staff:
- Mostly B.A.'s in Recreation Therapy, Education, Counseling
- Some R.N.'s, M.A.'s, M.S.W.'s
- Considerable In-Service Training

Organization:
Northeastern Vermont Regional Hospital
Therapeutic Recreation Department

Address and Phone Number:
Hospital Drive
St. Johnsbury, VT 05819
(802) 748-8141

Program Director: Peggy A. Holt, C.T.R.S.

Number of Staff Members: 5

Populations Served:
- Youth-At-Risk
- Adult Corrections
- Addictions
- Eating Disorders

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses
- Backpacking
- Biking
- Canoeing/Rafting

Program Profile:
The Therapeutic Recreation Department at Northeastern Vermont Regional Hospital uses experiential and adventure-based activities with a wide variety of populations including at-risk youth, school-based programs, adult chemical dependency, adult corrections, and the eating disorder program.'

Organization:
North Portland Youth Service Center

Address and Phone Number:
7704 N. Hereford
Portland, OR 97203
(503) 285-0627

Program Director: Glyn Thomas

Number of Staff Members: 3

Populations Served:
- Youth-At-Risk
- Juvenile Corrections
- Addictions
- Developmentally Disabled

Average Length of Program: 1 Day

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses

Program Profile:
The North Portland Youth Service Center Challenge Course provides customized programs to organizations in and around the Portland Metro Area. Client groups include psychiatric hospitals, drug and alcohol programs, and school counseling programs.

Counseling Training and Education of Staff:
The programs that use the Group Challenge Course provide the specialized counseling skills.

Organization:
Oak Creek Hospital

Address and Phone Number:
455 Silicon Valley Boulevard
San Jose, CA 95138
(408) 224-2020

Program Director: Susan Mills, CTRS

Number of Staff Members: 4

Populations Served:
- Psychiatric Inpatient
- Community Groups

Average Length of Program: 2 - 4 Weeks (Psychiatric)
1 Day (Community)

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses

Organization:
The Oaks Treatment Center

Address and Phone Number:
1407 W. Stassney Lane
Austin, TX 78745
(512) 416-5142

Program Director: Joseph Petriccione

Number of Staff Members: 6

Populations Served: Psychiatric Inpatient

Average Length of Program: 1 Day

Number of Clients Per Year: 3800

Types of Adventure/Experiential Activities:
- Group Initiatives
- Rock Climbing
- Day Hikes
- Ropes Courses
- Canoeing

Program Profile:
The Experiential Therapy Department is an ancillary therapeutic component of the unit treatment team. Under the direct supervision of a psychiatrist and unit therapist, and coordinated through the unit team, overall plans for patient treatment are formulated. Experiential Therapy addresses three major components of human experience, affect, cognitive, and behavior, in an integrated and comprehensive manner. The basis of the experiential process is the eliciting of behavior in a controlled context and providing intervention to facilitate identified objectives.

Therapeutic Goals of the Program:
- To provide opportunities for self discovery and expression.
- To provide opportunities for successful confrontation of psychological, social, and physical challenges.
- To aid in the development of group living skills.
- To increase awareness of the need for responsibility, respect, empathy, and trust of others.
- To develop the skills necessary for safe and successful participation in the individuals' social and family environments.

Organization:
On Belay Youth and Family Services, Inc.

Address and Phone Number:
2041 Atweed Avenue
Madison, WI 53715
(608) 241-1214

Executive Director: Eric Olson

Outdoor Director: Mark Gillen

Number of Staff Members: 9

Populations Served:
- Youth-At-Risk
- Sexual Victims
- Families
- Juvenile Corrections
- Sexual Perpetrators
- Developmentally Disabled

Average Length of Program: Over a Month

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Caving
- Ropes Courses
- Backpacking
- Canoeing/Rafting
- Service Projects

Therapeutic Goals of the Program:
- To identify and confront harmful defensive behaviors.
- To recognized and accept one's own feelings.
- To accept self-irresponsibility commensurate with age and personal capabilities.
- To trust and relate to others honestly.

Organization:
Ontario March of Dimes

Address and Phone Number:
60 Overlea Boulevard
Toronto, Ontario M4H 1B6
Canada
(416) 425-0501

Program Director: Catherine Smart

Number of Staff Members: 30 (summers)

Populations Served: Physically Disabled Adults

Average Length of Program: 1 - 2 Weeks

Number of Clients Per Year: 350

Types of Adventure/Experiential Activities:
- Group Initiatives
- Canoeing/Rafting
- Residential Camp
- Sailing

Program Profile:
Since 1972, the Ontario March of Dimes has been providing exciting recreational programs to adults with physical disabilities.

Therapeutic Goals of the Program:
To increase the quality of life, socialization, and independence for adults with physical disabilites.

Organization:
Oregon State Hospital Outdoor Program

Address and Phone Number:
2600 Center Street NE
Salem, OR 97310
(503) 378-2370

Outdoor Specialist: Todd Trautner

Director of Therapeutic Recreation: Jana Strange

Number of Staff Members: 17 Recreation Therapists

Populations Served:

- Psychiatric Inpatient
- Addictions
- Sexual Perpetrators
- Adult Corrections
- Sexual Victims
- Developmentally Disabled

Average Length of Program: 1 - 6 Days

Number of Clients Per Year: 400 - 500

Types of Adventure/Experiential Activities:

- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Biking
- Spelunking
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Mountaineering
- Service Projects

Program Profile:

The Outdoor Program uses a variety of interventions to promote constructive change in the clients of the hospital. The program is based on a continuum of treatment though leisure education and recreation participation. The program serves all resident populations with 8-week sequenced program blocks that help insure quality treatment and education. Each activity is adapted to the level of the population and is designed to address the desires of the client as well as the treatment care plan.

Therapeutic Goals of the Program:

Problem-Solving, group cooperation, frustration tolerance, impulse control, communication, responsibility for self and others, teamwork, leadership and followship are some treatment issues addressed.

Counseling Orientation/Philosophy:

Recreation Therapy, Occupation Therapy, Music Therapy

Counseling Training and Education of Staff:

- M.S. in Experiential Education
- Certified Therapeutic Recreation Specialists - B.A.'s, B.S.'s, some M.S.'s, M.A.'s

---

Organization:

Osage Expedition
Boonville Correctional Center

Address and Phone Number:

Booneville, MO 65233-0379
(816) 882-6521

Program Director: Mark H. Rowland

Number of Staff Members: 2

Populations Served: Adult Corrections

Number of Clients Per Year: 125

Types of Adventure/Experiential Activities:

- Ropes Courses
- Wilderness Trips

Program Profile:

Osage Expedition is an adventure-based counseling program aimed at reducing recidivism of young adult first felony offenders at Boonville Correctional Center. Reality Therapy, experiential education, and a modified Outward Bound philosophy are blended in the rehabilitative model. Ropes courses, 5 and 10 day expeditions, and intensive counseling are key elements.

Organization:

Outdoor Development

Address and Phone Number:

A -1040
Vienna, Wiedner Gurtel 28
Germany
(0222) 505-5173

Program Director: Walter Siebert

Number of Staff Members: 6

Populations Served: Juvenile Corrections

Average Length of Program: 1 - 2 Weeks

Number of Clients Per Year: 50

Types of Adventure/Experiential Activities:

- Group Initiatives
- Backpacking
- Ropes Courses
- Rappelling

Program Profile:

Research was conducted on the effects of an adventure/ experiential learning on juvenile ex-prisoners on probation. They spent 3-8 days with preparatory activities. Then a 14 day outdoor course with several follow-up activities was implemented. The research is published in: Amesberger, Gunter: Personlichkeitsenwicklung durch Outdoor-Aktivitaten. Untersuching sur Personlichkeitsenwicklung und Realitatsbewaltiung bei sozial Benachteiligten. Stuttgart 1992.

Organization:

Outdoor Discoveries

Address and Phone Number:

P.O. Box 7687
Tacoma, WA 98407
(206) 759-6555

BEST COPY AVAILABLE

Program Director: Bob Stremba

Number of Staff Members: 4

Populations Served:
- Youth-At-Risk
- Families
- Couples

Average Length of Program: 2 - 6 Days

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Ropes Courses
- Backpacking
- Rappelling

Program Profile:
Outdoor Discoveries focuses on personal growth and relationship development through outdoor adventure. Individuals, couples, and groups learn about trust, open communication, problem solving, overcoming limitations, building confidence, and achieving personal and mutual goals. Open enrollment and customized programs are offered.

Organization:
Outdoor Partners
JCPS - Gheens Academy

Address and Phone Number:
4425 Presteon Highway
Louisville, KY 40213
(502) 473-3064

Program Coordinator: Ellisa Early

Number of Staff Members: 8 Teacher Assistants

Populations Served:
- Youth-At-Risk
- Physical Disabled
- Developmentally Disabled

Average Length of Program: 2 Days - 2 Weeks

Number of Clients Per Year: 180 Students

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Caving
- Nature Studies
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Orienteering
- Service Projects

Program Profile:
Outdoor Partners is a three-year federal grant designed to develop relationships between handicapped and non-handicapped individuals using an outdoor environment as a stimulus.

Therapeutic Goals of the Program:
- To promote personal satisfaction.
- To provide normalization experiences.
- To foster physical and mental health.
- To promote the integration of individuals with handicaps.

Organization:
Outward Bound Japan

Address and Phone Number:
#301 Silver Hill
2-12 Shirogane-cho
Shinjuku-ku, Tokyo 167 Japan
(03) 3235-5757

Program Director: Hatsuo Sato

Number of Staff Members: 5 Permanent

Populations Served:
- Youth
- Youth-At-Risk

Average Length of Program: 1 - 2 Weeks

Number of Clients Per Year: 420

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Marathons
- Ropes Courses
- Solo
- Rock Climbing
- Canoeing/Kayaking
- Service Projects

Program Profile:
Outward Bound Japan provides a mixture of personal and group challenges. Personal activities focus on developing self-esteem, confidence, a positive attitude, and achievement motivation. Group activities are designed to assist participants in learning about leadership, teambuilding, communication, and decision-making.

Organization:
Pacific Crest Outward Bound School
Urban Education Initiative

Address and Phone Number:
690 Market Street, Suite 405
San Francisco, CA 94104
(415) 398-9626

Program Director: Joe Nold

Number of Staff Members: 5

Populations Served:
- Youth-At-Risk
- Educators

Average Length of Program: 1 Day

Number of Clients Per Year: 160

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Service Projects
- Ropes Courses
- Backpacking
- Rappelling

Program Profile:
The Pacific Crest Outward Bound School's Urban Education Initiative works directly with inner-city students in public high schools to provide them with adventure-based, outdoor educational experiences. The program consists of a ropes course, a 5-day wilderness course and follow-up activities throughout the school year. The Urban Education Initiative also trains teachers to use experiential teaching methods with students.

Organization:
Pike School Inc.

Address and Phone Number:
P.O. 101
Haverhill, NH 03765
(603) 989-5862

Program Director: Francis McCabe

Outdoor Education Director: Pete Simano

Number of Staff Members: 50 in Total School

Populations Served:
- Youth-At-Risk
- Developmentally Disabled
- Juvenile Corrections
- Learning Disabled

Average Length of Program: 1 Day to 6 Days

Number of Clients Per Year: 40

Types of Adventure/Experiential Activities:
- Group Initiatives
- Backpacking
- Organic Gardening
- Wilderness Trips
- Canoeing/Rafting
- Service Projects

Program Profile:
The Pike School is a non profits organization which provides special education and residential treatment to learning disabled and emotionally handicapped boys, ages 10 to 18 years old. Learning strategies, cooperative learning, experiential education, and vocational training are used in the academic setting. Reality therapy and cognitive restructuring are used to aid youngsters in learning more adaptive interpersonal relationship skills and strategies to manage both affect and impulsive behaviors.

Therapeutic Goals of the Program:
- To enhance a youngster's learning abilities.
- To develop autonomous functioning.
- To resolve past traumas so that behavior, thought, and affect can be coordinated into more rewarding daily experiences.

Counseling Orientation/Philosophy:
- Reality Therapy and Cognitive Restructuring
- Behavior Management System

Counseling Training and Education of Staff:
- Residential - Associates and Bachelors
- Counseling - Master's in Counseling or Social Work

Organization:
The Paul Vander-Molen Foundation

Address and Phone Number:
The Model Farm House
Church End
Hendon, London NW4 4JS
England
081 203 2344

Program Director: Jack Vander-Molen

Number of Staff Members: Voluntary Assistants

Populations Served:
- Developmentally Disabled
- Physically Disabled

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Biking
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Service Projects

Program Profile:
The Paul Vander-Molen Foundation enables people with disabilities to realize their adventurous aspirations.

Organization:
Port Gamble S'Klallam Tribe

Address and Phone Number:
P.O. Box 280
Kingston, WA 98346
(206) 464-7281

Youth Services Director: Jan Lambert

Number of Staff Members: 2

Populations Served:
- Youth-At-Risk
- Tribal Youth

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 45

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Ropes Courses
- Backpacking
- Rappelling

Program Profile:
This wilderness challenge program funded by drug and alcohol prevention grant money serves tribal youth, ages 10 to 19 years old. Activities have the purpose of encouraging self-esteem and group support.

Organization:
Princeton-Blairstown Center, Inc.

Address and Phone Number:
The Armory
Princeton University
Princeton, NJ 08544
(609) 258-3340

Program Director: Jennie K. Curtis

Number of Staff Members: varies according to season

Populations Served:
- Youth-At-Risk
- Families

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 3000

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Rock Climbing
- Canoeing/Rafting
- Ropes Courses
- Backpacking
- Rappelling

Program Profile:
The Center's mission is to improve and enrich the lives of urban youth and their families in partnership with the communities which it serves. Custom-designed experiences include a variety of experiential and outdoor adventure activities which are oriented towards the achievement of goals set by the requesting agency, school, and/or other community-based organization.

Therapeutic Goals of the Program:
- To help individuals recognize their responsibility for their behaviors.
- To help individuals recognize their role as a member of a group.
- To help individuals recognize the choices they have in determining successful outcomes.

Counseling Orientation/Philosophy:
- Reality-Based
- Positive Peer Pressure
- Positive Discipline

Counseling Training and Education of Staff:
- Seasonal Staff - mostly at Bachelor's level but with little formal training.

Organization:
Pressley Ridge School at Ohiopyle

Address and Phone Number:
Box 25
Ohiopyle, PA 15470
(412) 329-8304

Program Director: Peter M. Slavic

Number of Staff Members: 30

Populations Served:
- Youth-At-Risk
- Socially and Emotionally Troubled Youth
- Juvenile Corrections

Average Length of Program: Over a Month

Number of Clients Per Year: 60

Types of Adventure/Experiential Activities:
- Group Initiatives
- Canoeing/Rafting
- Residential Camp
- Educational Enterprise Trip

Program Profile:
Pressley Ridge School at Ohiopyle was established in 1975, upon the treatment model originated by Campbell Loughmiller. The School is licensed by the Department of Public Welfare as a "Title 6000" residential child care institution, by the Department of Education as a non-profit private school and is an accredited member of the Middle States Association of Colleges and Secondary Schools. Pressley Ridge School at Ohiopyle extends services to socially and emotionally disturbed children throughout Pennsylvania and West Virginia.

Therapeutic Goals of the Program:
- Understanding of self.
- Understanding others.
- Responsible citizenship.
- Positive self-image.
- Self-help skills.

Therapeutic Goals of the Program:
- Basic education skills.
- Positive family relationships.

Organization:
Progressive Business Concepts, Inc.

Address and Phone Number:
P.O. Box 77296
West Trenton, NJ 08628
1-800-462-1979

Program Director: Brian Katheres

Number of Staff Members: 5

Populations Served:
- Youth-At-Risk
- Families
- Addictions
- Developmentally Disabled

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 2600

Types of Adventure/Experiential Activities:
- Group Initiatives
- Inner City Trips
- Backpacking
- Rappelling
- Biking
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Service Projects

Program Profile:
Every Progressive Business Concept (PBC) program is custom designed for each organization's special needs and objectives. Dr. James Merritt, Ed.D., PBC's Director of Education, is a trainer for Project Adventure's Adventure-Based Counseling Program.

Organization:
Project Adventure, Inc.

Address and Phone Number:
P.O. 2447
Covington, GA 30209
(404) 784-9310

Program Director: Cindy Simpson

Number of Staff Members: 15

Populations Served:
- Youth-At-Risk
- Addictions
- Juvenile Corrections
- Families

Average Length of Program: Over a Month

Number of Clients Per Year: 250

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Service Projects
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting

Program Profile:
In addition to ropes course building and training in adventure-based counseling, direct service treatment programs at the Covington, Georgia site include: 1) CO-OP, a 16-week federal/state funded residential treatment program for drug-involved adjudicated youth, 2) Project Challenge, a 60-week state-funded residential treatment program for adjudicated youth, and 3) Rainbow Lake, an adventure-based alternative school.

Therapeutic Goals of the Program:
- To provide failure prone youth with successful adventure experiences that will translate into successful life experiences.
- To place students in successful environments once they exit the program.
- To teach the full value contract and challenge by choice as a way of life.

Counseling Orientation/Philosophy:
- Behavioral with Personal and Group Objectives
- Group Process
- 12 Step and Relapse Prevention
- Family Involvement

Counseling Training and Education of Staff:
- Ph.D. in Counseling Psychology
- Ed.S. in School Psychology
- M.S.'s or M.Ed.'s in Psychology or Counseling
- B.S.'s and B.A.'s and/or experience in Addictions and Recovery

---

Organization:
Project Challenge

Address and Phone Number:
3399 Ponce De Leon Boulevard, #104
Coral Gables, FL 33134
(305) 444-4005

Program Director: Peter Lavritzen

Number of Staff Members: 4 Full Time
8 - 10 Part Time

Populations Served:
- Youth-At-Risk
- Personal Growth Groups
- Churches

Average Length of Program: 1 - 6 Days

Number of Clients Per Year: 5 - 600

Types of Adventure/Experiential Activities:
- Ropes Courses

Program Profile:
Project Challenge works with the Department of Justice Assistance in Dade County. The Department takes first time offenders and places them in community-based programs such as Project Challenge.

Organization:
ProImage

Address and Phone Number:
200 Lakeshore Drive
Holliston, MA 01746
(508) 429-1815

Program Director: Thomas H. Andrews

Number of Staff Members: 2 Full Time
20 - 30 Part Time

Populations Served:
- Youth-At-Risk
- Families
- Addictions

Average Length of Program: 1 Day

Number of Clients Per Year: 800 - 100

Types of Adventure/Experiential Activities:
- Group Initiatives
- Rappelling
- Ropes Courses

Organization:
Project D.A.R.E.
Ministry of Community and Social Services

Address and Phone Number:
P.O. Box 2000
South River, Ontario P0A 1X0
Canada
(705) 386-2376

Program Director: Doug Winter

Number of Staff Members: 50 Full Time
20 Part Time Seasonal

Populations Served:
- Youth-At-Risk
- Juvenile Corrections

Average Length of Program: Over a Month

Number of Clients Per Year: 400

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Dog Sledding
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Canoeing
- Service Projects

Program Profile:
D.A.R.E. stands for "Development through Adventure, Responsibility, and Education". D.A.R.E. was established in 1971 as an alternative training school program using the wilderness experiences to promote personal growth. Through its experiential approach, D.A.R.E. engages the youth in a powerful change modality by applying inherent natural consequences, addressing the youth's individual needs, segregating youth from the distracting factors of town/city and negative peers, extending youth beyond the perceived limits of his/her capabilities, empowering youth with a sense of competence, applying supportive and confrontive group dynamics, and intensifying relationships with instructors to provide an effective alternative or supplement to more traditional residential care.

Organization:
Project S.T.A.Y.

Address and Phone Number:
2875 Quain Street
Lakewood, CO 80215
(303) 492-5477

Program Director: Scott Griffith

Number of Staff Members: 6

Populations Served: Youth-At-Risk

Average Length of Program: 1 School Semester

Number of Clients Per Year: 120

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Ropes Courses
- Service Projects

Program Profile:
Project S.T.A.Y. (Students Tutoring At-Risk Youth) is an experiential-based, federally funded, cross age tutoring project for the Jefferson County School District. Project S.T.A.Y. uses high school students, considered high risk, and who are demonstrating difficulty in school, as tutors.

Program Profile:
The program is based on the belief that these students can be trained as tutors, provide academic assistance, and act as positive role models for elementary school students.

Organization:
Project Success Oriented Achievement Realized (S.O.A.R.)

Address and Phone Number:
P.O. Box 388
Balsam, NC 28707
(704) 456-3435

Program Director: Jonathan A. Jones

Number of Staff Members: 10 Year Round
15 Seasonal

Populations Served:
- Youth-At-Risk
- Attention Deficit Disorder
- Learning Disabled
- Families

Average Length of Program: 2 - 4 Weeks

Number of Clients Per Year: 500

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Biking
- Ocean Sailing
- Ropes Courses
- Wilderness Trips
- Mountaineering
- Canoeing/Rafting
- Service Projects

Program Profile:
S.O.A.R.'s primary focus is on youth, ages 8 to 18 years old, identified with learning disabilities or diagnosed with attention deficit disorder. S.O.A.R.'s secondary focus is on youth-at-risk. Prevention and early intervention programs revolve around the issues of school drop-outs, delinquency, and substance abuse.

Organization:
Project USE - Urban Suburban Environments

Address and Phone Number:
P.O. Box 3315
Long Branch, NJ 07740
(908) 870-6650

Executive Director: Phil Costello

TREK Program Director: Kathy Hagerty

Number of Staff Members: 33
11 - TREK

Populations Served:
- Youth-At-Risk
- Adult Corrections
- Developmentally Disabled
- Juvenile Corrections
- Addictions

Average Length of Program: 1 Week to 60 Days

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Biking
- Cross Country Skiing
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Caving
- Service Projects

Program Profile:
Project U.S.E. is a private, nonprofit educational corporation that provides outdoor/environmental experiences to more than 150 public and private schools, colleges, community agencies, youth programs, state agencies, and businesses.

TREK is an intense 60-day residential wilderness designed to be a transition between the N.J. Training Schools and the less restrictive Essex Day Program in New Jersey. The program phases are : Orientation, Jersey Journey Expedition, and Final Expedition.

Therapeutic Goals of the Program:
- Build self-esteem and self-awareness by challenging insecurities about one's own limitations.
- Become a responsible group member by accepting the strengths of others by deferring personal wishes in favor of the group, and learning that self-discipline is important to group membership.
- Accept others as worthy of respect despite differences.

Organization:
Pyles Boys Camp

Address and Phone Number:
27211 Henry Mayo Drive
Valencia, CA 91355
(805) 257-2490

Program Director: Rocky Leitzell

Number of Staff Members: 3 Year Round
30 Seasonal

Populations Served: Youth-At-Risk

Average Length of Program: 2 - 4 Weeks Plus Follow-Up

Number of Clients Per Year: 500

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Backpacking
- Ropes Courses
- Residential Camp
- Service Projects

Program Profile:
Pyles Boys Camp is a non-profit wilderness-oriented adventure program. The program is designed to increase self-esteem and a desire to reach one's potential through 1) a series of attainable challenges, 2) demonstrations by positive role models from a peer environment, and 3) a realization that change is brought about through hard work, determination, goal setting, and respect for self and others.

Organization:
Quest

Address and Phone Number:
Bloomsburg University
Bloomsburg, PA 17859
(717) 389-4323

Program Director: Roy Smith

Number of Staff Members: 8

Populations Served:
- Youth-At-Risk
- College Students
- J.T.P.A.

Average Length of Program: 1 - 6 Days

Number of Clients Per Year: 500

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Cross Country Skiing
- Ropes Courses
- Backpacking
- Rappelling
- Caving

Program Profile:
Quest, a program of Bloomsburg University, has been in operation for 18 years. Based on the Outward Bound model, training focuses on developing self-esteem, teamwork, and social coping skills.

Organization:
Quicksilver Project

Address and Phone Number:
Echo Hill Outdoor School
Worton, MD 21678
(410) 348-5361

Program Director: Lex Fry

Number of Staff Members: 6

Populations Served:
- Youth-At-Risk
- Addictions
- Sexual Perpetrators
- Developmentally Disabled
- Psychiatric Inpatient
- Sexual Victims
- Terminally Ill Patients
- Families

Average Length of Program: 1 - 6 Days

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Service Projects
- Ropes Courses
- Canoeing

Program Profile:
The vision at Quicksilver Project is to be a source of inspiration, renewal, and growth for those who seek purpose and direction in their lives, and respect for themselves and the world. The Quicksilver experience uses a high ropes course, initiative problems, self awareness exercises, and discussions as tools to catalyze personal and group growth.

Therapeutic Goals of the Program:
- Enhancing self esteem and self worth.
- Improving abilities to communicate ideas and solve problems.
- Fostering a sense of compassion and respects for others and their differences.
- Stimulating growth in the qualities of initiative and perseverance.
- Encouraging openness, friendship, and mutual respect.
- Developing commitment and daring to take risks for worthwhile goals.

Organization:
Rites of Passage Institute

Address and Phone Number:
2113 Chelwood, N.E.
Albuquerque, NM 87112
(505) 296-0995

Program Director: Robert Hodges

Number of Staff Members: 4

Populations Served:
- Youth-At-Risk
- Addictions
- Sexual Perpetrators
- Juvenile Corrections
- Sexual Victims
- Outpatients

Average Length of Program: 1 - 6 Days

Number of Clients Per Year: 500

Types of Adventure/Experiential Activities:

- Group Initiatives
- Wilderness Trips
- Solo Experiences
- Ropes Courses
- Backpacking
- Spiritual Training

Program Profile:

The basic premise of Rites of Passage is that human spirituality is aligned with nature and the earth. Creating opportunities to experience nature and the land become necessary components of the recovery process. A unique feature of Rites of Passage is that the use of healing ceremonial and ritual processes is combined with wilderness counseling strategies.

Therapeutic Goals of the Program:

- To accelerate emotional healing and recovery by using the wilderness as a natural forum for personal growth.
- To create an atmosphere conducive to increasing levels of trust.

Counseling Orientation/Philosophy:

- Experiential Therapy
- Family Systems Approach
- 12 Step Recovery

Counseling Training and Education of Staff:

- Master's Level Counselor with advance training in Family Therapy
- Certified Alcoholism/Addictions Counselors

Organization:

Rocky Mountain Academy

Address and Phone Number:

Rt. #1
Bonners Ferry, ID 83805
(208) 267-7522

President: Rob Spear

Headmaster: Doug Kim-Brown

Number of Staff Members: 50

Populations Served:

- Youth-At-Risk
- Families
- Addictions

Average Length of Program: Over a Month

Number of Clients Per Year: 150

Types of Adventure/Experiential Activities:

- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Service Projects
- Ropes Courses
- Backpacking
- Rappelling
- Biking

Program Profile:

Rocky Mountain Academy is a structured residential school. A four fold curriculum uses academic, emotional, outdoor, and leadership components to assist in the development of a healthy value system, a strong sense of self-identity, and the completion of personal and academic goals. Rocky Mountain Academy's team of professionals include faculty, a psychologist, and a resource specialist.

Organization:

Rogers Memorial Hospital

Address and Phone Number:

34800 Valley Road
Oconomowoc, WI 53066
(414) 646-4411

Program Director: Peggy Nies Scargail

Number of Staff Members: 7

Populations Served:

- Psychiatric Inpatient
- Sexual Victims
- Addictions
- Sexual Perpetrators

Average Length of Program: 2 - 4 Weeks

Types of Adventure/Experiential Activities:

- Group Initiatives
- Wilderness Trips
- Ropes Courses
- Canoeing/Rafting

Organization:

Roland and Associates, Inc.

Address and Phone Number:

67 Emerald Street
Keene, NH 03431
(603) 357-2181

Number of Staff Members: 3 Full Time
5 Part Time

Populations Served:

- Psychiatric Inpatient
- Families
- Addictions
- Physical Rehabilitation

Average Length of Program: 2 - 6 Days

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses

Program Profile:
Roland & Associates, incorporated in 1983, is a training and consulting firm with three strategic business units: 1) therapeutic challenge programming for psychiatric and chemical dependency settings, 2) therapeutic challenge programming for physical rehabilitation settings, and 3) experiential training and development for corporate settings. Roland & Associates provide in-house and open-enrollment training programs that focus on making challenge activities clinically relevant for the therapeutic milieu (e.g., family therapy, psychotherapy, expressive therapy, occupational therapy).

Organization:
Rolling Hills Hospital

Address and Phone Number:
100 Rolling Hills Lane
Ada, OK 74820
(405) 436-3600

Director of Program Services: Karen Schutter

Number of Staff Members: 10

Populations Served:
- Youth-At-Risk
- Psychiatric Inpatient
- Addictions
- Sexual Victims
- Sexual Perpetrators
- Families

Average Length of Program: 2 Weeks - Over a Month

Number of Clients Per Year: 300

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses

Program Profile:
Experiential therapies are used as an adjunctive service.

Organization:
RopeWorks

Address and Phone Number:
3003 Lakeside Drive
Austin, TX 78723
(512) 928-1446

Program Director: Amy Fisher

Number of Staff Members: 5

Populations Served:
- Youth-At-Risk
- School Groups

Average Length of Program: 1 Day

Number of Clients Per Year: 600

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses
- Rock Climbing
- Rappelling

Program Profile:
RopeWorks offers a full range of ropes course experiences. Programs are designed to fit each group's specific needs. Lodging, meals, and indoor activity/meeting areas are available for multi-day events.

Organization:
San Marcos Treatment Center

Address and Phone Number:
P.O. Box 768
San Marcos, TX 78667
(512) 396-8500

Program Director: Melissa Miller

Number of Staff Members: 3

Populations Served:
- Psychiatric Inpatient
- Addictions
- Adult Corrections
- Sexual Victims
- Sexual Perpetrators
- Families

Average Length of Program: Over a Month

Number of Clients Per Year: 180

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses
- Rock Climbing
- Camping Skills
- Orienteering

Program Profile:
The Ropes Department provides an innovative form of therapy and programming. Through skilled clinical application of ropes and initiative work, patients try, fail, confront, bond, problem-solve, grow, and master challenges that more traditional therapies cannot "at times" effectively resolve. The Ropes Department seeks: 1) to provide the Treatment Center patients with a therapeutic medium that is safe, challenging and effective, 2) to ensure rapid identification of treatment issues through the metaphoric display of these issues in the ropes activities, and 3) to provide an alternative for the effectivene use of group process as an intervention.

Therapeutic Goals of the Program:
- Increase levels of self awareness, self confidence, and self esteem.
- Increase in motivation and resourcefulness.
- Trust in self and others.
- Cooperation and Teamwork.
- Giving and support.
- Identifying and working with strengths and limitations.

Organization:
Seba Dalkai School

Address and Phone Number:
Winslow, AZ 86047
(602) 657-3208

Program Director: Gregg Shepard

Number of Staff Members: 2

Populations Served:
- Youth-At-Risk
- Navajo Youth

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 30

Types of Adventure/Experiential Activities:
- Ropes Courses
- Rappelling
- Residential Camp
- Canoeing/Rafting

Program Profile:
Seba Dalkai School is a Kindergarten through 6th grade day/boarding school located on the Navajo Indian Reservation. As a type of "Rites of Passage", each graduating 6th grader participates in a 2-day experience at the Ft. Wingate ropes course. Each year, the School also helps to coordinate and participants in a week-long Navajo Youth Leadership Camp, which offers rappelling, canoeing, and Navajo cultural activities.

Organization:
Sea and Summit Expeditions

Address and Phone Number:
P.O. Box 387
Santa Barbara, CA 93102
(805) 962-6314

Program Director: Will Toms, M.A.

Number of Staff Members: 3 + Volunteers

Populations Served:
- Youth-At-Risk
- Families

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 200

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Winter Camping
- Service Projects
- Ropes Courses
- Backpacking
- Rappelling
- Cross Country Skiing

Program Profile:
Sea and Summit is a Christian-based program which seeks to provide therapeutic growth opportunities for families and youth-at-risk. The 12-Steps serve as a model for growth towards healthy interdependence. Sea and Summit seeks to promote reconnection and reconciliation with one's Life Source/Higher Power/Creator. The program operates under the larger umbrella of Youth With a Mission - International.

Organization:
Shared Outdoor Adventure Recreation (S.O.A.R.)

Address and Phone Number:
P.O. Box 14583
Portland, OR 97214
(503) 238-1613

Program Directors: Shoshanna Marler
Juli Wilson

Populations Served:
- Adults and Youth with Physical Disabilities

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 500

Types of Adventure/Experiential Activities:
- Group Initiatives
- Biking
- Sea Kayaking
- Adventure Travel
- Wilderness Trips
- Canoeing/Rafting
- Sailing
- Hiking

Program Profile:
SOAR (Shared Outdoor Adventure Recreation) is a private, non-profit organization that provides rehabilitative, therapeutic, educational, and physical/spiritual benefits of outdoor adventure sports to people with physical disabilities. SOAR improves accessibility to outdoor recreation resources for people with disabilities. Three types of services are offered: 1) Outdoor Education and Recreation, 2) Advocacy and Consultation, and 3) Information and Referral.

Organization:
Sierra Tucson, Inc.
Wilderness Recovery Program

Address and Phone Number:
16500 Lago Del Oro Parkway
Tucson, AZ 85737
(602) 624-4000

Program Director: Daniel Meyers

Number of Staff Members: 6

Populations Served:
- Youth-At-Risk
- Addictions
- Sexual Perpetrators
- Eating Disorders
- Families
- Psychiatric Inpatient
- Sexual Victims
- Post Traumatic Stress
- Multiple Personality

Average Length of Program: 1 Week - Over a Month

Number of Clients Per Year: 5000+

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Ropes Courses
- Backpacking
- Rappelling

Program Profile:
Sierra Tucson, Inc. operates three hospitals in Tucson and one in Germany. The hospitals in Tucson are: 1) the Adult Hospital, treating addictive disorders, psychiatric needs, and impaired professionals, 2) the Eating Disorder Hospital, and 3) the Adolescent Hospital. All patients participate in the Challenge/Ropes Course Experiential Therapy Program. Hiking and rock climbing are offered several times weekly. A separate facility called Quality of Life features ongoing workshops. The Wilderness Therapy Courses are offered through the Quality of Life workshops.

Therapeutic Goals of the Program:
- To provide experiential metaphors for the recovery process.
- To transform treatment, the 12 steps, and recovery language into personal experience.
- To assist survivors of abuse and trauma in re-inhabiting their bodies and identifying feelings based in their bodies.
- To recognize dysfunctional coping patterns and intervene with alternative responses.
- To increase personal responsibility and accountability, and set boundaries around personal needs.
- To become aware of non-sexualized physical activity.
- To develop more genuine and deeper social and communication skills.
- To heighten self-esteem and self-image.
- To expand personal barriers by acknowledging and moving beyond self-limiting fears.

Counseling Orientation/Philosophy:
- 12 STEP
- Focused, Expressive Shame and Anger Reduction
- Gestalt Grief Work
- Psychodrama

Counseling Training and Education of Staff:
- Most are Master's Level Counselors and/or Certified Addictions Counselors.
- All staff are a minimum of 2 years into their own recovery program.

Organization:
Slide Ranch

Address and Phone Number:
2025 Shoreline Highline
Muir Beach, CA 94965
(415) 381-6155

Program Director: Elizabeth McGhee

Number of Staff Members: 5 Permanent
4 Interns

Populations Served:
- Youth-At-Risk
- Families
- Developmentally Disabled
- Seniors

Average Length of Program: 1 - 6 Days

Number of Clients Per Year: 6000

Types of Adventure/Experiential Activities:
- Demonstration Farm
- Tidepools

Program Profile:
Slide Ranch makes the natural world accessible. Forty percent of the program participants are from groups with diverse needs: youth from urban or recently immigrated communities, developmentally delayed adults, emotionally disturbed teenagers, seniors, and people with physical limitations. Programs emphasize human dependence upon the Earth's resources to provide food, clothing, shelter, and energy.

Organization:
Southwest Center for Experiential Learning

Address and Phone Number:
514 E. 40th
Austin, TX 78751
(512) 454-2991

Program Director: Joel Cryer

BEST COPY AVAILABLE

Number of Staff Members: 2 Full Time
14 Part Time

Populations Served:
- Youth-At-Risk
- Juvenile Corrections
- Addictions
- Developmentally Disabled
- Psychiatric Inpatient
- Adult Corrections
- Sexual Victims
- Families

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 975

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Caving
- Mountaineering
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Service Projects

Program Profile:
Southwest Center for Experiential Learning (SWCEL) is an independent adventure education service, committed to personal/professional growth and development through outdoor experiential learning. SWCEL offers customized training, workshops, and seminars pertaining to experiential and outdoor education. SWCEL provides consultation and direct services to therapeutic treatment and counseling programs.

Therapeutic Goals of the Program:
SWCEL supports the therapeutic goals and objectives of the programs, therapists, and clients with whom they work.

Counseling Orientation/Philosophy:
SWCEL supports the counseling orientations of their clients. They usually include:
- Reality Therapy
- Gestalt Therapy
- Systems-Based Family Therapy
- Brief Task-Centered Therapy
- 12 Step Program
- Existential Therapy Model
- Dewey Learning Theory

Counseling Training and Education of Staff:
Consulting team includes:
- Ph.D.'s in Psychology
- M.S.W.'s
- M.A.'s in Counseling and Education
- Licensed Professional Counselors
- Licensed Chemical Dependency Counselors
- B.A.'s

Organization:
Southwest Expedition Institute
Finding Your Way

Address and Phone Number:
P.O. Box 50310
Parks, AZ 86018
(602) 635-4830

Program Director: Robert L. MacDonald

Number of Staff Members: 6

Populations Served:
- Youth-At-Risk
- Families

Average Length of Program: Over a Month

Number of Clients Per Year: 30 - 50

Types of Adventure/Experiential Activities:
- Group Initiatives
- Backpacking
- Partnerships with U.S. Forest Service
- Low Ropes Courses
- Overnight Camping

Program Profile:
Finding Your Way is a year-round, cross-cultural, experientially-based prevention program for children, ages 7 to 15, and their families. The children in the program have been identified as underachieving in school, experiencing social problems, and/or are from a family which does not or cannot provide an adequate sense of belonging.

Organization:
Southwest Open High School
Cooperative Outdoor Partnership Edventures (C.O.P.E.)

Address and Phone Number:
P.O. Box 1420
Cortez, CO 81321
(303) 565-1150

Program Director: Richard Fulton

Number of Staff Members: 10

Populations Served:
- Youth-At-Risk
- Addictions
- Sexual Perpetrators
- Juvenile Corrections
- Sexual Victims

Average Length of Program: Over a Month

Number of Clients Per Year: 25 - 30 in C.O.P.E.

Types of Adventure/Experiential Activities:

- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Service Projects
- Winter Camping
- Ropes Courses
- Backpacking
- Rappelling
- Mountain Biking
- Cross Country Skiing

Program Profile:

The Cooperative Outdoor Partnership Edventure (C.O.P.E.) is sponsored by Southwest Open High School and seeks to address multiple high risk factors related to substance abuse. This comprehensive program links the benefits of outdoor challenge activities and positive role models. More specifically C.O.P.E. seeks to strengthen the resiliency factors to offset substance abuse: positive school bonding, school success, peer bonding, established mentorship, and self-esteem.

Organization:
SPRITE Program

Address and Phone Number:
P.O. Box 8930
Madison, WI 53708
(608) 266-5846

Program Director: David W. Phillips

Number of Staff Members: 12

Populations Served:

- Youth-At-Risk
- Addictions
- Juvenile Corrections

Average Length of Program: 2 - 6 Days
2 - 4 Weeks

Number of Clients Per Year: 280

Types of Adventure/Experiential Activities:

- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Urban Adventure
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Service Projects

Program Profile:

SPRITE (Support, Pride, Initiative, Teamwork, Education) is an adventure-based education program designed to aid in the rehabilitation of delinquent youth and facilitate more successful reintegration into their home communities or aftercare placements.

Organization:
Stephen L. French Youth Forestry Camp
Homeward Bound Program

Address and Phone Number:
Off Route 6a
Brewster, MA 02631
(508) 896-3312

Program Director: Alan A. Collette

Number of Staff Members: 39

Populations Served: Juvenile Corrections

Average Length of Program: Over a Month

Types of Adventure/Experiential Activities:

- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Biking
- Service Projects
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Pullboating

Program Profile:

The Homeward Bound Wilderness Program is a highly structured 26-day outdoor experiential education program for court-acquainted adolescents. The goal of the program is to present its participants with the opportunity to increase self respect through self discipline and to experience the satisfaction of overcoming challenging physical and psychological obstacles.

Organization:
(STREAM) St. Louis Experiential Association Mission

Address and Phone Number:
1315 Ann Avenue
St. Louis, MO 63104
(314) 772-9002

Program Director: David Cady

Number of Staff Members: 9

Populations Served:

- Youth-At-Risk
- Integrated Adventure Programming
- Developmentally Disabled

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 4000

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Biking
- Service Projects
- Ropes Courses
- Backpacking
- Rappelling
- Canoeing/Rafting

Program Profile:
STREAM's mission is to provide leadership education through experiential adventure programming. STREAM's goals include providing structured activities, enhancing self-esteem, promoting awareness of group dynamics, celebrating diversity, and increasing environmental awareness.

Organization:
St. Francis Medical Center

Address and Phone Number:
700 West Avenue S.
LaCrosse, WI 54603
(414) 785-0940

Program Director: Jane Hulke

Populations Served:
- Youth-At-Risk
- Outpatient Addictions
- Sexual Perpetrators
- Psychiatric Inpatient
- Sexual Victims

Average Length of Program: 1 Day

Types of Adventure/Experiential Activities:
- Ropes Courses

Program Profile:
St. Francis Medical Center is in the process of building and developing a ropes course program in conjunction with the University of Wisconsin - LaCrosse.

Organization:
Stony Acres

Address and Phone Number:
Box B, University Center
East Strousburg University
East Strousburg, PA 18301
(717) 223-8316

Program Director: Madeline Constantine

Number of Staff Members: 2 Full Time
20 Part Time

Populations Served:
- Youth-At-Risk
- Hospital Staff
- Students Against Drug and Alcohol
- Juvenile Corrections
- Resident Advisors

Average Length of Program: 1 Day

Number of Clients Per Year: 1200

Types of Adventure/Experiential Activities:
- Group Initiatives
- Canoeing/Rafting
- Orienteering
- Ropes Courses
- Camping Skills
- Service Projects

Program Profile:
Stony Acres is a 119 acre wildlife sanctuary/recreation facility, owned by the students of East Strousburg University. Six cabins, a lodge facility, and a ropes course are located on the property.

Organization:
Summer Summits, Inc.

Address and Phone Number:
P.O. Box 50982
Denton, TX 76206
(817) 566-1791

Program Director: Jake Jacobson

Number of Staff Members: 2 Full Time
10 Contractual

Populations Served:
- Youth--At-Risk
- Juvenile Corrections
- Addictions
- Sexual Perpetrators
- Psychiatric Inpatient
- Adult Corrections
- Sexual Victims
- Families

Average Length of Program: 1 Day - 6 Days

Types of Adventure/Experiential Activities:
- Ropes Courses
- Backpacking

Program Profile:
Summer Summits is a private non-profit organization governed by a volunteer board of directors. The program was founded in 1979 as a summer program for youth and has grown to provide adventure programming year-round for all ages. Summer Summits' purpose is to build confidence, self-esteem, self reliance through exciting challenges and adventure experiences. Furthermore, Summer Summits strives to help individuals, particularly young persons, grow in spirituality, love and respect for self, for others, and for the environment.

Therapeutic Goals of the Program:
Specifics determined by clients.

Counseling Orientation/Philosophy:
Derivatives of Cybernetic - similar to "Brief" interventions.

Counseling Training and Education of Staff:
Master's Degrees in Social Work, Psychology, Education, Physiology

---

Organization:
Sunburst Youth Homes, Inc.

Address and Phone Number:
1210 West 4th Street
Neillsville, WI 54456
(715) 743-3154

Program Director: Robert Pickett

Number of Staff Members: 150 Full and Par Time

Populations Served:
- Youth-At-Risk
- Sexual Victims
- Conduct Disorder Youth
- Families
- Addictions
- Sexual Perpetrators
- Attention Deficit Disorder

Average Length of Program: 9 - 12 Months

Number of Clients Per Year: 100

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses
- Backpacking
- Rappelling
- Canoeing Rafting
- Teams Course
- Wilderness Trips
- Rock Climbing
- Biking
- Service Projects

Program Profile:
Sunburst is a residential treatment center serving children and adolescents with emotional disturbances. Recreation Therapy is an integral part of the students' overall treatment. Primary program areas include: leisure education, stress management, initiative challenges, and outdoor adventure-based programming. These activities enhance the development of teamwork, cooperation, trust, and self-esteem.

Therapeutic Goals of the Program:
- To provide students with the opportunity to increase the successful post discharge through the acquisition of new and advanced recreation/leisure skills.
- To increase the students' confidence and self-esteem.
- To provide opportunities for the students to gain an awareness of abilities and weaknesses.

Counseling Orientation/Philosophy:
- Challenge-By-Choice
- If a student has gained minimal skills and self-confidence through the program, they have been successful.

Counseling Training and Education of Staff:
- College Level - Leisure Education, Psychology, Recreation Therapy
- On-The-Job Training

Organization:
Sunrise Lake Outdoor Education Center

Address and Phone Number:
7 N. 749 Route 59
Bartlett, IL 60103
(708) 830-0146

Program Director: John Guarrine

Number of Staff Members: 3 Full Time
1 Part Time
2 Interns

Populations Served:
- Youth-At-Risk
- Disabled Children & Youth
- Developmentally Disabled

Average Length of Program: 1 Day

Number of Clients Per Year: 10,000

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Hiking
- Fishing
- Nature Activities
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Boating
- Outdoor Cooking
- Service Projects

Program Profile:
Sunrise Lake facilities and programs are specifically designed to serve handicapped children and youth, ages three to twenty-one years old. The children and youth attend the public schools within a ten member district of the Northwest Suburban Special Education Organization. The center offers a diverse outdoor education program that provides disabled students with high quality therapeutic, educational, ad recreational experiences. The series of problem-solving activities available through the Low Ropes Course and Team Initiatives Course, is designed to develop group dynamic skills.

Organization:
SUWS Adolescent Program

Address and Phone Number:
P.O. Box 171
Redmond, WA 98052
(206) 881-7173

Program Director: L. Jay Mitchell

Populations Served:
- Adolescents underachieving or failing in family, school, or social contexts.

Average Length of Program: 21 Days

Program Profile:
SUWS receives specific outcomes from the referring agency, family, and student. A 21-day residence combines "outdoor" search and rescue training, "emotional" search and rescue training, and a variety of educational and therapeutic functions. The experience has intense emotional and physical components.

Therapeutic Goals of the Program:
- To discover and remove deep-level impasses that are limiting adolescents' abilities to progress at school, other programs, or at home.
- To build adolescents' capabilities to assist them in personal growth.

Counseling Orientation/Philosophy:
- Eclectic
- Reconciliation of deep-level internal conflicts and early childhood belief-forming experiences.

Counseling Training and Education of Staff:
- Varied Degrees - Some B.S.'s and M.S.W.'s
- Practical Clinical Training Programs with Over 200 Hours of Supervised Counseling Training.

Organization:
Talisman Summer Camp

Address and Phone Number:
601 Camp Elliott Road
Black Mountain, NC 28711
(704) 669-8639

Populations Served:
- Youth-At-Risk
- Attention Deficit Disorder
- Learning Disabled

Number of Clients Per Year: 20

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Biking
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Service Projects

Program Profile:
Talisman is a small camp offering a co-educational program for children and adolescents, ages 10 through 17, who have been identified as learning disabled, behavior disordered, or having low-esteem. Talisman uses wilderness experiences and working together at camp to help facilitate self-esteem improvement.

Therapeutic Goals of the Program:
- To improve self-esteem, communication skills, peer interaction abilities, and independent living skills.
- To redefine perception of control and authority.

Counseling Orientation/Philosophy:
- Positive Peer Culture
- Reality Therapy and Control Theory

Counseling Training and Education of Staff:
- Program Sponsored Staff Development Workshops

Organization:
T.E.A.M. Skills

Address and Phone Number:
1505 Barron
Waco, TX 76707
(817) 756-4941

Program Director: Jimmy Dorrell

Number of Staff Members: 4

Populations Served:
- Youth-At-Risk
- Developmentally Disabled
- Juvenile Corrections

Average Length of Program: 1 - 6 Days

Number of Clients Per Year: 150

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Service Projects
- Ropes Courses
- Backpacking
- Canoeing/Rafting

Program Profile:
Using creativity, simulations, games, initiatives, assessment tools, and outdoor experiences, T.E.A.M. Skills trains groups how to identify and overcome the individual barriers that often polarize them against each other and cause self-destructive behavior. Customized programs are available for schools, agencies, and churches.

Therapeutic Goals of the Program:
- To build self-esteem and cooperation skills with at-risk youth.

Counseling Orientation/Philosophy:
- Behavioral
- Reality Therapy

Counseling Training and Education of Staff:
- Master's in Div. and Environmental Education
- Education Degrees

Organization:
Teen Adventure Program

Address and Phone Number:
P.O. Box 10008
Portland, ME 04104
(207) 874-2371

Program Director: Anne Coleman
Jerry Marx

Number of Staff Members: 5

Populations Served:
- Youth-At-Risk
- Juvenile Corrections
- Sexual Perpetrators
- Addictions
- Sexual Victims
- Families

Average Length of Program: Over a Month

Number of Clients Per Year: 45

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Biking
- Skiing
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Service Projects

Program Profile:
Teen Adventure is a community-based, adventure-counseling program serving primarily youth-at-risk between the ages of 11 and 19. Outdoor adventure is combined with home-based counseling, behavioral contracts, independent living skill development, and referral services.

Organization:
Telos Youth Outposts

Address and Phone Number:
5020 Truscott Lane
Diamond Springs, CA 95619
(916) 626-0345

Program Director: John Hiatt, M.A.

Number of Staff Members: 16

Populations Served:
- Youth-At-Risk
- Sexual Victims
- Juvenile Corrections
- Families

Average Length of Program: 18 Months

Number of Clients Per Year: 12

Types of Adventure/Experiential Activities:
- Group Initiatives
- Backpacking
- Rappelling
- Service Projects
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting

Program Profile:
Telos Youth Outposts, Inc., is a IRC(c)(3) non-profit, charitable corporation licensed by the state of California. Telos Youth Outposts Inc. provides residential care and psychological treatment to males aged 11-17 who have been abused, neglected, delinquent or who have failed adoption. The wilderness adventure therapy program is coupled to the Telos treatment program.

Therapeutic Goals of the Program:
- To accept the need for placement out of the home.
- To accept parental abuse, neglect, and abandonment issues.
- To build trust towards adults and authority figures.
- To deal effectively with victimizations, abuse, and offender patterns.
- To instill pride and self-esteem through wilderness activities.
- To build leadership and followship skills.
- To build independent thinking skills, negotiation and problem-solving skills, social skills, and independent living skills.
- To cultivate healthy attitudes and values.
- To build self-sufficiency skills.
- To remotivate educational interests.

Counseling Orientation/Philosophy:
- Behavior Modification
- Reality Therapy
- Humanistic Psychology (Maslow)
- Adolescent Development (E. Erikson)
- Experiential Education

Counseling Training and Education of Staff:
- Consulting Psychiatrist
- M.A. in Social Psychology
- Degrees - M.S.W., M.A., B.A., A.A., H.S. Diploma

Organization:
Terra Wilderness Expeditions

Address and Phone Number:
P.O. Box 1209
Arlington, MA 02174
(617) 643-3773

Program Directors: Elizabeth Feld, M.A.
David Behrstock, M.Ed.

Number of Staff Members: 2 + consultants

Populations Served:
- Youth-At-Risk
- Sexual Victims
- Terminally Ill Patients
- Women
- Addictions
- Sexual Perpetrators
- Families
- Gays and Lesbians

Average Length of Program: 1 - 6 Days

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Canoeing/Rafting
- Ropes Courses
- Backpacking

Program Profile:
Terra Wilderness Expeditions uses the outdoor experience as a crucible for growth and healing. Terra Wilderness Expeditions is committed to creating an environment of safety for exploring and sharing personal issues. Experiential programming is offered to schools, businesses, and recovery programs. Special focus areas include: recovery form addictions and abuse, multi-cultural, women's issues, and Gays and Lesbians.

Therapeutic Goals of the Program:
- To focus on healing from addictions, abuse, and loss.
- To create a safe space in an outdoor and action-oriented setting to promote personal growth and inner healing.
- To utilize body-oriented psychotherapy and expressive therapies in conjunction with the outdoor activities and challenges to help individuals work with particular issues related to their healing process.

Counseling Orientation/Philosophy:
- Body-Oriented Psychotherapy
- Expressive Therapies
- Gestalt Therapy
- Perceptual Processing
- Healing Process through Mind, Body, Soul

Counseling Training and Education of Staff:
- M.A. in Expressive Therapies
- Master's in Education
- Certified Alcohol and Drug Abuse Counselor
- Perceptual Processing

Organization:
Texas A & M Outdoor Education Institute

Address and Phone Number:
Department of Health and Kinesiology
Texas A & M University
College Station, TX 77843-4243
(409) 845-3758

Program Director: Dr. Camille J. Bunting

Number of Staff Members: 4

Populations Served:
- Youth-At-Risk
- Juvenile Corrections

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 50

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses

Program Profile:
The Outdoor Education Institute is a part of the Department of Health and Kinesiology at Texas A & M University. The Institute focuses on the promotion of outdoor education through both classroom and practical experiences. The Outdoor Education Institute is committed to providing high quality experiential learning activities tailored to fit each group's specific goals and objectives.

Organization:
The Outdoor Experience (TOE)

Address and Phone Number:
131 Wood Street
Preston, Victoria 3072 Australia
(03) 478-3244

Program Director: Colin Abbott

Number of Staff Members: 2

Populations Served:
- Youth-At-Risk
- Addictions
- Juvenile Corrections

Average Length of Program: 1 - 2 Weeks

BEST COPY AVAILABLE

Number of Clients Per Year: 90

Types of Adventure/Experiential Activities:

- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Scuba Diving
- Ropes Courses
- Backpacking
- Rappelling
- Horse Riding

Program Profile:

The Outdoor Experience (TOE) program aims to:

1) provide opportunities for quality outdoor experiences for those experiencing drug related difficulties and those at risk of doing so,
2) help young individuals who have been through the outdoor experience gain access into other community activities,
3) provide opportunities for training those involved in running outdoor experience programs,
4) research and develop models of evaluation for outdoor experience programs,
5) promote the therapeutic potential of outdoor experience programs as a treatment for young drug users including their integration into existing treatment programs.

Organization:
Thistledew Camp

Address and Phone Number:
Box W-10
Togo, MN 55788
(218) 376-4411

Superintendent: Derwood Lund

Challenge Director: Dave Hegg

Number of Staff Members: 35

Populations Served: Juvenile Corrections

Average Length of Program: Over a Month

Number of Clients Per Year: 190

Types of Adventure/Experiential Activities:

- Ropes Courses
- Residential Camp
- Rock Climbing
- Canoeing/Rafting
- Wilderness Trips
- Backpacking
- Rappelling
- Four Day Solo

Program Profile:

The Challenge Program at Thistledew is a three-week high adventure experience that completes a three-month stay in a residential treatment facility for 13-17 year old boys. The program operates on a year-round basis with a group of about 10 students graduating every three weeks.

Organization:
Thompson Island Outward Bound Education Center

Address and Phone Number:
Thompson Island
P.O. Box 127
Boston, MA 02127
(617) 328-3900

Program Director: Helen Fouhey

Number of Staff Members: 30

Populations Served:

- Youth-At-Risk
- School Groups
- Urban Youth

Average Length of Program: 1 Day - 2 Weeks

Number of Clients Per Year: 6000 Youth

Types of Adventure/Experiential Activities:

- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Sailing
- Expeditionary Learning
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Service Projects

Program Profile:

Thompson Island Outward Bound Education Center strives to inspire in the young people of greater Boston, and their advocates, fundamental qualities of character . . . abiding self-esteem, empathy for others, and caretaking responsibility for the environment. Thompson Island incorporates the tenets and methods of Outward Bound using sea and land-based programs to foster self-development, social cooperation and compassion, and an ethic of service to others.

Organization:
Touch of Nature Wilderness Programs

Address and Phone Number:
Southern Illinois University
Carbondale, IL 62901
(618) 453-1121

Program Directors: Ted Wichmann
Karen Hand

Number of Staff Members: 10 Permanent
20 Seasonal

Populations Served:
- Youth-At-Risk
- Addictions
- Sexual Perpetrators
- Juvenile Corrections
- Sexual Victims

Average Length of Program: 1/2 Day to 76 Days

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Ropes Courses
- Backpacking
- Rappelling
- Service Projects

Program Profile:
The Wilderness Programs are experiential outdoor education programs affiliated, since 1969, with the Touch of Nature Environmental Center of Southern Illinois University. The Wilderness Programs use wilderness settings, initiative courses, and group processes to help participants grow in confidence, self-reliance, cooperation, trust, and appreciation and enjoyment of the outdoors.

Therapeutic Goals of the Program:
- To divert problem youth from high systems dependency.
- To reduce inappropriate behavior.
- To facilitate growth of self-awareness through the development of a sense of integrity.
- To facilitate the growth of self-esteem and self-confidence.
- To develop group cohesiveness, a sense of interdependence, and compassion for others.

Counseling Orientation/Philosophy:
- Reality Therapy
- Rational Emotive Therapy

Counseling Training and Education of Staff:
- Education - Wide Range of Bachelor's and Master's Degrees in Human Services and Recreation.
- On-Going Staff Trainings

Organization:
Traverse City Area Public Schools Outdoor Education Programs - Bay Area Adventure School

Address and Phone Number:
P.O. Box 32
Traverse City, MI 49684
(616) 943-8066

Program Director: George Sarns

Number of Staff Members: 20

Populations Served:
- Youth-At-Risk
- Juvenile Corrections
- School Groups
- Church Groups

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Biking
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Service Projects

Organization:
Trailmaster - North Country Education Foundation

Address and Phone Number:
300 Gorham Hill Road
Gorham NH 03581
(603) 466-5437

Program Director: David G. Dernbach

Number of Staff Members: 4 Adults
6 Peer Leaders

Populations Served:
- Youth-At-Risk
- Families
- Juvenile Corrections

Average Length of Program: Over a Month

Number of Clients Per Year: 120 - 150

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Service Projects
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting

Program Profile:
The Trailmaster Program is a community services/experiential education program that offers opportunities for all youth, aged 10 to 18, from school districts in the upper third of New Hampshire.

Organization:
Treetop Adventure

Address and Phone Number:
P.O. Box G
Wittenberg, WI 54499
(715) 253-2116

Program Director: John Weber

Number of Staff Members: 2 Full Time
8 Part Time

Populations Served:

- Youth-At-Risk
- Adult Corrections
- Sexual Victims
- Families
- Juvenile Corrections
- Addictions
- Sexual Perpetrators
- Developmentally Disabled

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 600

Types of Adventure/Experiential Activities:

- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Service Projects
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting

Program Profile:

Tree Adventure's philosophy is based on the assumption that learning by "doing" does not only occur in the "doing" but by reflection on the day's activities and relating those experiences to personal situations . . . a starting point, a turning point, or a re-affirming point from which a more fulfilling and productive life may be pursued.

Organization:

TresslerCare Wilderness Program

Address and Phone Number:

P.O. Box 10
Boiling Springs, PA 17007
(717) 258-3168

Program Director: Jim Kohler

Number of Staff Members: 6 - 25 (depends on season)

Populations Served:

- Youth-At-Risk
- Sexual Victims
- Juvenile Corrections
- Sexual Perpetrators

Average Length of Program: Over a Month

Number of Clients Per Year: 180

Types of Adventure/Experiential Activities:

- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Biking
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Service Projects

Program Profile:

TresslerCare Wilderness Program offers co-ed 30-day wilderness courses to court-referred Pennsylvania youth as well as various shorter experiences to other populations.

Organization:

Tulsa Boys Home

Address and Phone Number:

P.O. Box 1101
Tulsa, OK 74101
(918) 241-5001

Program Director: Cindy Minard

Number of Staff Members: 1 Full Time
4 Part Time

Populations Served:

- Youth-At-Risk
- Juvenile Corrections
- Sexual Victims
- Families
- Psychiatric Inpatient
- Addictions
- Sexual Perpetrators

Average Length of Program: 2 Days - 2 Weeks

Number of Clients Per Year: 100 - 125

Types of Adventure/Experiential Activities:

- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Biking
- Sweat Lodges
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Service Projects
- Campcraft

Program Profile:

Tulsa Boys Home is a residential treatment facility for troubled boys and their families. A major treatment modality is the Experiential-Adventure Services. These services complemented with individual, group, and family therapy provide a "wholistic" approach to treating the family as a system and the individual as part of the "whole". Tulsa Boys Home also has an on-campus school, outreach programs, and after-care programs, which incorporates an experiential-adventure format into the overall treatment process

---

Organization:

TURNABOUT
The David Lawrence Center

Address and Phone Number:

6075 Golden Gate parkway
Nagles, FL 33942
(813) 643-6101

Director of Experiential Education: Jim Allen

Number of Staff Members: 1 + Contract Staff

BEST COPY AVAILABLE

Populations Served:

- Youth-At-Risk
- Juvenile Corrections

Average Length of Program: 4 Months

Number of Clients Per Year: 45

Types of Adventure/Experiential Activities:

- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Skin Diving
- Sailing
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Scuba
- Service Projects

Program Profile:

TURNSBOUT is an intensive outpatient experiential education/counseling program for high risk and adjudicated youth, ages 12 to 17. The program is based on positive role modeling, structured experiential education components, productive recreational activities, and safe challenges. The program services include: group therapy, individual counseling, weekly group meetings, and physical activities.

Therapeutic Goals of the Program:

- To develop drug free life-styles.
- To enhance self-esteem.
- To become more respectful of other people and property.
- To develop more sensitivity regarding our natural environment.
- To eliminate further involvement with the judiciary system.

Organization:

United Charities Camp Algonquin

Address and Phone Number:

1889 Cary Road
Elgin, IL
(708) 658-8121

Program Director: Lynda Peck

Number of Staff Members: 1 Full Time
3 Part Time

Populations Served:

- Youth-At-Risk
- Seniors
- Families

Average Length of Program: 1 Day

Number of Clients Per Year: 400 - 600

Types of Adventure/Experiential Activities:

- Group Initiatives
- Residential Camp
- Ropes Courses

Program Profile:

Using the therapeutic activity model, challenge program facilitators encourage group members to identify the dynamics involved in their group's interaction and the obstacles they face in their everyday lives.

Organization:

University of Nebraska - Lincoln
Group Challenge Experience

Address and Phone Number:

55 Crec
Lincoln, NE 68588-0232
(402) 472-4761

Program Directors: Jim Fullerton
Val Wetzel

Number of Staff Members: 10

Populations Served:

- Intact Groups within the University and Community

Average Length of Program: 1 Day

Number of Clients Per Year: 500

Types of Adventure/Experiential Activities:

- Group Initiatives
- Ropes Courses

Program Profile:

The Group Challenge Experience combines high adventure (group initiatives, low ropes elements) and higher education (cognitive development theory) to challenge groups to learn more about themselves and improve their working relationships. Pre- and post-surveys determine each participant's level of thinking on a dualistic/mutiplistic scale.

Organization:

University of New Mexico Children's Psychiatric Hospital

Address and Phone Number:

1001 Yale, NE
Albuquerque, NM 87131
(505) 272-5011

Program Director: Dan Scaduto

Number of Staff Members: 3

Populations Served: Psychiatric Inpatient

Average Length of Program: Over a Month

Number of Clients Per Year: 150

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Ropes Courses
- Backpacking
- Rappelling

Organization:
University of Northern Colorado

Address and Phone Number:
Butler/Hancock
Greeley, CO 80639
(303) 351-1725

Outdoor P.E. Coordinator: Jeff Stoffen

Director of Ropes Course: John Barnes

Number of Staff Members: 10

Populations Served:
- Youth-At-Risk
- Adult Corrections
- Sexual Perpetrators
- Families
- Juvenile Corrections
- Sexual Victims
- Developmentally Disabled
- High School Teachers

Average Length of Program: 1 Day

Number of Clients Per Year: 2500

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Biking
- Skiing
- Ropes Courses
- Backpacking
- Rappelling
- Canoeing/Rafting

Program Profile:
The University of Northern Colorado offers a Bachelor's of Arts in Outdoor Physical Education. The program is designed to prepare future physical educators to use outdoor adventure activities in the public school curriculum. Praticum experiences with local youth-at-risk on and off campus are required.

Organization:
Valley Hospital

Address and Phone Number:
Box 21887
Shallowford Road
Chattanooga, TN 37421
(615) 499-1205

Program Director: Frank Sanders, M.A.

Number of Staff Members: 2

Populations Served:
- Psychiatric Inpatient
- Families
- Addictions
- Wellness Programs

Average Length of Program: 1 Day

Types of Adventure/Experiential Activities:
- Group Initiatives
- Rock Climbing
- Canoeing/Rafting
- Ropes Courses
- Rappelling

Program Profile:
The Valley Hospital adventure-based program is a core component of the inpatient psychiatric treatment. It affords patients frequent opportunities to: 1) experience feelings, 2) recognize and identify those feelings, and 3) develop strategies to cope with identified feelings. Additional treatment benefits include trust building, team building, and problem solving skill development.

Organization:
Venture Up, Inc.

Address and Phone Number:
2415 E. Indian School Road
Phoenix, AZ 85016
(602) 957-9351

Program Director: David Lengyel

Number of Staff Members: 5 Full Time
37 Part Time

Populations Served:
- Youth-At-Risk
- Adult Corrections
- Developmentally Disabled
- Juvenile Corrections
- Sexual Victims
- Families

Average Length of Program: 2 Days - 2 Weeks

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Biking
- Intro to Mountaineering
- Map and Compass
- Ropes Courses
- Backpacking
- Rappelling
- Caving
- Glacier Climbing

Program Profile:
Innovators in experiential programming, Venture Up, Inc., established in 1983, offers a wide variety of off-beat adventures, original games, and challenge courses to develop personal skills in teamwork, leadership, and commitment. Venture Up offers year-round programs covering Arizona's seven elevation zones.

Therapeutic Goals of the Program:
- To help individuals explore their inner selves and uncover what it is that's holding them back from personal success.
- To provide the opportunity for participants to tap into their personal power and motivate them to break through self-imposed limitations and fear barriers (fear of failure, fear of the unknown, etc.).
- To assist participants in developing self-empowerment and control, increased self-esteem, enhanced ability to work with others, and motivation to take on new challenges . . . such as sustaining higher levels of personal success.

Counseling Orientation/Philosophy:
- The Power of the Inner Self
- Techniques - Relaxation Techniques, Visualization, Artistic Expression, One-on-One Debriefing, Experiential Programming

Counseling Training and Education of Staff:
- Minimum of a Bachelor's Degree - Many have Advanced Degrees
- Counseling and Experiential Therapy Programs - Adjunct Psychologists, An Industrial Psychologist, Master's Level Counselors, and Counselors with Undergraduate Degrees who have worked at least 2 years in behavioral health care.

Organization:
Vision Us, Inc. - "Challenge of Excellence"

Address and Phone Number:
Route 3, Box 265
Stillwater, OK 74074
(405) 377-2201 in Oklahoma
(615) 952-5037 in Tennessee

Program Director: Mariah Kat Martin

Number of Staff Members: 6 + 20 Trainers

Populations Served:
- Youth-At-Risk
- Sexual Victims
- Families
- Women's and Men's Circles
- Addictions
- Sexual Perpetrators
- Groups of Color

Average Length of Program: 2 - 5 Days

Number of Clients Per Year: 500

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Native American Rituals
- Crafts
- Ropes Courses
- High Games
- Ceremony

Program Profile:
Vision Us, Inc. created "The Challenge of Excellence", a week-long experience. Using the Challenge Ropes Course, High Games of Indian Coup and Hunter-Hunted, Native American Rituals and Ceremonies, Crafting Medicine Togs, Tools, and Toys, and Circle Celebrations, the staff of Vision Us, Inc. choreograph a week filled with powerful and playful windows into one's true Spirit. Vision Us serves many therapeutic clients throughout the United States. The staff of Vision Us, Inc. is lead by Dr. Scout CLOUD Lee, author of 10 books including *The Excellence Principle* and *The Sacred Circle.*

Therapeutic Goals of the Program:
- *Focus* on what is beautiful and working in a person's strategies/life.
- *Access* what works and is useful to a person.
- *Grow* assets in a person.

Counseling Orientation/Philosophy:
- Neurolinguistic Programming (NLP)
- The Excellence Principle

Counseling Training and Education of Staff:
- Trainers have Doctorates and are certified Counselors/ Psychologists, and others have Masters's in Counseling and Related Fields.
- Most have more than 15 years of experience in direct counseling fields.

Organization:
Voyageur Outward Bound School

Address and Phone Number:
10900 Cedar Lake Road
Minnetonka, MN 55343
1-800-328-2943

Program Director: David Cappetta

Number of Staff Members: 50 - 150

Populations Served:
- Youth-At-Risk
- Families

Average Length of Program: 2 - 4 Weeks

Number of Clients Per Year: About 80 Youth-At-Risk

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Ropes Courses
- Backpacking
- Rappelling
- Service Projects

Program Profile:

Voyegeur Outward Bound School (VOBS) offers wilderness courses of 1 to 4 weeks. VOBS also offers an urban program, working with schools and agencies to provide custom-designed programs for urban youth.

Organization:

Warren Township Youth Services
Special Outdoor Adventure Resources (S.O.A.R.)

Address and Phone Number:

17801 West Washington Street
Gurnee, IL 60031
(708) 244-1105

Youth Services Director: Felice Novak

Program Coordinator: Jenna Smith

Number of Staff Members: 2

Populations Served: Youth-At-Risk

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 65

Types of Adventure/Experiential Activities:

- Group Initiatives
- Backpacking
- Rappelling
- Canoeing/Rafting
- Wilderness Trips
- Rock Climbing
- Biking
- Service Projects

Program Profile:

The SOAR Adventure education programs provide students of Warren Township, Illinois with a powerful learning experience designed to strengthen necessary skills for personal responsibility and growth. The voluntary nature of risk-taking during a SOAR expedition and obstacle course experience compels students to go beyond previous limitations. SOAR serves as a vehicle to enable students to recognize themselves as valuable to themselves, to others, and to their community.

Therapeutic Goals of the Program:

- To help bolster self-esteem.
- To be exposed to the concepts and methods of cooperation, trust, and leadership.
- To provide a drug-free atmosphere.
- To learn to deal with the consequences of one's actions.
- To help evaluate individual and group strengths and weaknesses.

Organization:

Western Institute of Neuropsychiatry

Address and Phone Number:

501 Chipeta Way
Salt Lake City, UT 84108
(801) 583-2500

Program Coordinator: Scott Orme

Number of Staff Members: 12

Populations Served:

- Youth-At-Risk
- Addictions
- Sexual Perpetrators
- Psychiatric Inpatient
- Sexual Victims
- Families

Average Length of Program: 2 - 4

Number of Clients Per Year: Several Hundred

Types of Adventure/Experiential Activities:

- Group Initiatives
- Backpacking
- Rappelling
- Cross Country Skiing
- Ropes Courses
- Rock Climbing
- Rafting

Program Profile:

The Western Institute has an experiential therapy program offered primarily to the psychiatric and substance abuse clients, who range in age from 5 to 75. Group initiatives and ropes course elements are used with both the inpatient and outpatient groups.

Organization:

Wheaton Park District

Address and Phone Number:

666 South Main Street
Wheaton, IL 60187
(708) 665-5534

Program Director: Brook McDonald

Number of Staff Members: 10

Populations Served:

- Youth-At-Risk
- Addictions
- Church Groups
- Families
- Juvenile Corrections
- Developmentally Disabled
- School Groups

Average Length of Program: 1 Day

Types of Adventure/Experiential Activities:

- Group Initiatives
- Ropes Courses

Program Profile:
The Wheaton Park District Teams and High Ropes Course serves both community groups and special populations. Programs are designed to meet each group's needs.

Therapeutic Goals of the Program:
- To build trust in self and the group.
- To have fun and to laugh.
- To learn to ask for help.
- To learn about group dynamics.
- To learn to deal with obstacles in recovery.
- To admit powerlessness in certain situations.

Counseling Orientation/Philosophy:
- 12 Step A.A. for Chemical Dependent Groups

Counseling Training and Education of Staff:
- Bachelor's Degrees in Recreation and Health

Organization:
Whispering Heights Challenge Course
Hunt County Community Supervision and Corrections Dep.

Address and Phone Number:
P.O. Box 1097
Greenville, TX 75403
(903) 455-9563

Program Directors: Larry D. McKinney
Robert Parker

Populations Served:
- Youth-At-Risk
- Adult Corrections
- Juvenile Corrections

Average Length of Program: 1 Day

Number of Clients Per Year: 800

Types of Adventure/Experiential Activities:
- Ropes Courses

Program Profile:
Whispering Heights Challenge Course is the only ropes course owned and operated by an adult probation department in the state of Texas. All felony probationers must participate in the Course. The facility is also offered to juvenile offenders and the community.

Therapeutic Goals of the Program:
- Communication
- Trust
- Group/Team Building
- Personal Challenge
- Positive Feedback
- Lifeskills

Counseling Orientation/Philosophy:
- Application of Life Skill Tools

Counseling Training and Education of Staff:
- Humanity Degree

Organization:
Wilder Forest

Address and Phone Number:
14189 Ostlund Trail North
Marine on St. Croix, MN 55047
(612) 433-5198

Program Director: Betsy Mahowald

Number of Staff Members: 26

Populations Served:
- Youth-At-Risk
- Families

Average Length of Program: 2 - 6 Days

Number of Clients Per Year: 5250

Types of Adventure/Experiential Activities:
- Group Initiatives
- Canoeing/Rafting
- Multicultural Activities
- Residential Camp
- Agricultural Activities
- Service Projects

Program Profile:
Wilder Forest is a camp and outdoor education center serving nonprofit and public agencies. A broad range of programs are cooperatively developed and conducted with participating organizations.

Organization:
Wilderness Encounter Programs

Address and Phone Number:
204 W. Nash
Grapevine, TX 76051
(817) 329-0267

P.O. Box 211
Westcliffe, CO 81252
(719) 783-2225

Executive Director: Ron Newton

Program Director: Jim Hawthorne

Number of Staff Members: 4 Full Time
10 Part Time

Populations Served:

- Youth-At-Risk
- Sexual Victims
- Post Adoption Therapy
- Psychiatric Outpatient
- Sexual Perpetrators
- Families

Average Length of Program: 2 - 4 Weeks

Number of Clients Per Year: 100

Types of Adventure/Experiential Activities:

- Group Initiatives
- Backpacking
- Rappelling
- Wilderness Trips
- Rock Climbing

Program Profile:

Wilderness Encounter Program (WEP) is a non-profit, spiritual-based organization dedicated to providing quality expeditionary adventure programs. WEP consists of the following program divisions:

1. Wilderness Adventures - short recreational trips
2. High Trail Adventure - 14-22 day expeditionary trips for special needs youth
3. WEP Church Ministries - 2-7 day group trips

Organization:

Wilderness Therapy Program

Address and Phone Number:

1698 Forestdale Avenue
Dayton, OH 45432
(513) 426-2029

Program Director: Dr. Dene Berman

Number of Staff Members: 5

Populations Served:

- Youth-At-Risk
- Juvenile Corrections
- Sexual Perpetrators
- Psychiatric Inpatient
- Sexual Victims
- Families

Average Length of Program: 1 - 2 Weeks

Number of Clients Per Year: 24

Types of Adventure/Experiential Activities:

- Group Initiatives
- Backpacking
- Kayaking
- Wilderness Trips
- Canoeing/Rafting
- Service Projects

Program Profile:

The Wilderness Therapy Program uses wilderness settings to provide the backdrop for intensive psychotherapy with troubled adolescents. Counseling is provided by licensed mental health professionals.

Therapeutic Goals of the Program:

To provide psychotherapy with mental health problems, as indicated in individual treatment plans.

Counseling Orientation/Philosophy:

- Systems Theory
- Group Dynamics
- Group Psychotherapy

Counseling Training and Education of Staff:

Licensed Mental Health Professionals

Organization:

Windham R.E.A.L. School

Address and Phone Number:

55 High Street
Windham, ME 04062
(207) 892-4462

Program Director: Arthur DiRocco, Ph.D.

Number of Staff Members: 20

Populations Served:

- Youth-At-Risk
- Learning Disabled
- Addictions
- Emotionally Disturbed

Average Length of Program: Over a Month

Number of Clients Per Year: 50

Types of Adventure/Experiential Activities:

- Group Initiatives
- Wilderness Trips
- Rock Climbing
- Ropes Courses
- Backpacking
- Rappelling

Types of Adventure/Experiential Activities:

- Canoeing/Rafting
- Media Productions
- Service Projects
- Sea Kayaking
- Carpentry

Program Profile:

The R.E.A.L. School is an alternative/special education program designed for students considered to be at risk for school failure or drop-out and who require specialized education services. It is an experiential learning environment that incorporates adventure-based counseling into its offerings of innovative academic and social emotional programs.

Organization:

Wolverine Human Services
Pioneer Work and Learn Center

Address and Phone Number:
P.O. Box 339
Kingston, WI 48741
(517) 683-2261

Program Director: William E. Haines

Number of Staff Members: 50

Populations Served:
- Youth-At-Risk
- Families
- Juvenile Corrections

Average Length of Program: Over a Month

Number of Clients Per Year: 100

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Backpacking
- Canoeing/Rafting
- Winter Camping
- Ropes Courses
- Residential Camp
- Biking
- Solo
- Service Projects

Organization:
The Women's Wilderness Quest

Address and Phone Number:
705 Kent Road
Wallingford, PA 19086
(215) 876-7733

Program Director: Hazel Laflevr-Vetter, M.S.S.

Number of Staff Members: 3

Populations Served:
- Women
- Sexual Victims
- Addictions
- Families

Average Length of Program: 1 -2 Weeks

Number of Clients Per Year: 20

Types of Adventure/Experiential Activities:
- Wilderness Trips
- Expressive Arts
- Backpacking
- Ceremony

Program Profile:
The Women's Wilderness Quest is an 8-day backpacking journey into the mountains and into one's own center, "the wilderness within". Participants deepen their relationships with self, body, earth, and spirit through a unique blending of:

- nature as teacher, mirror, healer
- self-generated ceremony
- music
- story weaving
- sacred teachings
- dreamwork
- group process
- meaningful rites of passage
- laughter and community

Organization:
YMCA Casa Shelter

Address and Phone Number:
2640 Webb Chapel Ext.
Dallas, TX 75220
(214) 358-4504

Program Director: Paul Tampler

Number of Staff Members: 17

Populations Served:
- Youth-At-Risk
- Runaway/Homeless Youth
- Families

Average Length of Program: 2 - 4 Weeks

Types of Adventure/Experiential Activities:
- Group Initiatives
- Recreational Sports and Arts
- Life Skills Training

Program Profile:
Casa provides a safe, temporary shelter for up to 30 days to runaway and homeless youth, ages 10 to 17 years old. The residents have the opportunity to experience daily living in a household setting with assigned responsibilities and duties. One of Casa's objectives at the shelter is to assist residents and their families in addressing the issues that have brought them to the YMCA Casa Shelter. The program components include: life skills training, education, group support, individual and family counseling, recreation, and case management.

Organization:
YMCA Juvenile Crisis Program
Therapeutic Outdoor Project

Address and Phone Number:
2859 El Cajon Boulevard, Suite C
San Diego, CA 92104
(619) 284-0361

Program Director: Linda Newell, LCSW

Therapeutic Outdoor Program Directors: Denise Lewis, MFCC
Madison Kendrick, M.A.

Number of Staff Members: 5

Populations Served:
- Youth-At-Risk
- Families

Average Length of Program: 1 - 2 Weeks

Types of Adventure/Experiential Activities:
- Group Initiatives
- Wilderness Trips
- Backpacking
- Rappelling
- Ropes Courses
- Residential Camp
- Rock Climbing

Program Profile:
The mission of the YMCA Juvenile Crisis Program is to strengthen and reunite families and serve as a resource network for families in crisis. Services include: a family counseling program, the Outdoor Adventure Program for drug abuse prevention, individual and group counseling for teens, short-term and long-term foster home placement, a 24-hour hotline, parenting groups, crisis counseling and assessments, drug abuse and HIV/AIDS education, home-based counseling, and transportation back home for out-of-state and transient youth.

Therapeutic Goals of the Program:
- To provide a safe, structured time-out period for families and teens who are in crisis.
- To build self-esteem, decision making skills, communication skills, and family relationships.
- To give teens the ability and skills to reduce or prevent drug abuse and runaway actions.
- To coordinate and refer with supportive agencies and programs so as to give holistic support to families and teens in crisis.
- To provide opportunities for risk-taking and trust in a safe, supportive environment.

Counseling Orientation/Philosophy:
- Crisis Intervention
- Family Systems - Bowen, Framo
- Object Relations
- Group Therapy in the Therapeutic Outdoor Groups

Counseling Training and Education of Staff:
- Clinical Director - Psy.D.
- Master's Level Licensed Therapists - MFCC and LCSW
- Interns - Majors in Juvenile Justice, Social Work, Marriage, Family and Child Counseling

---

Organization:
YMCA of Southwest Illinois - Life Adventures

Address and Phone Number:
15 North 1st Street
Belleville, IL 62220
(618) 233-1243

Program Director: Jim Schneider

Number of Staff Members: 2 Full Time
25 Part Time

Populations Served:
- Youth-At-Risk
- Developmentally Disabled
- Clients of Local Psychotherapists
- Addictions
- Families

Types of Adventure/Experiential Activities:
- Group Initiatives
- Urban Adventures
- Backpacking
- Rappelling
- Biking
- Cross Country Skiing
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Orienteering
- Service Projects

Organization:
Youthcare, Inc.

Address and Phone Number:
P.O. Box 136
Buderim, QLD Australia 4556
074 451922

Program Director: Dick Valentine

Number of Staff Members: 8

Populations Served:
- Youth-At-Risk
- Adult Corrections
- Sexual Perpetrators
- Families
- Juvenile Corrections
- Sexual Victims
- Developmentally Disabled

Average Length of Program: 1 Day - Over a Month

Types of Adventure/Experiential Activities:
- Group Initiatives
- Residential Camp
- Backpacking
- Rappelling
- Biking
- Ropes Courses
- Wilderness Trips
- Rock Climbing
- Canoeing/Rafting
- Service Projects

Organization:
Youth Enhancement Partnership
Community Mental Health Center

Address and Phone Number:
4422 6th Avenue SE
Lacey, WA 98503
(206) 438-1900

Program Director: Larry Beye

Contact Person: Walter Johnson Weinberg

Number of Staff Members: 12

Populations Served:
- Youth-At-Risk
- Juvenile Corrections
- Families

Average Length of Program: 1 Day - Over a Month

Types of Adventure/Experiential Activities:
- Group Initiatives
- Ropes Courses
- Wilderness Trips
- Backpacking
- Rock Climbing
- Rappelling
- Service Projects
- Small Craft/Boat Building
- Maritime Project Adventure Based Counseling

Program Profile:
Youth Enhancement Partnership is a child and adolescent day treatment program working in collaboration with the public schools in the Olympia, Washington area. Adventure-based counseling components include: traditional dory construction, maritime A.B.C., mountain A.B.C., ropes courses, search and rescue, and experiential artisans guild.

Therapeutic Goals of the Program:
To service the mental health needs of children, adolescents, and families of Thurston-Mason Counties, Washington.

Counseling Orientation/Philosophy:
- Family Systems Therapy
- Experiential/Adventure Therapy

Counseling Training and Education of Staff:
- Ranges from Consulting Psychiatrist to Master's Level Clinician to B.A. Levels

Program Listing By Location

Alabama	Alternatives By Choice, Inc.	11
Alaska	Alaska Women of the Wilderness	11
	Charter North Hospital	27
	Dove Adventures	31
	Juneau Youth Services, Inc.	48
Arizona	Adventure/Discovery	7
	Apache County Juvenile Court	11
	Bruton Counsulting and Family Services	19
	Seba Dalkai School	75
	Sierra Tucson, Inc. Wilderness Recovery Program	76
	Southwest Expedition Institute Finding Your Way	77
	Venture Up, Inc.	88
California	California Wilderness Trainings	20
	Cedar Vista Hospital - Odyssey Program	23
	Cedu School	24
	Challenge Learning Center	25
	Challenge Sonoma Adventure Ropes Course	26
	CPC Brea Canyon Hospital	30
	Foothill College - Peer Outreach	37
	Four Winds, Inc.	37
	Ft. Miley 4-H Adventure Ropes Course	38
	Institute for Alternative Opportunities	45
	Oak Creek Hospital	63
	Pacific Crest Outward Bound Schol Urban Education Initiative	66
	Pyles Boys Camp	71
	Sea and Summit Expeditions	75
	Slide Ranch	76
	Telos Youth Outposts	82
	YMCA Juvenile Crisis Program Therapeutic Outdoor Project	93
Colorado	Breckenridge Outdoor Education Center	18
	Buena Vista Correctional Facility	19
	Center For People With Disabilities	25
	Clear Creek Youth Services Youth Empowerment Program	28
	Colorado Outward Bound School Health Services Program	28
	Cornerstone	29
	Education Resource Network	33
	Griffith Center	41
	Kent Mountain Adventure Center, Inc.	48
	LaGarita Llamas/Motion Enterprises	50
	Meet the Wilderness	53
	Mountain Crest Hospital	57
	Project S.T.A.Y.	70
	Southwest Open High Schl. Cooperative Outdoor Partnership Edventures	77
	University of Northern Colorado	88
	Wilderness Encounter Programs	91

Connecticut	Great Hollow Wilderness School - Wesleyan University	40
	Long Lane School - Youth Challenge Program	52
Florida	Eckerd Alternative Treatment Program	33
	Hurricane Island Outward Bound School - STEP	44
	National Consortium on Alternatives for Youth-At-Risk	58
	Project Challenge	69
	TURNABOUT - The David Lawrence Center	86
Georgia	Charter Hospital of Augusta	26
	Georgia College - Psychology Department	39
	Hillside Hospital	43
	Inner Harbour Hospitals, Ltd.	44
	Project Adventure, Inc.	69
Hawaii	Marimed Foundation	53
Idaho	ASCENT, Inc.	13
	Rocky Mountain Academy	73
Illinois	Adventure-Us, Inc.	9
	Aurora University - Recreation Administration Department	13
	Iron Oaks Adventure Center	46
	Milton Township Working Alternative Restitution Program	56
	Sunrise Lake Outdoor Education Center	80
	Touch of Nature Wilderness Program	84
	United Charities Camp Algonquin	87
	Warren Township Youth Services Special Outdoor Adventure Resources	90
	Wheaton Park District	90
	YMCA of Southwest Illinois - Life Adventures	94
Indiana	Bradford Woods	18
	Jefferson Hospital Ropes Program	46
Iowa	Children's Square, USA - Academic Center	27
Kentucky	Outdoor Partners JCPS - Gheens Academy	66
Louisiana	Adventures in Reality	8
	JoEllen Smith Psychiatric Hospital - The Summit Program	46
Maine	Cooperative Alternative School	29
	Hurricane Island Outward Bound School	44
	New Beginnings Transitional Living Program	59
	New Routes, Inc.	61
	Teen Adventure Program	82
	Windham R.E.A.L. School	92
Maryland	Montgomery County Addiction and Youth Treatment Services	57
	NORCOM (Northern Baltimore Cty. Community Mental Health Ctr.)	62
	Quicksilver Project	72
Massachusetts	Hillcrest Educational Centers, Inc.	43

	The Lowell Community/University Partnership	52
	ProImage	70
	Stephen L. French Youth Forestry Camp Homeward Bound Program	78
	Terra Wilderness Expeditions	83
	Thompson Island Outward Bound Education Center	84
Michigan	The Adventure Centre at Pretty Lake	6
	Breakthrough	18
	Eagle Village New Horizons Programs	32
	Experiential Learning Center - Birmingham Schools	35
	Traverse City Area Public Schools Outdoor Education Programs	85
Minnesota	Thistledew Camp	84
	Voyageur Outward Bound School	89
	Wilder Forest	91
Missouri	Excel School	35
	Kiwanis Camp Wyman, Inc.	50
	Mid Missouri Health Center	56
	Osage Expedition Boonville Correctional Center	65
	(STREAM) St. Louis Experiental Association Mission	78
Nebraska	University of Nebraska - Lincoln Group Challenge Experience	87
New Hampshire	Appalachian Mountain Teen Project	12
	Educational Programs Division Daniel Webster Council - BSA	33
	Hampstead Hospital	41
	Lake Shore Hospital	50
	Merrowvista Education Center	55
	Nashua Brookside Hospital	58
	New Hampshire Conservation Corps/ SCA	60
	New Heights	60
	Pike School Inc.	67
	Roland and Associates, Inc.	73
	Trailmaster - North Country Education Foundation	85
New Jersey	Bergen County Department of Human Services	16
	Bonnie Brae	17
	Cradlerock Outdoor Network - Tools for Change	30
	New Jersey State Dept. of Corrections - Division of Juvenile Services	61
	Princeton-Blairstown Center, Inc.	68
	Progressive Business Concepts, Inc.	69
	Project USE - Urban Suburban Environments	71
New Mexico	Adventures in Spirit	9
	Eastern Navajo Mountain High Program	32
	Envision Expeditions	35
	Heights Psychiatric Hospital	42
	Memorial Psychiatric Center of Albuquerque Challenge Program	54
	Mesilla Valley Hospital - Boundless Journeys	55
	National Indian Youth Leadership Project	58
	Rites of Passage Institute	72
	University of New Mexico Children's Psychiatric Hospital	87

New York	Alfred Corning Clark Gymnasium	10
	Fredrick Douglass Middle School	37
	Julia Dyckman Andrus Memorial Andrus Children's Home	48
North Carolina	Camp Elliott	20
	Camp Woodson - N.C. Division of Youth Services	21
	Charlotte Outdoor Adventure Center, Inc.	26
	Corporate Excellence Outdoors Inc.	30
	Drug Action Inc. - The Reach Program	31
	Elon Homes For Children	34
	Iredell	46
	Mentor Program Craven County Department of Social Services	54
	New Vistas Consulting Group	61
	North Carolina Outward Bound School - Health Services Programs	62
	Project Success Oriented Acheivement Realized (S.O.A.R.)	71
	Talisman Summer Camp	81
Ohio	Edwin Shaw Hospital	34
	Emerson A North Hospital	34
	The Institute for Creative Living	45
	Joy Outdoor Education Center	47
	Kinetic Learning Methods A. Buckeye Boys Ranch	49
	Wilderness Therapy Program	92
Oklahoma	Lloyd E. Rader Center - Adventure-Based Counseling	52
	Rolling Hills Hospital	74
	Tulsa Boys Home	86
	Vision Us, Inc. - "Challenge of Excellence"	89
Oregon	ABLE Program - Corvallis School District	5
	C.A.T.C.H Program	22
	Catherine Freer Wilderness Therapy Expeditions	23
	North Portland Youth Service Center	63
	Oregon State Hospital Outdoor Program	64
	Shared Outdoor Adventure Recreation (S.O.A.R.)	75
Pennsylvania	Adventures in Sobriety, Inc.	8
	Eagleville Hospital	32
	George Junior Republic in Pennsylvania	38
	Linsly Outdoor Center	51
	New Beginnings at Cove Forge	59
	Pressley Ridge School at Ohiopyle	68
	Quest	72
	Stony Acres	79
	TresslerCare Wilderness Program	86
	The Women's Wilderness Quest	93
South Carolina	Adventure Challenge by Magik Treks	6
	The Bishop Gravett Center - Project Challenge	17
	Charleston County PRC	26
	John de la Howe School Wilderness Program	47
	Lexinton School Distict V - Irmo High School	51
Tennessee	Adventureworks, Inc.	9

	Cedar Grove Residential Treatment Center	23
	Graysville Youth Camp	40
	Life Develoment Center	51
	Valley Hospital	88
Texas	Adventure Plus!	7
	Austin Child Guidance Center	14
	Austin Wilderness Counseling Services	14
	Camp Lone Star	21
	Girl's Adventure Trails	40
	Green Oaks	41
	Hope Center	43
	Life Experience	51
	Methodist Children's Home	56
	The Oaks Treatment Center	63
	RopeWorks	74
	San Marcos Treatment Center	74
	Southwest Center for Experiental Learning	76
	Summer Summits, Inc.	79
	T.E.A.M. Skills	81
	Texas A & M Outdoor Education Institute	83
	Whispering Heights Challenge Course	91
	Wilderness Encounter Programs	91
	YMCA Casa Shelter	93
Utah	Groupworks	41
	High Challenge, Inc.	42
	Western Institute of Neuropsychiatry	90
Vermont	The Clearing	28
	Middlebury Alternative Education Program	56
	Northeastern Vermont Regional Hospital Therapeutic Recreation Dept.	63
Virginia	Anchor	10
	Challenge Discovery Outdoor Adventures	25
	First Presbyterian Church - Youth Ministry Program	36
	Higher Ground	42
	New Dominion School, Inc.	60
	New Horizons	61
Washington	Adventure Associates	6
	Bellingham School District/4-H	15
	Circle S Recovery Ranch	27
	Outdoor Discoveries	65
	Port Gamble S'Klallam Tribe	67
	SUWS Adolescent Program	81
	Youth Enhancement Partnership Community Mental Health Center	94
Washington D.C.	For Love of Children Outdor Education Center (FLOC)	37
West Virginia	Appalachian Community Services	12
Wisconsin	Center For Leadership Development	24
	George Williams College Outdoor Wisconsin Leadership School	39

	Lutheran Social Services - Weekend Challenge Program	53
	On Belay Youth and Family Services, Inc.	64
	Rogers Memorial Hospital	73
	SPRITE Program	78
	St. Francis Medical Center	79
	Sunburst Youth Homes, Inc.	80
	Treetop Adventure	85
	Wolverine Human Services Pioneer Work and Learn Center	92
Australia	Adventure Out Australia	7
	Alcooringa Human Resource Development Centre	10
	Australian Outward Bound Foundation	15
	Merribrook Development Training	54
	The Outdoor Experience (TOE)	83
	Youthcare, Inc.	94
Canada	Acadia University	5
	Bolton Camp and Conference Center	17
	Boundless Adventures	17
	Camp Warwa - The People Skills Program	21
	Canadian Outward Bound Wilderness School	22
	Canadian Union College	22
	Kinark Outdoor Centre	49
	Ontario March of Dimes	64
	Project D.A.R.E. Ministry of Community and Social Services	70
Germany	Outdoor Development	65
Japan	Outward Bound Japan	66
United Kingdom	The Aclcers	5
	Basecamp	15
	Bendrigg Trust	16
	Calvert Trust Adventure Centre for Disabled People	20
	Churchtown Farm Outdoor & Environmental Education Centre	27
	Drive for Youth	31
	Fairbridge	36
	The Paul Vander-Molen Foundation	67

About the Association for Experiential Education

The Association for Experiential Education (AEE) is a non-profit organization committed to furthering experiential-based teaching and learning in a culture that is increasingly "information-rich but experience-poor." By allowing the student, client, or customer to be involved in decisions about what they need to learn, and how they might go about learning, we believe life-long learning is the result.

AEE sponsors local, regional, and international conferences, projects, seminars, and institutes, and publishes the **Journal of Experiential Education**, the **Jobs Clearinghouse**, directories of programs and services, and a wide variety of books and periodicals to support educators, trainers, practitioners, students, and advocates.

AEE's diverse membership consists of individuals and organizations with affiliations in education, recreation, outdoor adventure programming, mental health, youth service, physical education, management development training, corrections, programming for people with disabilities, and environmental education.

To receive additional information about joining the Association for Experiential Education or to receive a listing of our publications, call or write to:

AEE
2885 Aurora Avenue #28
Boulder, CO 80303-2252
(303) 440-8844